


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="margin: 0;">January 2025</h1> <p style="margin: 0;">Health Care Center</p>			<p>9:00 Good Morning Visits 12:30 Lunch 5:00 Rose Bowl on ESPN 5:30 Dinner</p> <p>HAPPY NEW YEAR!!!</p> <p><small>New Year's Day</small></p>	<p>9:00 Coffee &amp; Company 10:30 BIG SCREEN MOVIE 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Dominoes</p>	<p>9:00 Sunshine Circle or Strolls 10:00 Stretch &amp; Smile 11:00 What's New News 2:00 Game On! 3:00 Happy Hour (Aud) 4:00 New Years Resolutions</p>	<p>9:00 Morning News 10:00 Cards &amp; Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories</p>
<p>9:30 Catholic Mass – <b>5</b> <b>SB</b> 10:00 Chapel Service – <b>AUD</b> 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic</p>	<p>10:15 Daily Chronicle <b>6</b> 10:45 Noodle Exercise 11:15 Manicures &amp; Massages 2:00 Genealogy Club 3:00 Tree Trimming 6:00 Walk &amp; StROLL</p>	<p>10:00 Bend &amp; Stretch <b>7</b> 10:30 This Day in History 11:00 Balloon Volleyball 1:15 Comfort Cart Visits 3:00 Poker/Blackjack 4:00 Library Strolls</p>	<p>10:00 Bucket Ball <b>8</b> 10:30 Elvis Trivia &amp; Songs 11:00 Pretty Nails 2:00 BINGO 3:00 Resident Council 4:00 One-on-One Visits</p>	<p>9:00 Good Morning Visits <b>9</b> 10:00 Fitness Fun! 10:30 Matinee Movie 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Five Crowns</p>	<p>9:00 Sunshine Circle or Strolls <b>10</b> 10:00 Stretch &amp; Smile 11:00 Daily Journal 2:00 Game On! 3:00 Happy Hour (Aud) 4:00 Spelling Bee</p>	<p>9:00 Morning News <b>11</b> 10:00 Cards &amp; Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories</p>
<p>9:30 Catholic Mass – <b>12</b> <b>SB</b> 10:00 Chapel Service – <b>AUD</b> 1:15 Sunday Playoffs 3:15 Brain Games 3:45 National Geographic</p>	<p>10:15 Daily Chronicle <b>13</b> 10:45 Noodle Exercise 11:15 Manicures &amp; Massages 2:00 Reading Club 3:00 Crafternoon: Making Snowflakes 6:00 Walk &amp; StROLL</p>	<p>10:00 Bend &amp; Stretch <b>14</b> 10:30 This Day in History 11:00 Balloon Volleyball 1:15 Comfort Cart Visits 3:00 January Trivia 4:00 Library Strolls</p>	<p>10:00 Silver Sneakers <b>15</b> 10:30 Fit Minds 11:00 Pretty Nails 2:00 BINGO 3:00 Activity Planning 4:00 One-on-One Visits</p>	<p>9:00 Good Morning Visits <b>16</b> 10:00 Mindful Moves <i>11:30 Resident Birthday Celebration &amp; New Resident Luncheon</i> 2:00 Puzzle Time 3:00 Early Evening Cinema</p>	<p>9:00 Sunshine Circle or Strolls <b>17</b> 10:00 Stretch &amp; Smile 11:00 Today in Time 2:00 Game On! 3:00 HCC Bingo Store 4:00 What's in the Bag?</p>	<p>9:00 Morning News <b>18</b> 10:00 Cards &amp; Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories</p>
<p>9:30 Catholic Mass – <b>19</b> <b>SB</b> 10:00 Chapel Service – <b>AUD</b> 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic</p> <p><small>Activity Professionals Week</small></p>	<p>10:15 Our World Today <b>20</b> 10:45 Noodle Exercise 11:15 Manicures &amp; Massages 2:00 Book Club 3:00 Tabletop Cooking Class 6:00 Walk &amp; StROLL</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>9:30 Scenic Bus Ride <b>21</b> 10:00 Price Is Right 11:00 News &amp; Brew 1:15 Comfort Cart Visits 3:00 Snowball Fight 4:00 Library Strolls</p>	<p>10:00 Move to the Beat <b>22</b> 10:30 Fit Minds 11:00 Pretty Nails 2:00 BINGO 3:00 Green Thumb Club 4:00 One-on-One Visits</p>	<p>9:00 Good Morning Visits <b>23</b> 10:00 Fitness Fun! 10:30 Hollywood Classics 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Checkers</p>	<p>9:00 Coffee &amp; Company <b>24</b> 11:00 Daily Chronicle 2:00 Yahtzee! &amp; Card Sharks 3:00 Happy Hour (Aud) 4:00 Knitters Korner</p>	<p>9:00 Morning News <b>25</b> 10:00 Cards &amp; Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories</p>
<p>9:30 Catholic Mass – <b>26</b> <b>SB</b> 10:00 Chapel Service – <b>AUD</b> 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic</p> <p><small>Australia Day (Observed)</small></p>	<p>10:15 Daily Chronicle <b>27</b> 10:45 Noodle Exercise 11:15 Manicures &amp; Massages 2:00 Computer LAB 3:00 Armchair Travel 6:00 Walk &amp; StROLL</p>	<p>10:00 Bend &amp; Stretch <b>28</b> 10:30 This Day in History 11:00 Balloon Volleyball 1:15 Comfort Cart Visits 3:00 Uno Cards 4:00 Library Strolls</p>	<p>10:00 Chair Tai Chi <b>29</b> 10:30 Fit Minds 11:00 Pretty Nails 2:00 BINGO 3:00 Silver Fox Social 4:00 One-on-One Visits</p> <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>9:00 Good Morning Visits <b>30</b> 10:00 Fitness Fun! 10:30 Blockbuster Movie 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Connect 4</p>	<p>9:00 Sunshine Circle or Strolls <b>31</b> 10:00 Stretch &amp; Smile 11:00 What's New News 2:00 Game On! 3:00 Happy Hour (Aud) 4:00 Sing A Long</p>	<p><small>*One – on – one Activities occur daily and ALL activity programs are subject to change, activities occur as weather permits.</small></p> <p><small>*Activity materials for independent use are available in the Activity Closet. Located in the Activity Room.</small></p>