



Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

# JUNE 2024

## East (Memory Care) Calendar

<p>9:00 Shadow Mountain Church Live Stream [AR4] 9:30 Sittercise [AR4] 10:45 Catholic Mass [AR2] <b>1:30 TV Series w/ Snack and Hydration [AF]</b> <b>3:00 Ice cream Social [4FP]</b></p>	<p>9:00 News w/ coffee [AF] 9:30 Chair Exercise [AR4] 10:00 Current Events [AF] 10:30 UNO [AR2] 1:30 Cards and dominoes [AF] <b>3:00 BINGO! [AR2]</b></p>	<p>9:00 News w/ Coffee [AF] 9:30 Chair Exercise [AR4] 10:00 Current Events [AR4] <b>1:00 BINGO! [AR4]</b> 2:00 Unlucky Seven [AR4] 3:00 Music &amp; Grooving [AR4]</p>	<p>9:00 News w/ Coffee [AF] 9:30 Chair Zumba [AR4] 10:00 Current Event [AR4] 10:30 Sip and Chat [AR4] 1:00 UNO [AR4] <b>2:00 Snack W/ Music on the Patio [AR4]</b> 3:00 Trivial! [AR4]</p>	<p>9:00 Morning Hydration [AF] 9:30 Chair Yoga [AR4] 10:00 Current Events [AR4] 10:30 Pokeno [AR4] <b>1:00 Walmart Shopping [3FL]</b>  [AR4] 3:00 <b>La Loteria</b> [AR4]</p>	<p><b>9:00 Bank Runs [FD]</b> 9:30 Morning workout [AR4] 10:00 GG Store <b>1:30 BINGO! [AR4]</b> 3:00 Happy Hour [AF]</p>	<p>9:00 Morning Hydration 9:30 Current Events [AF] 10:00 Hangman [AR4] <b>2:00 Afternoon Film w. Popcorn [AR4]</b> 3:00 Color me Happy [AR4]</p>
<p>9:00 Shadow Mountain Church Live Stream [AR4] 9:30 Sittercise [AR4] 10:45 Catholic Mass [AR2] <b>1:30 TV Series w/ Snack and Hydration [AF]</b> <b>3:00 Color me Happy [AR2]</b></p>	<p>9:00 News w/ coffee [AF] 9:30 Chair Exercise [AR4] 10:00 Current Events [AF] 10:30 UNO [AR2] 1:30 Cards and dominoes [AF] <b>3:00 BINGO! [AR2]</b></p>	<p>9:00 News w/ Coffee [AF] 9:30 Chair Exercise [AR4] 10:00 Current Events [AR4] <b>11:00 Peter Selster Sing Along [3DR]</b> <b>1:00 BINGO! [AR4]</b> 2:00 Unlucky Seven [AR4] 3:00 Music &amp; Grooving [AR4]</p>	<p>9:00 News w/ Coffee [AF] 9:30 Chair Zumba [AR4] 10:00 Current Event [AR4] 10:30 Sip and Chat [AR4] 1:00 UNO [AR4] <b>2:00 Snack W/ Music on the Patio [AR4]</b> 3:00 Trivial! [AR4]</p>	<p>9:00 Morning Hydration [AF] 9:30 Chair Yoga [AR4] 10:00 Current Events [AR4] 10:30 Pokeno [AR4] <b>1:00 Dollar Tree Shopping [3FL]</b> <b>3:00 Peggy's Porch Sing Along [DR3]</b></p>	<p>9:00 News w/ Coffee [AF] 9:30 Current Events [AR4] <b>11:30 Father's Day Luncheon [ADR]</b> <b>1:30 BINGO! [AR4]</b> 3:00 Happy Hour [AF] <small>Flag Day (US)</small></p>	<p>9:00 Morning Hydration 9:30 Current Events [AF] 10:00 Hangman [AR4] <b>2:00 Afternoon Film w. Popcorn [AR4]</b> 3:00 Color me Happy [AR4]</p>
