

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

West Building



<p>9:00 Shadow Mountain Church Livestream [SL] 9:00 Fellowship with Pastor Richard [SL] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 12:30 LDS Church Meeting [AUD] 1:30 Documentary [SL] ("Waking Sleeping Beauty") 3:00 Unlucky Seven [AUD] <small>Groundhog Day</small></p>	<p>9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Puzzles [WAR] BINGO! [WAR] 1:30 Scenic Tour [FD] 2:45 Afternoon Stroll</p>	<p>9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:00 Movie and Popcorn [WAR] ("Let it Be") 2:45 Activity Meeting [WDR]</p>	<p>9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 11:00 Chili's Restaurant Outing [FD] 3:00 Peggy's Porch Sing Along [MDR] 6:00 BINGO Night! [AUD]</p>	<p>9:00 Current Events [1 to 1] 9:30 Yoga w/ Kathy [WAR] 10:00 Balloon Volleyball [WAR] BINGO! [WAR] 2:45 Happy Hour [WAR]</p>	<p>9:00 Walmart Grossmont Outing 9:30 Current Events(LIB) 10:00 Exercise W/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:00 Frasier Farms Outing [FD] 1:30 Unlucky Seven(AUD) 3:00 Karaoke Happy Hour(AUD)</p>	<p>9:30 Current Events(LIB) 10:00 Sittercise Video(AUD) 10:45 Black Jack(AUD) 1:30 Trivia(AUD) 3:00 Afternoon Film(Queen Bees) AUD</p>
<p>Spirit Week- Jersey Day 9:00 Shadow Mountain Church Livestream [SL] 9:00 Fellowship with Pastor Richard [SL] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Documentary [SL] ("Sea of Hope") 3:30 Super Bowl Party [MDR]</p>	<p>Self-Love Day 9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Puzzles [WAR] BINGO! [WAR] 1:30 Scenic Tour [FD] 2:45 Afternoon Stroll</p>	<p>Peace & Love Day 9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:00 Movie and Popcorn [WAR] ("Mrs. Doubtfire") 2:45 Trivia Tuesday [WAR]</p>	<p>Pink Out Day 9:00 Current Events [1 to 1] 10:00 Resident Council Meeting [WDR] 10:45 Casino Outing [FD] 1:15 Nails By Olivia [WAR] 2:45 Flower Arrangements [WAR] 6:00 BINGO Night! [AUD] <small>Tu B'Shevat Begins</small></p>	<p>Soulmate Day 9:00 Current Events [1 to 1] 9:30 Yoga w/ Olivia [WAR] 10:00 Balloon Volleyball [WAR] BINGO! [WAR] 1:15 2:45 Peggy's Porch Sing Along [WDR]</p>	<p>What's Your Status? 9:30 Current Events(LIB) 10:00 Exercise W/ Joyce(AUD) 11:30 Valentines Day Dance(MDR) 1:30 Afternoon Film "Valentines Day" w/ Popcorn & Cookies (AUD) <small>Valentine's Day</small></p>	<p>9:30 Current Events(LIB) 9:30 Yoga w/ Kathy [WAR] 10:45 Black Jack(AUD) 1:30 Putting (PL) 3:00 Name That Tune w/ Beverages (AUD)</p>
<p>9:00 Shadow Mountain Church Livestream [SL] 9:00 Fellowship with Pastor Richard [SL] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Documentary [SL] ("The Lost City of Machu Picchu") 3:00 Unlucky Seven [AUD]</p>	<p>9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Puzzles [WAR] BINGO! [WAR] 1:30 Scenic Tour [FD] 2:45 Afternoon Stroll <small>Presidents' Day (U.S.)</small></p>	<p>9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:00 Documentary and Popcorn [WAR] ("Monumental Marvels of Paris") 2:45 Name That Tune [WAR]</p>	<p>9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Apples to Apples Card Game [WAR] 1:15 Beads & Things [WAR] 2:45 Snack Social [WAR] 6:00 BINGO Night! [AUD]</p>	<p>9:00 Current Events [WL] 9:30 Yoga w/ Kathy [WAR] 11:30-1:30 Paris Birthday Celebration [ADR] BINGO! [WAR]</p>	<p>9:30 Current Events(LIB) 10:00 Exercise W/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Trader Joes Outing 3:00 Musical Happy Hour(AUD)</p>	<p>9:30 Current Events(LIB) 10:00 Sittercise Video(AUD) 10:45 Black Jack(AUD) 1:30 Meditative Coloring Pages(AUD) 3:00 Afternoon Film(AUD)</p>
<p>9:00 Shadow Mountain Church Livestream [SL] 9:00 Fellowship with Pastor Richard [SL] 9:30 Catholic Mass [AUD] 10:30 Celebration of Lives [AUD] 1:30 Afternoon Sittercise [AUD] 3:00 Unlucky Seven [AUD]</p>	<p>9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Puzzles [WAR] BINGO! [WAR] 1:30 Scenic Tour [FD] 2:45 Afternoon Stroll</p>	<p>9:00 San Diego Zoo Safari Park Outing [FD] 9:30 Current Events [LIB] 10:00 Sittercise [AUD] 10:45 Phase 10 [AUD] 1:30 Pokeno [AUD]</p>	<p>9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Apples to Apples Card Game [WAR] 1:30 Mobility Wipe Down [PL] 2:45 St. Patrick's Day Wreath Creation [WAR] 6:00 BINGO Night! [AUD]</p>	<p>9:00 Current Events [1 to 1] 9:30 Yoga w/ Kathy [WAR] 10:00 Balloon Volleyball [WAR] BINGO! [WAR] 2:45 Happy Hour [WAR]</p>	<p>9:00 Ross Outing [FD] 9:30 Current Events(LIB) 10:00 Exercise W/ Joyce(AUD) 1:00 Walmart Marketplace Outing 1:30 Five Crowns(AUD) 3:00 GG Store Appreciation Happy Hour [AUD]</p>	<p>WAR= West Activity Room WDR= West Dining Room WL= West Lobby AUD= Auditorium MDR= Main Dining Room LIB= Library FD= Front Desk SDR= South Dining Room SL= South Lounge</p>