

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activities subject to change without notice.

AUD=Auditorium

SL=South Lounge

LIB=Library

MDR=Main Dining Room

NS=Nurses Station

ADR=All Dining Rooms

NOVEMBER 2024

South Building



<p>9:00 Shadow Mountain Church Live Stream [SL]</p> <p>9:30 Catholic Mass [AUD]</p> <p>10:45 Sittercise [AUD]</p> <p>12:30 LDS Church Service [AUD]</p> <p>1:30 <u>Afternoon Movie w. Popcorn</u></p> <p>3:00 Apple Cider & Donuts</p> <p>Daylight Saving Time Ends</p>	<p>9:30 Current Events [LIB]</p> <p>10:00 Yoga w/Kathy [SDR]</p> <p>10:45 Blackjack [AUD]</p> <p>1:30 Fall Crafts [AUD]</p> <p>3:00 Quarter Bingo [AUD]</p> <p>6:00 Cards & Dominoes [LIB]</p>	<p>9:30 Current Events [1 to 1]</p> <p>10:00 Sit & Get Fit w/ The E.D. [AUD]</p> <p>10:45 Autumn Stroll [SP]</p> <p>12:00 <u>La Mesa San Pasqual Winery (\$10 per tasting)</u></p> <p>1:15 Movie & Popcorn [SL] [Happiness for Beginners]</p> <p>3:00 Bloom Bouquet Making [SL]</p>	<p>9:30 Current Events(LIB)</p> <p>10:00 Stretch & Stroll(AUD)</p> <p>10:45 Unlucky Seven(AUD)</p> <p>11:00 <u>New Resident Luncheon [PDR]</u></p> <p>1:30 Fall Leaf Windchime Craft</p> <p>3:00 Peggy's Porch Sing (SDR)</p> <p>6:00 <u>Bingo</u> w/ Olivia!</p>	<p>9:30 Current Events (1 to 1)</p> <p>10:00 <u>Food Forum [AUD]</u></p> <p>10:30 Holiday Door Decorating [1 to 1]</p> <p>1:30 Bible Study (SL)</p> <p>1:30 Improv Theatre w/ Olivia and Sommer [AUD]</p> <p>3:00 <u>Activity Planning Meeting [AUD]</u></p>	<p>9:00 <u>Trader Joes Outing</u></p> <p>9:30 Current Events(LIB)</p> <p>10:00 Exercise with Ray(AUD)</p> <p>10:45 Five Crowns (AUD)</p> <p>1:30 Name That Tune (AUD)</p> <p>3:00 Musical Happy Hour(MDR)</p> <p>6:00 Resident/Volunteer lead Pokeno(AUD)</p> <p>Diwali (Hindu)</p>	<p>9:30 Current Events(LIB)</p> <p>10:00 Apple Cider & Donuts(LIB)</p> <p>10:45 Crosswords(AUD)</p> <p>1:30 Blackjack(AUD)</p> <p>3:00 Afternoon Comedy Film(Don't Look Up)(AUD)</p>
<p>9:00 Shadow Mountain Church Live Stream(SL)</p> <p>9:00 Fellowship w/ Pastor Richard [LIB]</p> <p>9:30 Catholic Mass(AUD)</p> <p>10:45 Sittercise</p> <p>1:30 <u>Blossom Valley Scenic Tour [FD]</u></p> <p>3:00 Balloon Volleyball</p> <p>4:00 Evening Series [AUD]</p>	<p>9:30 Current Events</p> <p>10:00 Yoga w/Kathy</p> <p>11:30 <u>Veteran's Day BBQ [PL/MDR]</u></p> <p>1:30 Afternoon Film [AUD] [Hacksaw Ridge]</p> <p>6:00 Cards & Dominoes(LIB)</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>9:30 Current Events [1 to 1]</p> <p>10:00 Sit & Get Fit [SL]</p> <p>10:30 Garden Club [SP]</p> <p>10:30 <u>Reader's Theatre w/Sommer & Olivia (Dress up, Perform, Laugh!)</u></p> <p>1:15 Movie & Popcorn [SL] [Your Place or Mine]</p> <p>3:00 <u>Activity Planning Meeting [SL]</u></p>	<p>9:30 Current Events [1 to 1]</p> <p>10:00 Sit & Stretch [SL]</p> <p>10:45 Homemade Potpourri Flavors [AUD]</p> <p>1:30 Nail Spa [SL]</p> <p>3:00 Documentary – New England [SL]</p> <p>6:00 <u>Bingo</u> w/Sommer</p>	<p>9:30 Current Events [LIB]</p> <p>10:00 Yoga w/Kathy[AUD]</p> <p>11:00 <u>Birthday Celebration! [MDR]</u></p> <p>1:30 Bible Study [SL]</p> <p>3:00 Happy Hour Sing-Along [SL]</p> <p>3:00 Movie <u>Documentary</u> [AUD] Thanksgiving</p>	<p>9:00 <u>Target Outing</u></p> <p>9:30 Current Events(LIB)</p> <p>10:00 Exercise w/ Ray(AUD)</p> <p>10:45 Five Crowns (AUD)</p> <p>1:00 <u>CVS Outing</u></p> <p>1:30 Charades w/ Sommer(AUD)</p> <p>3:00 Comedy Happy Hour(MDR)</p> <p>6:00 Resident Lead Pokeno(AUD)</p>	<p>9:30 Current Events(LIB)</p> <p>9:45 Audio Book (Pride & Prejudice)(LIB)</p> <p>10:45 Blackjack(AUD)</p> <p>1:30 Cards & Dominoes(AUD)</p> <p>3:00 Name That Tune(AUD)</p>
