

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2025

South Building



<p>9:00 Shadow Mountain Church Livestream [SL] 2</p> <p>9:00 Fellowship with Pastor Richard [SL]</p> <p>9:30 Catholic Mass [AUD]</p> <p>10:30 Sittercise [AUD]</p> <p>12:30 LDS Church Meeting [AUD]</p> <p>1:30 Documentary [SL] ("Waking Sleeping Beauty")</p> <p>3:00 Unlucky Seven [AUD]</p> <p><small>Groundhog Day</small></p>	<p>9:30 Current Events [1 to 1] 3</p> <p>10:00 Yoga w/Kathy [SDR]</p> <p>10:45 Blackjack [AUD]</p> <p>1:30 Scenic Tour [FD]</p> <p>1:30 Hanging Hearts Garland [SL]</p> <p>3:00 Quarter Bingo [AUD]</p> <p>6:00 Cards & Dominoes [LIB]</p>	<p>9:30 Current Events [1 to 1] 4</p> <p>9:30Safari Park Zoo [FD]</p> <p>10:00 Sit & Stretch [SL]</p> <p>10:30 Memory Box Decorating</p> <p>1:30 Pokeno [AUD]</p> <p>1:30 🎲🎲🎲🎲🎲 With Shannon [SDR]</p> <p>3:00 Activity Planning Meeting [SL]</p>	<p>9:30 Current Events [LIB] 5</p> <p>10:00 Sittercise Video [AUD]</p> <p>1:30 Valentine Candy Jar Craft[AUD]</p> <p>3:00 Peggy's Porch Sing Along [MDR]</p> <p>6:00 🎲🎲🎲🎲🎲 [AUD]</p>	<p>9:30 Current Events [1 to 1] 6</p> <p>10:00 Sit & Get Fit [SL]</p> <p>10:30 Reminiscing [SL]</p> <p>1:30 Bible Study [SL]</p> <p>1:30 Room visits [1 to 1]</p> <p>3:00 Chicken Soup for the Soul [SL]</p>	<p>9:00 Walmart Grossmont 7 Outing</p> <p>9:30 Current Events(LIB)</p> <p>10:00Exercise w/Joyce(AUD)</p> <p>10:45 Five Crowns(AUD)</p> <p>1:30 Unlucky Seven(AUD)</p> <p>1:30 Resident choice Movie[SL]</p> <p>3:00KaraokeHappy hr(AUD)</p>	<p>1</p> <p>9:30 Current Events(LIB)</p> <p>10:00 Sittercise Video(AUD)</p> <p>10:45 Black Jack(AUD)</p> <p>1:30 Trivia(AUD)</p> <p>3:00 Afternoon Film(Queen Bees) AUD</p>
<p>9:00 Shadow Mountain Church Livestream [SL] 9</p> <p>9:00 Fellowship with Pastor Richard [SL]</p> <p>9:30 Catholic Mass [AUD]</p> <p>10:30 Sittercise [AUD]</p> <p>1:30 Documentary [SL] ("Sea of Hope")</p> <p>3:00 Superbowl Party(MDR)</p>	<p>9:30 Current Events [1 to 1] 10</p> <p>10:00 Yoga w/Kathy [SDR]</p> <p>10:45 Blackjack [AUD]</p> <p>1:30 Scenic Tour [FD]</p> <p>1:30 ❤️ Mason Jar Painting [SL]</p> <p>3:00 Quarter Bingo [AUD]</p> <p>6:00 Cards & Dominoes [LIB]</p>	<p>9:30 Current Events [1 to 1] 11</p> <p>10:00 Sit & Stretch [SL]</p> <p>10:30 Reminiscing [SL]</p> <p>1:30 🎲🎲🎲🎲🎲 w/ Shannon [SDR]</p> <p>3:00 Garden Stroll</p>	<p>9:30 Current Events [1 to 1] 12</p> <p>10:00 Sittercise [SL]</p> <p>11:00 New Resident Luncheon [PDR]</p> <p>1:30 Nail Spa [SL]</p> <p>3:00 Movie "13 going on 30" [SL]</p> <p>6:00 🎲🎲🎲🎲🎲 [AUD]</p> <p><small>Tu B'Shevat Begins</small></p>	<p>9:30 Current Events [1 to 1] 13</p> <p>10:00 Sit & Get Fit [SL]</p> <p>10:00 Food Forum [AUD]</p> <p>10:30 Garden Stroll[SP]</p> <p>1:30 Bible Study [SL]</p> <p>1:30 Room visits [1 to 1]</p> <p>3:00 Sing Along [SL]</p>	<p>9:30 Current Events(LIB) 14</p> <p>10:00Exercise w/Joyce(AUD)</p> <p>11:30 Valentines Day Dance(MDR) ❤️</p> <p>1:30 Afternoon Film "Valentines Day"(AUD)</p> <p>3:00 A love filled Happy Hour(AUD)</p> <p><small>Valentine's Day</small></p>	<p>15</p> <p>9:30 Current Events(LIB)</p> <p>10:00 Yoga W/ Kathy(AUD)</p> <p>10:45 Black Jack(AUD)</p> <p>1:30 Putting(Outside)</p> <p>3:00 Afternoon Film</p>
