

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 48px; margin: 0;">OCTOBER</h1> <h2 style="font-size: 36px; margin: 0;">2024</h2> <p style="font-size: 24px; margin: 0;">Health Care Center</p>						
9:30 Catholic Mass – 6 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic	10:15 Daily Chronicle 7 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Genealogy Club 3:00 Walk & StROLL 6:00 October Trivia	10:00 Stretch & Smile 1 10:30 This Day in History 11:00 CNA Manicures 1:15 Computer Lab/ Tablet Time 3:00 Book Club 4:00 Library Strolls	10:00 Woodworking w/ Marsha (AUD) 2 10:30 Fit Minds 11:00 Pretty Nails 2:00 BINGO 3:00 Green Thumb Club 4:00 One-on-One Visits <small>Rosh Hashanah Begins</small>	9:00 Good Morning Visits 3 10:00 Fitness Fun! 10:30 Matinee Movie 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Giant Checkers	9:00 Stretch & Smile 4 10:00 Animal Kingdom 11:00 What's New News 2:00 Game On! 3:00 Happy Hour (AUD) 4:00 Sunshine Strolls	9:00 Morning News 5 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories
9:30 Catholic Mass – 6 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic	10:15 Daily Chronicle 7 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Genealogy Club 3:00 Walk & StROLL 6:00 October Trivia	9:30 Scenic Bus Ride 8 10:00 Price Is Right 11:00 News & Brew 1:15 Comfort Cart Visits 3:00 Gadgets & Gizmos 4:00 Library Strolls	10:00 Silver Sneakers 9 10:30 Fit Minds 11:00 Pretty Nails & Pen Pals 2:00 BINGO 3:00 Resident Council 4:00 One-on-One Visits	9:00 Good Morning Visits 10 10:00 Fitness Fun! 10:30 BIG SCREEN Movie 2:00 Puzzle Time 2:30 Mindful Moves 3:00 UNO Cards	9:00 Sunshine Circle or 11 Strolls 10:00 Stretch & Smile 11:00 This Day in History 2:00 Game On! 3:00 Rhythm Band 4:00 Sunshine Strolls <small>Yom Kippur Begins</small>	9:00 Morning News 12 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories
9:30 Catholic Mass – 13 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Tell A Silly Joke 3:45 National Geographic	10:15 Daily Chronicle 14 10:45 Noodle Exercise 11:15 Massages 2:00 Armchair Travel 3:00 Knitters Korner 5:15 MNF: Bills vs. Jets <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small>	10:00 Bend & Stretch 15 10:30 This Day in History 11:00 I Love Lucy Day 1:15 Comfort Cart Visits 3:00 Poker/Blackjack 4:00 Library Strolls	10:00 Chair Zumba 16 10:30 Fit Minds 11:00 Pretty Nails 2:00 BINGO 3:00 Water Balloon Battle 4:00 One-on-One Visits <small>Sukkot Begins</small>	10:00 Fitness Fun! 17 <i>11:30 Resident Birthday Celebration & New Resident Luncheon</i> 2:00 Mindful Moves 2:30 Hollywood Classics: Hocus Pocus Marathon	9:00 Sunshine Circle or 18 Strolls 10:00 Natures Wonders 11:00 Good News & Comic Strip Review 2:00 Game On! 3:00 HCC Store 4:00 What's in the Bag?	9:00 Morning News 19 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories
9:30 Catholic Mass – 20 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic	10:15 Daily Chronicle 21 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Learning ASL 3:00 Walk & StROLL 6:00 Parachute	9:30 Scenic Bus Ride 22 10:00 Price Is Right 11:00 News & Brew 1:15 Comfort Cart Visits 3:00 GIANT Connect 4 4:00 Library Strolls	10:00 Move to the Beat 23 10:30 Fit Minds 11:00 Pretty Nails 2:00 BINGO 3:00 Gentleman's Social 4:00 One-on-One Visits	9:00 Good Morning Visits 24 10:00 Fitness Fun! 10:30 Blockbuster Movie: Frankenstein 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Dominoes <small>Simonek Year Begins</small>	9:00 Stretch & Smile 25 10:00 Spelling Bee 11:00 News: Today In Time 2:00 Game On! 3:00 Karaoke 4:00 Sunshine Strolls	9:00 Morning News 26 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories
9:30 Catholic Mass – 27 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic	10:15 Daily Chronicle 28 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Reading Club 3:00 October Olympics 6:00 <i>Walk & StROLL</i>	9:00 News & Brew 29 10:00 Price Is Right <i>11:00 Out to Lunch Bunch</i> 1:15 Comfort Cart Visits 3:00 <i>Cooking w/ Britt: Creepy Popcorn Hands</i> 4:00 Library Strolls	10:00 Chair Tai Chi 30 10:30 Fit Minds 11:00 Pretty Nails 2:00 BINGO 3:00 Crafternoon: Jack - O - Lanterns 4:00 One-on-One Visits	9:00 Good Morning Visits 31 10:00 Fitness Fun! <i>11:00 Monster Mash & Face painting</i> 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Fright Film Fest <small>Halloween</small>	<p>*One – on – one Activities occur daily and ALL activity programs are subject to change, activities occur as weather permits.</p> <p>*Activity materials for independent use are available in the Activity Closet; Located in the Activity Room.</p> 	