<p>9:00 Shadow Mountain Church Live Stream(SL)</p> <p>9:00 Fellowship w/Pastor Richard [LIB]</p> <p>9:30 Catholic Mass(AUD)</p> <p>10:45 Sittercise</p> <p>1:30 <u>La Jolla Beach Scenic Tour [FD]</u></p> <p>3:00 Hot Cocoa & Cookie Social</p> <p>4:00 Evening Series [AUD]</p>	<p>9:30 Current Events(LIB)</p> <p>10:00 Yoga w/Kathy</p> <p>10:30 Black Jack(AUD)</p> <p>1:30 Bloom Bouquet Making [AUD]</p> <p>3:00 Quarter Bingo(AUD)</p> <p>6:00 Cards & Dominoes(LIB)</p>	<p>9:30 Current Events [LIB]</p> <p>10:00 Sit & Get Fit w/The E.D. [AUD]</p> <p>10:30 <u>Julian Outing (Yes we will be stopping for a slice of Pie! Bring Cash)</u></p> <p>1:15 Movie & Popcorn [SL] [The Starling]</p> <p>3:00 Brain Games[SL]</p>	<p>9:30 Current Events [LIB]</p> <p>10:00 <u>Resident Council Meeting [AUD]</u></p> <p>1:30 No Bake Pumpkin Pie Making [SL]</p> <p>1:30 Unlucky Seven [AUD]</p> <p>3:00 Peggy's Porch Sing-Along [AUD]</p> <p>6:00 <u>Bingo</u> w/Shannon</p>	<p>9:30 Current Events [LIB]</p> <p>10:00 Yoga w/Kathy [AUD]</p> <p>10:30 Memory Box Decorating [1 to 1]</p> <p>1:30 Bible Study [SL]</p> <p>3:00 Sing-Along [SL]</p> <p>4:00 <u>Thanksgiving Dinner [MDR]</u></p>	<p>9:00 <u>Walmart Outing</u></p> <p>9:30 Current Events (AUD)</p> <p>10:00 Exercise w/ Ray (AUD)</p> <p>10:45 Five Crowns (AUD)</p> <p>1:00 <u>Ross Dress for Less Out. 1:30 Paint & Sip Wine Art Class (AUD)</u></p> <p>3:00 Thanksgiving Themed Happy Hour(MDR)</p> <p>6:00 Resident Lead Pokeno (AUD)</p>	<p>9:30 Current Events(LIB)</p> <p>10:00 Morning Walk W/Sommer(Meet in the Front)</p> <p>10:45 Crosswords & Puzzles</p> <p>1:30 Sit & Dance Class(AUD)</p> <p>3:00 Afternoon Film(GoodFellas)(AUD)</p>
<p>9:00 Shadow Mountain Church Live Stream [SL]</p> <p>9:00 Fellowship w/Pastor Richard</p> <p>9:30 Catholic Mass [AUD]</p> <p>10:45 Celebration Of Lives(AUD)</p> <p>1:30 <u>Seaport Village Scenic Tour [FD]</u></p> <p>1:30 Sittercise [AUD]</p> <p>3:00 Calendar Review and Sign Up Social</p> <p>4:00 Evening Series [AUD]</p>	<p>9:30 Current Events</p> <p>10:00 Yoga w/Kathy</p> <p>10:45 Blackjack(AUD)</p> <p>1:30 Phase 10</p> <p>3:00 Quarter Bingo(AUD)</p> <p>6:00 Cards & Dominoes(LIB)</p>	<p>9:30 Current Events (1 to 1)</p> <p>10:00 Sit & Get Fit [SL]</p> <p>10:00 <u>Balance Class [AUD]</u></p> <p>10:30 Door Decorating [1 to 1]</p> <p>1:15 Movie & Popcorn [SL] [Tyson's Run]</p> <p>3:00 GG Bucks Auction [AUD]</p> <p>6:00 Resident Lead Pokeno [AUD]</p>	<p>9:30 Current Events [1 to 1]</p> <p>10:00 Sit & Stretch [SL]</p> <p>10:30 Chicken Soup for the Soul[SL]</p> <p>1:30 Nail Spa [AUD]</p> <p>3:00 Peggy's Porch Sing-Along [SDR]</p> <p>6:00 <u>Bingo</u> w/Sommer</p>	<p>8:30 – 12:30 Macy's Thanksgiving Day Parade [AUD]</p> <p>10:45 Thanksgiving wishes chat/activity [AUD]</p>	<p>9:00 <u>Current Events (LIB)</u></p> <p>9:30 Current Events (AUD)</p> <p>10:00 Exercise w/ Ray (AUD)</p> <p>10:45 Five Crowns (AUD)</p> <p>1:30 Afternoon Stretching w/Sommer (AUD)</p> <p>3:00 Happy Hour (MDR)</p> <p>6:00 Resident Lead Pokeno (AUD)</p>	<p>9:30 Current Events(LIB)</p> <p>10:00 Donuts & Coffee(LIB)</p> <p>10:45 Meditative Coloring Workshop(AUD)</p> <p>1:30 Sit & Dance Class(AUD)</p> <p>3:00 Afternoon Film(Legends of the Fall)(AUD)</p>