<p>9:00 Shadow Mountain Church Live Stream [AR4] 9:30 Sittercise [AR4] 10:45 Catholic Mass [AR2] <b>1:30 TV Series w/ Snack and Hydration [AF]</b> <b>3:00 Color me Happy [AR2]</b> <small>Father's Day</small></p>	<p>9:00 News w/ coffee [AF] 9:30 Chair Exercise [AR4] 10:00 Current Events [AF] 10:30 UNO [AR2] 1:30 Cards and dominoes [AF] <b>3:00 BINGO! [AR2]</b></p>	<p>9:00 News w/ Coffee [AF] 9:30 Chair Exercise [AR4] 10:00 Current Events [AR4] <b>1:00 BINGO! [AR4]</b> 2:00 Unlucky Seven [AR4] 3:00 Music &amp; Grooving [AR4]</p>	<p>9:00 News w/ Coffee [AF] 9:30 Chair Zumba [AR4] 10:00 Current Event [AR4] 10:30 Sip and Chat [AR4] 1:00 UNO [AR4] <b>2:00 Snack W/ Music on the Patio [AR4]</b> 3:00 Trivial! [AR4] <small>Juneteenth</small></p>	<p><b>9:00 Birthday Celebration – Madagascar</b> 9:00 Morning Hydration [AF] <b>11:30 Birthday Celebration [ADR]</b> <b>1:00 Vons Shopping [3FL]</b>  [AR4] <small>Summer Begins</small></p>	<p>9:00 News w/ Coffee [AF] 9:30 Current Events [AR4] 10:00 Morning workout [AR4] 10:30 Morning Hydration [AF] <b>1:30 BINGO! [AR4]</b> 3:00 Happy Hour [AF]</p>	<p>9:00 Morning Hydration 9:30 Current Events [AF] 10:00 Blackjack [AR2] <b>2:00 Afternoon Film w. Popcorn [AR2]</b> 3:00 Color me Happy [AR2]</p>
<p>9:00 Shadow Mountain Church Live Stream [AR4] 9:30 Sittercise [AR4] 10:45 Catholic Mass [AR2] <b>1:30 TV Series w/ Snack and Hydration [AF]</b> <b>3:00 Color me Happy [AR2]</b></p>	<p>9:00 News w/ coffee [AF] 9:30 Chair Exercise [AR4] 10:00 Current Events [AF] 10:30 UNO [AR2] 1:30 Cards and dominoes [AF] <b>3:00 BINGO! [AR2]</b></p>	<p>9:00 News w/ Coffee [AF] 9:30 Chair Exercise [AR4] 10:00 Current Events [AR4] <b>1:00 BINGO! [AR4]</b> 2:00 Unlucky Seven [AR4] 3:00 Music &amp; Grooving [AR4]</p>	<p>9:00 News w/ Coffee [AF] 9:30 Chair Zumba [AR4] <b>10:30 Del Mar Fairground Outing [3FL]</b> <b>2:00 Snack W/ Music on the Patio [AR4]</b> 3:00 Trivial! [AR4]</p>	<p>9:00 Morning Hydration [AF] 9:30 Chair Yoga [AR4] 10:00 Current Events [AR4] <b>11:00 Olive Gardens Restaurant Outing [3FL]</b> 1:30 TV Series w/ Snack and Hydration [AF] <b>3:00 Peggy's Porch Sing Along [DR3]</b></p>	<p>9:00 News w/ Coffee [AF] 9:30 Current Events [AR4] 10:00 Morning workout [AR4] 10:30 Morning Hydration [AF] <b>1:30 BINGO! [AR4]</b> 3:00 Happy Hour [AF]</p>	<p>9:00 Morning Hydration 9:30 Current Events [AF] 10:00 Blackjack [AR2] <b>2:00 Afternoon Film w. Popcorn [AR4]</b> 3:00 Color me Happy [AR4]</p>
<p>9:00 Shadow Mountain Church Live Stream [AR4] 9:30 Sittercise [AR4] 10:45 Catholic Mass [AR2] <b>1:30 TV Series w/ Snack and Hydration [AF]</b> <b>3:00 Ice cream Social [3FP]</b></p>	<p><b>AR4 = Activity Room (4<sup>th</sup> Floor)</b> <b>3FL = 3<sup>rd</sup> Floor Lobby</b> <b>4F = 4<sup>th</sup> Floor</b> <b>FD = Front Desk</b> <b>DR3 = Dining Room (3<sup>rd</sup> Floor)</b></p> <p><b>AR2 = Activity Room (2<sup>nd</sup> Floor)</b> <b>2F = 2<sup>nd</sup> Floor</b> <b>AF = All Floor</b> <b>3FP = 3<sup>rd</sup> Floor Patio</b></p> <p><b>*Activities subject to change*</b></p>					

