
















Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

JUNE 2024



West Calendar

<p>9:00 Shadow Mountain Church Live Stream [SL] 9:30 Catholic Mass [AUD] 10:45 Sittercise [AUD] 12:30 Church of Jesus Christ of Latter-day Saints Meeting [AUD] 1:30 Ken Cramer's San Diego [AUD] 3:00 Ice Cream Social [PL]</p>	<p>9:30 Current Events [WAR] 3 10:00 Chair Yoga [WDR] 10:30 Blackjack [WAR] 1:30  [WAR] 3:00 Garden Stroll [LBY] 6:00 Cards & Dominoes [LIB]</p>	<p>9:30 Current Events [WAR] 4 10:00 Chair Zumba [WDR] 11:00 San Diego Natural History Museum Outing [FD] 1:30 Movie & Popcorn [WDR] 3:00 Phase 10 [WAR]</p>	<p>9:30 Current Events [WAR] 5 10:00 Sittercise [WAR] 11:00 New Res. Luncheon [PD] 1:30 Art Class w/ Olivia [WAR] 3:00 Beads & Things [WAR] 6:00  Night! [AUD]</p>	<p>9:00 Casino Outing [FD] 6 9:30 Current Events [WAR] 10:00 Chair Exercise [WAR] 10:30 Balloon Volleyball [WAR] 1:30  [WAR] 3:00 Happy Hour w/ Peggy's Porch [WDR]</p>	<p>9:00 Bank Runs [FD] 6 9:30 Current Events [LIB] 10:00 Exercise w/ Ray [AUD] 10:45 Five Crowns [AUD] 1:00 Big Lots Shopping [FD] 1:30  [SDR] 3:00 Happy Hour [PL] 6:00 Nickel Pkeno [AUD]</p>	<p>9:00 Current Events [LIB] 8 10:00 Yoga w. Kathy [AUD] 10:45 Art for all Ages [AUD] 1:30 Unlucky SEVEN [AUD] 3:00 Blackjack [AUD]</p>
<p>9:00 Shadow Mountain Church Live Stream [SL] 9:30 Catholic Mass [AUD] 10:45 Sittercise [AUD] 12:00 Shadow Mountain Church Live Stream [SL] 1:30 Scenic Tour [FD] 3:00 Scrabble [AUD]</p>	<p>9:30 Current Events [WAR] 10 10:00 Chair Yoga [WDR] 10:30 Blackjack [WAR] 1:30  [WAR] 3:00 Garden Stroll [LBY] 6:00 Cards & Dominoes [LIB]</p>	<p>9:00 Walmart Shopping [FD] 11 9:30 Current Events [WAR] 10:00 Chair Zumba [WDR] 10:30 Nail Spa [WAR] 1:00 Walmart Marketplace Shopping [FD] 1:30 Movie & Popcorn [WDR] 3:00 Phase 10 [WAR]</p>	<p>9:30 Current Events [WAR] 12 10:00 Sittercise [WAR] 10:30 Color Me Happy [WAR] 1:30 Mobility Wipe Down 6:00 Pauline's Celebration of Life [AUD]</p>	<p>9:00 Current Events [WAR] 13 9:30 Yoga w. Kathy [WAR] 10:30 Balloon Volleyball [WAR] 1:30  [WAR] 3:00 Happy Hour w/ Activity Planning [WAR]</p>	<p>9:00 Trader Joe's Shopping [FD] 14 9:30 Current Events [LIB] 10:00 Exercise w/ Ray [AUD] 11:30 Father's Day Luncheon [WDR] 1:00 Home Depot Shopping [FD] 1:30 Short Stories [LIB] 3:00 Happy Hour Bingo! [AUD] 6:00 Nickel Pkeno [AUD]</p>	<p>9:30 Current Events [LIB] 15 10:00 Exercise w/ Oily [AUD] 10:45 Nickel Pkeno [AUD] 1:30 Unlucky SEVEN [AUD] 3:00 Color me Happy [AUD]</p>
