

February 2025

Grossmont Gardens

5480 Marengo Ave. La Mesa, CA 91942 | 619.463.0281 | Fax: 619.461.4807



Meet The Team of Directors

Reggie Jones
Executive Director

Lane Hermosillo
*Assistant Executive
Director*

Gemma Espinoza
*Community Relations
Director*

Ruth Davalos
Business Office Manager

Janett Medrano
Food Services Director

Olamide Obesasan
East Activity Director

Sommer Martin
*Gardens, South, West
Activity Director*

Marsha Terrell
Maintenance Director

Resident Spotlight



Liz Dunnigan

Liz Dunnigan is a wonderful and creative resident at Grossmont Gardens. Liz has been a dancer all her life. She says ballroom dancing was her favorite, but knows how to swing dance and country dance as well. Liz taught dance in her twenties at Arthur Murray Dance School. She still enjoys getting up and dancing when given the chance. Liz says she has a passion for drawing, particularly sketch, but also enjoys coloring in her Disney coloring books. When she's not drawing, Liz enjoys flower arranging! Liz says if she could change some things about the world, she would want no more wars, to see more people put their faith in God, and be a little kinder to each other. "I would like if people were a little bit slower to anger and quick to smile!"



join us for
Grossmont Gardens

Valentine's Day Lunch Dance

♥

February 14th | 11:30am
In the Main Dining Room

♥

Jazz Duo Band
Festive Beverages
Delicious Lunch



COOKIE SOCIAL



THURSDAY, FEB. 6

Come mingle with residents who are new and old to Grossmont Gardens
Get to know your community!



Join with us for
**SAFARI
PARK
ZOO
OUTING
TUESDAY,
FEB. 25
AT
9:00AM**

Volunteers Wanted!
Sign up at the front desk
once the February
calendar comes out

Made with PosterMyWall.com



Paris Birthday Celebration

Thursday, February 20th at 11:30am

Doors will open at 11:30



3 FUN FACTS ABOUT FEBRUARY BABIES

The two star signs your February-born child would fall under are Aquarius or Pisces (or on the cusp of both signs, the approximate date range being February 15 and 21). There are plenty of characteristics that have been touted to be unique to February-born kids, so let's get started!

1. THEY TEND TO BE INCREDIBLY FRANK AND HONEST

It would be a little hard for your February-born baby to lie about things (sometimes, even when necessary!). Straightforwardness and honesty are desirable traits, and most February kids possess them. Your little one is likely to not sugar-coat facts, which may make him sound slightly harsh; but what this actually means is that he would be absolutely genuine with no pretense or mask. Criticism offered by him would be constructive as well. One thing's for sure with kids like these – as a friend, they would be honest, loyal, and completely true! They'd only want the best for the people they love and would be sure to share their honest feedback if they know it can help.

2. THEY TEND TO BE VERY COMPASSIONATE

February-born kids can be very empathetic and can naturally feel compassion for others. They're thoughtful and kind, and can be quite attached to their family and friends. So, if your little one insists on donating his pocket money to someone less fortunate or spends his time planning out little things for his friends, don't be too surprised – it's because he's naturally blessed with a heart of gold!

3. THEY CAN BE QUITE UNIQUE

It could be the way they carry themselves, their area of interest, or even something as simple as their dress sense – but there's sure to be something different about the way your child is that will make them stand out from the crowd! Whether or not they choose to showcase what makes them unique as a badge of honour will depend on your encouragement!

February Birthdays

Rosemarie Bauer 2/17/1942
Joan Carr 2/16/1941
Marilyn Coffee 2/21/1937
Ruth De La Pena 2/01/1942
Bonnie Dew 2/24/1952
George Dornan 2/24/1938
Ora Draper 2/27/1953
Barbara Fiscus 2/17/1941
Edward Friedman 2/09/1947
Susan Graves 2/04/1948
Gloria Gudmundson 2/27/1926
Mary Gutierrez 2/05/1953
Gayle Ludwig 2/11/1953
Virginia Lynns 2/23/1946
Roger Wolfe 2/25/1933
Minnie Tyler 2/07/1945
Norma Traxler 2/07/1942
Richard Serrano 2/22/1935
Kristina Mills 2/26/1953
Ronald Miller 2/27/19

Employee of the Month



Aresenio Barrozo

Aresenio is an important employee at Grossmont Gardens. He makes sure to get all Residents to their appointments and outings. Aresenio moved here from the Philippines in March of 2022. He says when he is not working he likes to play basketball and most importantly, spend time with his wife. He says family is everything. He Says "If I could change one thing about the world it would be to love more. Love your family, love your parents and love life."

