

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

Health Care Center



<p>9:30 Catholic Mass – 2 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic</p>	<p>10:15 Daily Chronicle 3 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Reading Club 3:00 Somewhere under the Rainbow: Parachute 6:00 Walk & StROLL</p>	<p>10:00 Bend & Stretch 4 10:30 This Day in History 11:00 Pen Pals 1:15 Comfort Cart Visits 3:00 Five Crowns for Beads 4:00 Library Strolls</p>	<p>10:00 Chair Tai Chi 5 10:30 Fit Minds 11:00 Pretty Nails & Cheese doodles 2:00 BINGO 3:00 Gentleman's Social 4:00 One-on-One Visits</p>	<p>9:00 Good Morning Visits 6 10:00 Fitness Fun! 10:30 Hollywood Classics 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Dominoes</p>	<p>9:00 Unplugged Day 7 10:00 Stretch & Smile 11:00 What's New News 2:00 Game On! 3:00 Happy Hour (Aud) 4:00 Sing A Long</p>	<p>9:00 Morning News 1 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories</p>
<p>9:30 Catholic Mass – 9 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic</p> <p><small>Daylight Saving Time Begins</small></p>	<p>10:15 Daily Chronicle 10 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Genealogy Club 3:00 March Trivia 6:00 Walk & StROLL</p>	<p>10:00 Bend & Stretch 11 10:30 This Day in History 11:00 Bucket Ball 1:15 Comfort Cart Visits 3:00 Poker/Blackjack 4:00 Library Strolls</p>	<p>10:00 Move to the Beat 12 10:30 Fit Minds 11:00 Pretty Nails 2:00 BINGO & Coca Cola 3:00 Resident Council 4:00 One-on-One Visits</p>	<p>9:00 Good Morning Visits 13 10:00 Fitness Fun! 10:30 BIG Screen Movie 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Checkers/Connect 4</p> <p><small>Purim Begins</small></p>	<p>9:00 Sunshine Circle or Strolls 14 10:00 Stretch & Smile 11:00 Daily Journal & Pie Day 2:00 Game On! 3:00 St. Patrick's Day Karaoke & green Cider 4:00 Computer Lab</p>	<p>9:00 Morning News 15 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories</p>
<p><i>March Madness Begins</i> 16 9:30 Catholic Mass – SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic</p>	<p>10:15 Daily Chronicle 17 10:45 Move to the Beat 11:15 Manicures & Massages 2:00 Green Thumb Club 3:00 Armchair Travel: Ireland 6:00 Walk & StROLL</p> <p><small>St. Patrick's Day</small></p>	<p>10:00 Bend & Stretch 18 10:30 This Day in History 11:00 Balloon Volleyball 1:15 Comfort Cart Visits 3:00 Card Sharks 4:00 Library Strolls</p>	<p>10:00 Chair Zumba 19 10:30 Fit Minds 11:00 Pretty Nails 2:00 BINGO 3:00 Activity Planning 4:00 One-on-One Visits</p>	<p>9:00 It's a Beautiful Day: Neighbor visits 20 10:30 Mindful Moves <i>12:30 Resident Birthday Celebration & New Resident Luncheon</i> 2:00 Puzzle Time 3:00 Early Evening Cinema</p> <p><small>Spring Begins</small></p>	<p>9:00 Sunshine Circle or Strolls 21 10:00 Stretch & Smile 11:00 Today in Time 2:00 Game On! 3:00 HCC Bingo Store 4:00 What's in the Bag?</p>	<p>9:00 Morning News 22 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories</p>
<p>9:30 Catholic Mass – 23 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic</p>	<p>10:15 Daily Chronicle 24 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Book Club 3:00 Shake your Shamrock Cooking Class 6:00 Walk & StROLL</p>	<p>10:00 Bend & Stretch 25 10:30 This Day in History 11:00 Bucket Ball 1:15 Comfort Cart Visits 3:00 Uno Cards 4:00 Library Strolls</p>	<p>9:30 Scenic Bus Ride 26 10:00 Price is Right 10:30 Fit Minds 2:00 BINGO 3:00 Painting on the Patio 4:00 One-on-One Visits</p>	<p>9:00 Good Morning Visits 27 10:00 Silver Sneakers on Youtube 10:30 Blockbuster Movie 2:00 Puzzle Time 2:30 Mindful Moves</p>	<p>9:00 Sunshine Circle or Strolls 28 11:00 Daily News 2:00 Game On! 3:00 Happy Hour (Aud) 4:00 Knitters Korner</p>	<p>9:00 Morning News 29 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories</p>
<p>9:30 Catholic Mass – 30 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic</p>	<p>10:15 Daily Chronicle 31 10:45 Chair Dancing 11:15 Manicures & Massages 2:00 Genealogy Club 3:00 Walk & StROLL 6:40 MLB Mondays: Cleveland at Padres</p>	<p>*One – on – one Activities occur daily and ALL activity programs are subject to change, activities occur as weather permits.</p> <p>*Activity materials for independent use are available in the Activity Closet; located in the Activity Room</p> <p>*Be sure to set your clocks forward one hour before you go to sleep on March 8, or "Spring ahead" for daylight savings.</p>				