

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

# JUNE 2024

## East Calendar

<p>9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Sittercise [AR2] 10:45 Catholic Mass [AR2] <b>1:30 TV Series w/ Snack and Hydration [AF]</b> <b>3:00 Ice cream Social [3FP]</b></p>	<p>9:00 News w/ coffee [AF] <b>3</b> <b>9:30 Morning Yoga w. Kathy [AR2]</b> 10:00 Current Events [AF] 10:30 UNO [AR2] <b>1:30 Connect 4 [AR2]</b> <b>3:00 BINGO! [AR2]</b></p>	<p><b>4</b> 9:00 News w/ Coffee [AF] 9:30 Chair Exercise [AR2] 10:00 Current Events [AR2] 10:30 Unlucky Seven [AR2] <b>1:30 Movie &amp; Popcorn [AR2]</b> 3:00 Color me Happy [AR2]</p>	<p><b>5</b> 9:00 News w/ Coffee [AF] 9:30 Chair Zumba [AR2] 10:00 Current Event [AR2] 10:30 Blackjack [AR2] 1:30 Jewelry Making [AR2] <b>3:00 La Loteria [AR2]</b></p>	<p><b>6</b> 9:00 Morning Hydration [AF] 9:30 Chair Yoga [AR2] 10:00 Current Events [AR2] 10:30 Pokeno [AR2] <b>1:00 Walmart Shopping [3FL]</b> <b>3:00 Music and Social Hour [AR3]</b></p>	<p><b>7</b> <b>9:00 Bank Runs [FD]</b> 9:30 Morning workout [AR2] 10:00 GG Store <b>1:30 BINGO! [AR2]</b> <b>3:00 Happy Hour [AF]</b></p>	<p><b>8</b> 9:00 Morning Hydration 9:30 Current Events [AF] 10:00 Blackjack [AR2] <b>2:00 Afternoon Film w. Popcorn [AR2]</b> <b>3:00 Color me Happy [AR2]</b></p>
<p>9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Sittercise [AR2] 10:45 Catholic Mass [AR2] <b>1:30 TV Series w/ Snack and Hydration [AF]</b> <b>3:00 Color me Happy [AR2]</b></p>	<p>9:00 News w/ coffee [AF] <b>10</b> <b>9:30 Morning Yoga w. Kathy [AR2]</b> 10:00 Current Events [AF] 10:30 UNO [AR2] <b>1:30 Connect 4 [AR2]</b> <b>3:00 BINGO! [AR2]</b></p>	<p><b>11</b> 9:00 News w/ Coffee [AF] 9:30 Chair Exercise [AR2] 10:00 Current Events [AR2] 10:30 Unlucky Seven [AR2] <b>11:00 Peter Selster Sing Along [3DR]</b> <b>1:30 Movie &amp; Popcorn [AR2]</b> 3:00 Color me Happy [AR2]</p>	<p><b>12</b> 9:00 News w/ Coffee [AF] 9:30 Chair Zumba [AR2] 10:00 Current Event [AR2] 10:30 Blackjack [AR2] <b>1:30 Father's Day Frame Making [AR2]</b> <b>3:00 La Loteria [AR2]</b></p>	<p><b>13</b> 9:00 Morning Hydration [AF] 9:30 Current Events [AR2] <b>10:00 Yoga w. Kathy [AR2]</b> 10:30 Pokeno [AR2] <b>1:00 Dollar Tree Shopping [3FL]</b> <b>3:00 Peggy's Porch Sing Along [DR3]</b></p>	<p><b>14</b> 9:00 News w/ Coffee [AF] 9:30 Current Events [AR2] <b>11:30 Father's Day Luncheon [DR3]</b> <b>1:30 BINGO! [AR2]</b> <b>3:00 Happy Hour [AF]</b> <small>Flag Day (US)</small></p>	<p><b>15</b> 9:00 Morning Hydration 9:30 Current Events [AF] 10:00 Blackjack [AR2] <b>2:00 Afternoon Film w. Popcorn [AR2]</b> <b>3:00 Color me Happy [AR2]</b></p>