<p>9:00 Shadow Mountain Church Live Stream [SL] 9:30 Catholic Mass [AUD] 10:45 Sittercise [AUD] 12:00 Shadow Mountain Church Live Stream [SL] 1:30 Scenic Tour [FD] 3:00 Bowling [AUD]</p>	<p>9:30 Current Events [WAR] 17 10:00 Chair Yoga [WDR] 10:30 Blackjack [WAR] 1:30  [WAR] 3:00 Garden Stroll [LBY] 6:00 Cards & Dominoes [LIB]</p>	<p>9:30 Current Events [WAR] 18 10:00 Chair Zumba [WDR] 11:00 San Diego Museum of Art Outing [FD] 1:30 Nature Documentary [AUD] (Surviving Paradise) 3:00 Floats and Tunes [PL]</p>	<p>9:30 Current Events [LIB] 19 10:00 Stretch & Stroll [AUD] 10:45 Unlucky SEVEN (AUD) 11:00 New Res. Luncheon [PD] 1:30 Watermelon Button Craft [WAR] 3:00 Phase 10 [WAR] 6:00  Night! [AUD]</p>	<p>19 Birthday Celebration – Madagascar 9:00 Current Event [WAR] 9:30 Yoga w. Kathy [WAR] 11:30 Birthday Celebration 1:30  [WAR] 3:00 Happy Hour w/ Peggy's Porch [WDR] <small>Summer Begins</small></p>	<p>9:00 Target Shopping [FD] 21 9:30 Current Events [LIB] 10:00 Exercise w/ Ray [AUD] 10:45 Five Crowns [AUD] 1:00 Albertsons Shopping [FD] 1:30  [SDR] 3:00 Happy Hour w/ Victor [PL] 6:00 Nickel Pkeno [AUD]</p>	<p>9:30 Current Events [LIB] 22 10:00 Yoga w. Oily [AUD] 10:45 Nickel Pkeno [AUD] 1:30 Unlucky SEVEN [AUD] 3:00 Blackjack [AUD]</p>
<p>9:00 Shadow Mountain Church Live Stream [SL] 9:30 Catholic Mass [AUD] 10:45 Sittercise [AUD] 12:00 Shadow Mountain Church Live Stream [SL] 1:30 Scenic Tour [FD] 3:00 Let's Golf [PL]</p>	<p>9:30 Current Events [LIB] 24 10:00 Chair Yoga [WAR] 10:30 Blackjack [WAR] 1:30  [WAR] 3:00 Garden Stroll [LBY] 6:00 Cards & Dominoes [LIB]</p>	<p>9:30 Current Events [WAR] 25 10:00 Chair Zumba [WDR] 10:30 Nail Spa [WAR] 11:00 Farmer's Table Restaurant Outing [FD] 1:30 Movie & Popcorn [WDR] 3:00 GG Bucks Auction [AUD]</p>	<p>9:30 Current Events [LIB] 26 10:00 Sittercise [AUD] 10:45 Texas Hold'em [AUD] 1:30 Patriotic Windsock 3:00 Food for Thought [AUD] (Brookie) 6:00  Night! [AUD]</p>	<p>9:00 Current Events [WAR] 27 9:30 Yoga w. Kathy [WAR] 10:30 Del Mar Fairground Outing [FD] 1:30  [WAR] 3:00 Penny Toss [AUD]</p>	<p>9:00 Smart & Final [AUD] 28 9:30 Current Events [LIB] 10:00 Exercise w/ Ray [AUD] 10:45 Five Crowns [AUD] 1:00 CVS Shopping [FD] 1:30  [SDR] 3:00 Happy Hour w/ Sylvia [AUD] 6:00 Nickel Pkeno [AUD]</p>	<p>9:30 Current Events [LIB] 29 10:00 Exercise w/ Oily [AUD] 10:45 Nickel Pkeno [AUD] 1:30 Unlucky SEVEN [AUD] 3:00 Chase Away the Ace Card Game [AUD]</p>

WAR = West Activity Room
LIB = Library
PL = Pool Area
FD = Front Desk
SL = South Lounge

WDR = West Dining Room
AUD = Auditorium
PD = Private Dining Room
DCR = Discovery Room
LBY = Lobby

Activities subject to change