<p>9:00 Shadow Mountain Church Livestream [SL] 16</p> <p>9:00 Fellowship with Pastor Richard [SL]</p> <p>9:30 Catholic Mass [AUD]</p> <p>10:30 Sittercise [AUD]</p> <p>1:30 Documentary [SL] ("The Lost City of Machu Picchu")</p> <p>3:00 Unlucky Seven [AUD]</p>	<p>9:30 Current Events [1 to 1] 17</p> <p>10:00 Yoga w/Kathy [SDR]</p> <p>10:45 Blackjack [AUD]</p> <p>1:30 Scenic Tour [FD]</p> <p>1:30 S Bloom Bouquet 🍀 [SL]</p> <p>3:00 Quarter Bingo [AUD]</p> <p>6:00 Cards & Dominoes [LIB] <small>Presidents' Day (U.S.)</small></p>	<p>9:30 Current Events [1 to 1] 18</p> <p>10:00 Sit & Stretch [SL]</p> <p>10:00 Chili's Outing [Bring Cash or Card [FD]</p> <p>10:30 Memory Box Decorating [1 to 1]</p> <p>1:30 🎲🎲🎲🎲🎲 w/ Shannon [SDR]</p> <p>3:00 Peaceful Coloring [SL]</p>	<p>9:30 Current Events [LIB] 19</p> <p>10:00 Resident Council Meeting [AUD]</p> <p>10:30 Garden Stroll</p> <p>1:30</p> <p>3:00</p> <p>6:00 🎲🎲🎲🎲🎲 [AUD]</p>	<p>9:30 Current Events [LIB] 20</p> <p>10:00 Yoga w/Kathy [AUD]</p> <p>11:30 Birthday Celebration [MDR]</p> <p>1:30 Bible Study [SL]</p> <p>1:30 Room visits [1 to 1]</p> <p>3:00 Chicken Soup for the Soul[SL]</p>	<p>9:30 Current Events [LIB] 21</p> <p>10:00 Exercise w/Joyce [AUD]</p> <p>10:45 Five Crowns [AUD]</p> <p>1:15 Resident Chi</p> <p>1:30 Trader Joes Outing [FD]</p> <p>3:00 Music Happy Hour [AUD]</p>	<p>22</p> <p>9:30 Current Events(LIB)</p> <p>10:00 Sittercise Video(AUD)</p> <p>10:45 Black Jack(AUD)</p> <p>1:30 Meditative Coloring Pages(AUD)</p> <p>3:00 Afternoon Film(AUD)</p>
<p>9:00 Shadow Mountain Church Livestream [SL] 23</p> <p>9:00 Fellowship with Pastor Richard [SL]</p> <p>9:30 Catholic Mass [AUD]</p> <p>10:30 Celebration of Lives [AUD]</p> <p>1:30 Afternoon Sittercise [AUD]</p> <p>3:00 Unlucky Seven [AUD]</p>	<p>9:30 Current Events [1 to 1] 24</p> <p>10:00 Yoga w/Kathy [SDR]</p> <p>10:45 Blackjack [AUD]</p> <p>1:30 Scenic Tour [FD]</p> <p>1:30 Art Class w/Shannon [SL]</p> <p>3:00 Quarter Bingo [AUD]</p> <p>6:00 Cards & Dominoes [LIB]</p>	<p>9:30 Current Events [1 to 1] 25</p> <p>10:00 Sit & Stretch [SL]</p> <p>10:30 Reminiscing</p> <p>1:30 🎲🎲🎲🎲🎲 w/ Shannon [SDR]</p> <p>3:00 Garden Stroll</p>	<p>9:30 Current Events [1 to 1] 26</p> <p>10:00 Sittercise [SL]</p> <p>10:30 Word Search Challenge [SL]</p> <p>1:30 Nail Spa [SL]</p> <p>3:00 Peggy's Porch Sing-Along [SDR]</p> <p>6:00 🎲🎲🎲🎲🎲 [AUD]</p>	<p>9:30 Current Events [LIB] 27</p> <p>10:00 Yoga w/Kathy [AUD]</p> <p>10:30 Black Jack [AUD]</p> <p>1:30 Bible Study [SL]</p> <p>1:30 Room visits [1 to 1]</p> <p>3:00 Sing Along [SL]</p>	<p>9:30 Current Events(LIB) 28</p> <p>10:00Exercise w/Joyce(AUD)</p> <p>10:00 Ross Dress For Less Outing</p> <p>1:30 Five Crowns(AUD)</p> <p>1:30 Resident Choice Movie [SL]</p> <p>3:00 Happy Hour</p> <p><small>Ramadan Begins</small></p>	<p>SL=South Lounge AUD=Auditorium SP=South Patio SDR=South Dining Room MDR=Main dining Room FD=Front Desk LIB=Library PDR=Private Dining Room</p>