<p>9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Sittercise [AR2] 10:45 Catholic Mass [AR2] <b>1:30 TV Series w/ Snack and Hydration [AF]</b> <b>3:00 Color me Happy [AR2]</b> <small>Father's Day</small></p>	<p>9:00 News w/ coffee [AF] <b>17</b> <b>9:30 Morning Yoga w. Kathy [AR2]</b> 10:00 Current Events [AF] 10:30 UNO [AR2] <b>1:30 Connect 4 [AR2]</b> <b>3:00 BINGO! [AR2]</b></p>	<p><b>18</b> 9:00 News w/ Coffee [AF] 9:30 Chair Exercise [AR2] 10:00 Current Events [AR2] 10:30 Unlucky Seven [AR2] <b>1:30 Movie &amp; Popcorn [AR2]</b> 3:00 Color me Happy [AR2]</p>	<p><b>19</b> 9:00 News w/ Coffee [AF] 9:30 Chair Zumba [AR2] 10:00 Current Event [AR2] 10:30 Blackjack [AR2] <b>1:30 Bird House Painting [AR2]</b> <b>3:00 La Loteria Juneteenth [AR2]</b></p>	<p><b>20</b> <b>9:00 Birthday Celebration – Safari</b> 9:00 Morning Hydration [AF] <b>11:30 Birthday Celebration [ADR]</b> <b>1:00 Vons Shopping [3FL]</b> <b>3:00 Music and Social Hour [AR3]</b> <small>Summer Begins</small></p>	<p><b>21</b> 9:00 News w/ Coffee [AF] 9:30 Current Events [AR2] 10:00 Morning workout [AR2] 10:30 Morning Hydration [AF] <b>1:30 BINGO! [AR2]</b> <b>3:00 Happy Hour [AF]</b></p>	<p><b>22</b> 9:00 Morning Hydration 9:30 Current Events [AF] 10:00 Blackjack [AR2] <b>2:00 Afternoon Film w. Popcorn [AR2]</b> <b>3:00 Color me Happy [AR2]</b></p>
<p>9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Sittercise [AR2] 10:45 Catholic Mass [AR2] <b>1:30 TV Series w/ Snack and Hydration [AF]</b> <b>3:00 Color me Happy [AR2]</b></p>	<p>9:00 News w/ coffee [AF] <b>24</b> <b>9:30 Morning Yoga w. Kathy [AR2]</b> 10:00 Current Events [AF] 10:30 UNO [AR2] <b>1:30 Connect 4 [AR2]</b> <b>3:00 BINGO! [AR2]</b></p>	<p><b>25</b> 9:00 News w/ Coffee [AF] 9:30 Chair Exercise [AR2] 10:00 Current Events [AR2] 10:30 Unlucky Seven [AR2] <b>1:30 Movie &amp; Popcorn [AR2]</b> 3:00 Color me Happy [AR2]</p>	<p><b>26</b> 9:00 News w/ Coffee [AF] 9:30 Chair Zumba [AR2] 10:00 Current Event [AR2] <b>10:30 Del Mar Fairground Outing [3FL]</b> <b>3:00 La Loteria [AR2]</b></p>	<p><b>27</b> 9:00 Morning Hydration [AF] 9:30 Chair Yoga [AR2] 10:00 Current Events [AR3] <b>11:00 Olive Gardens Restaurant Outing [3FL]</b> <b>1:30 TV Series w/ Snack and Hydration [AF]</b> <b>3:00 Peggy's Porch Sing Along [DR3]</b></p>	<p><b>28</b> 9:00 News w/ Coffee [AF] 9:30 Current Events [AR2] 10:00 Morning workout [AR2] 10:30 Morning Hydration [AF] <b>1:30 BINGO! [AR2]</b> <b>3:00 Happy Hour [AF]</b></p>	<p><b>29</b> 9:00 Morning Hydration 9:30 Current Events [AF] 10:00 Blackjack [AR2] <b>2:00 Afternoon Film w. Popcorn [AR2]</b> <b>3:00 Color me Happy [AR2]</b></p>
<p>9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Sittercise [AR2] 10:45 Catholic Mass [AR2] <b>1:30 TV Series w/ Snack and Hydration [AF]</b> <b>3:00 Ice cream Social [3FP]</b></p>						<p><b>30</b></p>

**AR2 = Activity Room (2<sup>nd</sup> Floor)**  
**2F = 2<sup>nd</sup> Floor**  
**AF = All Floor**  
**3FP = 3<sup>rd</sup> Floor Patio**

**3FL = 3<sup>rd</sup> Floor Lobby**  
**4F = 4<sup>th</sup> Floor**  
**FD = Front Desk**  
**DR3 = Dining Room (3<sup>rd</sup> Floor)**

\*Activities subject to change\*