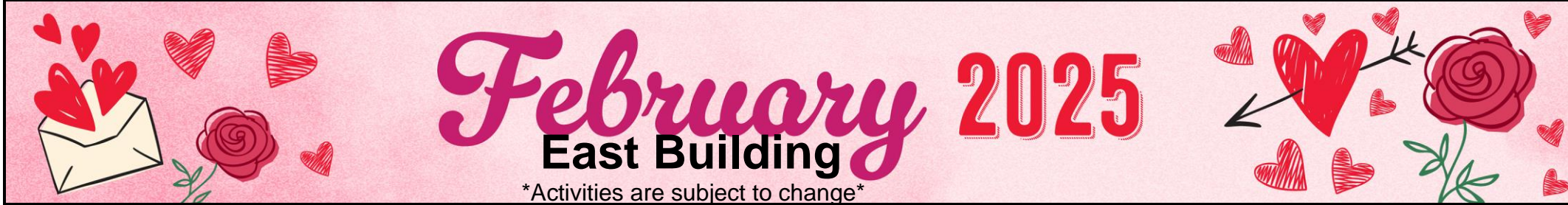


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive;">February 2025</h1> <h2 style="font-weight: bold;">East Building</h2> <p>*Activities are subject to change*</p>						<p>9:30 Morning Hydration 1</p> <p>10:00 Current Events</p> <p>10:30 Morning News [AR2]</p> <p>1:30 Beading & Jewelry Making [AR2]</p> <p>3:00 BINGO! [AR2]</p>
<p>9:00 Shadow Mountain Church Live Stream [AR2]</p> <p>9:30 Morning Hydration</p> <p>10:45 Catholic Mass [AR2]</p> <p>1:30 TV Series w/ Snack and Hydration [AF]</p> <p>3:00 Movie & Popcorn [AR2] (Groundhog Day)</p> <p style="text-align: right;">2</p>	<p>9:00 Morning Hydration 3</p> <p>9:30 Yoga w. Kathy [AR2]</p> <p>10:00 Current Events</p> <p>10:30 Color Me Happy [AR2]</p> <p>1:30 Blackjack [AR2]</p> <p>2:45 BINGO! [AR2]</p>	<p>9:00 Morning Hydration 4</p> <p>9:30 Current Events</p> <p>10:00 Chair Exercise [AR2]</p> <p>10:30 Trivia Tuesday [AR2]</p> <p>1:30 UNO [AR2]</p> <p>3:00 Art w. Olly [AR2] (Heart Shaped Bouquet)</p>	<p>9:00 Morning Hydration 5</p> <p>9:30 Current Events</p> <p>10:00 Chair Zumba [AR2]</p> <p>10:30 Short Stories [AR2]</p> <p>1:30 API Meet Up [AR2]</p> <p>1:30 Mobility Wipe Down</p> <p>2:45 BINGO! [AR2]</p>	<p>9:00 Morning Hydration 6</p> <p>9:30 Current Events</p> <p>10:00 Yoga w. Olly [AR2]</p> <p>10:30 Nail Spa</p> <p>1:00 Michaels Shopping Outing [FD]</p> <p>1:30 Movie & Popcorn [AR2] (Love & Basketball)</p> <p>3:30 Jewelry Making [AR2]</p>	<p>9:00 Morning Hydration 7</p> <p>9:30 Current Events</p> <p>10:00 Morning workout [AR2]</p> <p>10:30 Paint by number [AR2]</p> <p>1:30 BINGO! [AR2]</p> <p>3:00 Happy Hour w. Emil [DR3]</p>	<p>9:30 Morning Hydration 8</p> <p>10:00 Current Events</p> <p>10:30 Morning News [AR2]</p> <p>1:30 Beading & Jewelry Making [AR2]</p> <p>3:00 Karaoke [AR2]</p>
<p>Jersey Day 9</p> <p>9:00 Shadow Mountain Church Live Stream [AR2]</p> <p>9:30 Morning Hydration</p> <p>10:45 Catholic Mass [AR2]</p> <p>1:30 TV Series [AF]</p> <p>3:30 Superbowl Tailgate [DR3]</p>	<p>Self-Love Day 10</p> <p>9:00 Morning Hydration</p> <p>9:30 Yoga w. Kathy [AR2]</p> <p>10:00 Current Events</p> <p>10:30 Sweetheart Button Frame Craft [AR2]</p> <p>1:30 Unlucky Seven [AR2]</p> <p>2:45 BINGO! [AR2]</p>	<p>Peace and Love Day 11</p> <p>9:00 Morning Hydration</p> <p>9:30 Current Events</p> <p>10:00 Chair Exercise [AR2]</p> <p>11:00 IHOP Restaurant Outing [FD]</p> <p>1:30 Cranium Crunches [AR2]</p> <p>3:00 Art w. Olly [AR2] (Crinkled Heart)</p>	<p>Pink Out Day 12</p> <p>9:00 Morning Hydration</p> <p>9:30 Current Events</p> <p>10:00 Chair Zumba [AR2]</p> <p>10:30 Short Stories [AR2]</p> <p>1:30 Valentine's Card Craft [AR2]</p> <p>2:45 BINGO! [AR2]</p>	<p>Soulmate Day 13</p> <p>9:00 Morning Hydration</p> <p>9:30 Current Events</p> <p>10:00 Yoga w. Olly [AR2]</p> <p>10:30 Nail Spa</p> <p>1:00 Walmart Shopping Outing [FD]</p> <p>1:30 Movie & Popcorn [AR2] (Valentine's Day)</p> <p>3:30 Flower Arrangements</p>	<p>What's your Status? Day 14</p> <p>9:00 Morning Hydration</p> <p>9:30 Current Events [AR2]</p> <p>11:30 Sweethearts Dance [DR3]</p> <p>1:30 Valentine's Day BINGO! [AR2]</p> <p>3:00 Karaoke Happy Hour [AR2]</p>	<p>9:30 Morning Hydration 15</p> <p>10:00 Current Events</p> <p>10:30 Morning News [AR2]</p> <p>1:30 Beading & Jewelry Making [AR2]</p> <p>3:00 BINGO! [AR2]</p>
