

June 2024

Grossmont Gardens

5480 Marengo Ave. La Mesa, CA 91942 | Phone: 619.463.0281 | Fax: 619.461.4807



Meet the Team of Directors

Reggie Jones
Executive Director

Lane Hermosillo
Assistant Executive Director

Stacy Tinoco
Health Services Director

Gemma Espinoza
Sales Director

Vika Cecena
Sales Director

Ana Navarro
ALW Coordinator

Ruth Davalos
Business Office Manager

Natalie Carlborg
Business Office Manager (HR)

Olamide Obasesan
Healthy Lifestyle Director

Marsha Terrell
Environmental Services Director

Resident Spotlight



Eleanor Sherrell

Eleanor Sherrell, born in Los Angeles California. Eleanor is a very easy going, up for any adventure type of woman. Growing up, she loved solving puzzles, catching up on politics and going camping with family. They would drive across the country almost every summer. Eleanor was an excellent student, right after high school, she pursued her pre teaching career in UCLA majoring in Education. She later became an English teacher, and had the opportunity to accompany her husband in the service to Guam where she was fortunate to meet and teach English to junior high school students. Married to her high school sweetheart, they began to travel the world together. They visited Japan right after the war ended, traveled through the middle east and South America. Eleanor's favorite thing to do now is visiting her grandchildren and spending Christmas with loved ones because she loves figuring out what to give people and making them happy. Eleanor's advices everyone to "Take advantage of opportunities to travel, learn and have fun." She also just celebrated her 100th birthday!

DIY Fingerprint Lilies



Activity Updates

- **Father's Day Breakfast** has been moved back to Friday, June 14th has Father's Day Luncheon at 11:30am in all dining room.
- **Resident Council** will take place on Wednesday, June 19th at 10:00am instead of Stretch & Stroll.
- **Pauline Melling's Celebration of Life** will on hosted Wednesday, June 12th in corporation with Bingo Night.
- **Scenic Tours** are back every Sunday!
- **Shopping Outings** for the Gardens, South & West are now on Fridays.

We apologize for the inconvenience and appreciate you so

May Birthday Celebration (Jamaica themed)



Riddle Me June

What occurs just once in January, June and November but never is seen in February, March, April, May, July, August, September, October, and December?

Answer: The letter N

Bus Schedule

Monday, Tuesday, Wednesday & Thursday

Transportation is available from 8:00a.m. to 4p.m.
This schedule is for weekly medical appointments, general shopping or errands.

(Charges will apply if not in the La Mesa 5-mile radius.)

Tuesday

Out of Town Outings – Every Tuesday.

(Time will vary.)

Lunch Outing – Last Tuesday of every month.

(Bus will load at 10:45a.m. and depart by 11:00a.m.)

Thursday

Casino Outing - First Thursday of every month (Bus will load at 8:45a.m. and depart by 9:00a.m.)

Friday

Bank Runs - First Friday of every month

(Bus will load at 8:30a.m. and depart by 9:00a.m.)

Specific Shopping Outings – Every Friday

(Bus will load at 12:45p.m. and depart by 1:00p.m.)

Sunday

Gardens, South & West Scenic Tours

(Bus will load at 1:15p.m. and depart by 1:30p.m.)

Please call (619) 463.0281 or stop by the front desk to book your outing time/day before the scheduled trip.

Be sure to provide as much information about your booking and arrive at the front desk 15 minutes prior to the departure time to load onto the bus or van.

Looking to declutter but don't want to throw your things away? Donate your knick-knacks to the **Activities Department!**

Whether you have quirky decorations, charming trinkets, cute collectibles, coffee mugs, artworks, jewelries, books, magazines etc. we welcome all kinds of knick-knacks. Your donations will find new homes or could one day be a part of a beautiful craft!

Donations are welcome all year round.

Thank you for your generosity in advance!



HAPPY
Father's day



LUNCH
with
DAD

14 JUNE 2024
11:30AM - 1:00PM

\$15 Dollars per guest

Food . Drinks . Music . Fun

For reservations, call or email the receptionist at
(619) 463-0281/ reception@grossmontgardens.com

Father's Day Cap Fundraiser

Caps are available for preorder now through Friday, June 14th for \$15.00 ea.

The caps will be delivered to each recipient on Father's Day.
(Sunday, June 16th)

Cash or check payments only.

Payments of check should be made out to the Alzheimer's Association

Any questions, please call or email Olly
at (619) 463.0281
Activities@grossmontgardens.com



GIVE DAD A GIFT HE'LL LOVE.



Community Events

6/2 Church of Jesus Christ of Latter-day
Saints Meeting

6/6 Casino Outing

6/6 Activity Planning

6/7 Bank Runs

6/7 Big Lots Shopping

6/8 Arts for all Ages

6/12 Pauline's Celebration of Life

6/13 Food Forum

6/14 Father's Day Luncheon

6/14 Trader Joe's Shopping

6/14 Home Depot Shopping

6/19 Resident Council

6/20 Birthday Celebration

6/21 Target Shopping

6/21 Albertsons Shopping

6/25 Balance Class

6/25 Farmer's Table La Mesa Restaurant

6/25 GG Bucks Auction

6/26 Del Mar Fairground Outing (East)

6/27 Del Mar Fairground Outing

(Gardens, West & South)

6/27 Smart & Final Shopping

6/27 CVS Shopping

June Birthdays

Mary Faith Karnes 6/3

Lois Marriott 6/4

Paullet Vaca 6/4

Beverly Chalquist 6/6

Norma Lara Villa 6/6

Mike Fedor 6/9

Karen Petersen 6/10

Peggy Tatum 6/11

Ada Hawkins 6/14

Cheryl Edwards 6/14

John Severe 6/16

Philip Fear 6/17

Neviea Rosene 6/19

Ann Fuerst 6/20

William Ziehl 6/20

Norma Graybeal 6/21

Otis Jones 6/21

Marceline Thomas 6/22

Janet Lavalley 6/26

Laurence Snow 6/28

Alberta White 6/27

Linda Tallian 6/28

What's Lucky in June?

Birthstone: Pearl

Lucky Color: Teal

Lucky Animal: Dog

Lucky Letters: V & J

Lucky Day: Wednesday

Lucky Flower: Rose