<p>16</p> <p>9:00 Shadow Mountain Church Live Stream [AR2]</p> <p>9:30 Morning Hydration</p> <p>10:45 Catholic Mass [AR2]</p> <p>1:30 TV Series w/ Snack and Hydration [AF]</p> <p>3:00 Puzzles & Trivia</p>	<p>17</p> <p>9:00 Morning Hydration</p> <p>9:30 Yoga w. Kathy [AR2]</p> <p>10:00 Current Events</p> <p>10:30 Finish the Line [AR2]</p> <p>1:30 Apples to Apples [AR2]</p> <p>3:00 Presidents' Day BINGO! [AR2]</p>	<p>18</p> <p>9:00 Morning Hydration</p> <p>9:30 Current Events</p> <p>10:00 Chair Exercise [AR2]</p> <p>10:30 Trivia Tuesday [AR2]</p> <p>1:30 Blackjack [AR2]</p> <p>3:00 Art w. Olly [AR2] (Black History Month Inspired Graphic Art)</p>	<p>19</p> <p>9:00 Morning Hydration</p> <p>9:30 Current Events</p> <p>10:00 Resident Council [DR3]</p> <p>1:30 Documentary [AR2] (Paris - The City of Dreams)</p> <p>1:30 API Meet UP [AR2]</p> <p>2:45 BINGO! [AR2]</p>	<p>20</p> <p><i>Birthday Celebration – Paris</i></p> <p>9:00 Morning Hydration</p> <p>9:30 Current Events</p> <p>11:30 Birthday Celebration [ADR]</p> <p>1:00 Library Outing [FD]</p> <p>1:30 Movie & Popcorn [AR2] (Lady and the Tramp)</p> <p>3:30 Jewelry Making [AR2]</p>	<p>21</p> <p>9:00 Morning Hydration</p> <p>9:30 Current Events</p> <p>10:00 Morning workout [AR2]</p> <p>10:30 Paint by number [AR2]</p> <p>1:30 BINGO! w. John Mendoza [DR3]</p> <p>3:00 Happy Hour w. Matthew [DR3]</p>	<p>9:30 Morning Hydration 22</p> <p>10:00 Current Events</p> <p>10:30 Morning News [AR2]</p> <p>1:30 Beading & Jewelry Making [AR2]</p> <p>3:00 Karaoke [AR2]</p>
<p>23</p> <p>9:00 Shadow Mountain Church Live Stream [AR2]</p> <p>9:30 Morning Hydration</p> <p>10:45 Catholic Mass [AR2]</p> <p>1:30 TV Series w/ Snack and Hydration [AF]</p> <p>3:00 Puzzles & Trivia</p>	<p>24</p> <p>9:00 Morning Hydration</p> <p>9:30 Yoga w. Kathy [AR2]</p> <p>10:00 Current Events</p> <p>10:30 Puzzles and Ponderings [AR2]</p> <p>1:30 Bunco [AR2]</p> <p>2:45 BINGO! [AR2]</p>	<p>25</p> <p>9:00 Safari Park Outing [FD]</p> <p>9:30 Morning Hydration</p> <p>10:00 Current Events</p> <p>1:30 Cranium Crunches [AR2]</p> <p>3:00 Mandala [AR2]</p>	<p>26</p> <p>9:00 Morning Hydration</p> <p>9:30 Current Events</p> <p>10:00 Chair Zumba [AR2]</p> <p>10:30 Short Stories [AR2]</p> <p>1:30 BINGO! [AR2]</p> <p>3:00 Food for Thought (Avocado Toast)</p>	<p>27</p> <p>9:00 Morning Hydration</p> <p>9:30 Current Events</p> <p>10:00 Yoga w. Olly [AR2]</p> <p>10:30 Nail Spa</p> <p>1:00 Vons Shopping Outing [FD]</p> <p>1:30 Movie & Popcorn [AR2] (Like Water for Chocolate)</p> <p>3:30 GG Store on the Go!</p>	<p>28</p> <p>9:00 Morning Hydration</p> <p>9:30 Current Events</p> <p>10:00 Morning workout [AR2]</p> <p>10:30 Paint by number [AR2]</p> <p>1:30 BINGO! [AR2]</p> <p>3:00 Happy Hour w. Sylvia [DR3]</p>	<p>AR2 = Activity Room (2nd floor)</p> <p>DR3 = Dining Room (3rd floor)</p> <p>FD = Front Desk</p> <p>AF = All Floor</p> 