

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday



March 2025

South Building

<p>9:00 Shadow Mountain Church Live Stream [SL] 9:00 Fellowship w/ Pastor Richard [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 12:30 LDS Church Meeting [AUD] 1:30 Documentary [SL] ("Fly") 3:00 Unlucky Seven [AUD]</p>	<p>9:30 Current Events (1 to 1) 10:00 Yoga w/ Kathy (AUD) 10:45 Blackjack (AUD) 1:30 Alpine Scenic Tour (FD) 1:30 St. Patrick's Bloom Bouquets (SL) 3:00 Quarter Bingo (AUD) 6:00 Cards & Dominoes (LIB)</p>	<p>9:30 Current Events (1 to 1) 10:00 Sit & Stretch (SL) 10:30 Brain Games (SL) 1:30 B I N G O W/Shannon (SDR) 3:00 Mardi Gras Documentary (AUD) 6:00 Chats with the E.D. (AUD)</p> <p style="text-align: center;"><small>Mardi Gras</small></p>	<p>9:30 Current Events (SL) 10:00 Sittercise (SL) 10:30 Chicken Soup for the Soul (SL) 11:00 Chili's Outing 3:00 Peggy's Porch Sing Along (MDR) 6:00 B I N G O W/ Isaiah</p>	<p>9:30 Current Events (1 to 1) 10:00 Chair Tai Chi (SL) 10:30 Mindful Breathing (SL) 1:30 Bible Study (SL) 2:00 Decorating (SDR) 3:00 Peaceful Colors (SL) 3:00 Activity Planning Meeting (AUD)</p>	<p>9:30 Walmart Grossmont Outing 9:30 Current Events 10:00 Sittercise Video (AUD) 10:45 Five Crowns (AUD) 1:30 Michaels Crafts Outing 3:00 Mardi Gras Happy Hour (AUD)</p>	<p>9:30 Current Events (LIB) 10:00 Sittercise Video (AUD) 10:45 Black Jack (AUD) 1:30 Exercise w/ Joyce (AUD) 3:00 Name That Tune W/ Beverages (AUD)</p>
<p>9:00 Shadow Mountain Church Live Stream [SL] 9:00 Fellowship w/ Pastor Richard [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Documentary [SL] ("Jim Henson Idea Man") 3:00 Unlucky Seven [AUD] <small>Daylight Saving Time Begins</small></p>	<p>9:30 Current Events (1 to 1) 10:00 Yoga w/ Kathy (SDR) 10:45 Blackjack (AUD) 1:30 Mission Beach/ Bay Scenic Tour (FD) 1:30 Mardi Gra Masks (SL) 3:00 Quarter Bingo (AUD) 6:00 Cards & Dominoes (LIB)</p>	<p>9:30 Current Events (1 to 1) 10:00 Sit & Stretch (SL) 10:30 Reminiscing (SL) 1:30 B I N G O W/Shannon (SDR) 3:00 Garden Stroll</p>	<p>9:00 Sycuan Casino 9:30 Current Events (LIB) 10:00 Sittercise (SL) 10:30 Resident Visits 11:00 New Resident Luncheon (PDR) 1:30 Nails by Shannon 3:00 6:00 B I N G O W/ Isaiah</p>	<p>9:30 Current Events (1 to 1) 10:00 Chair Tai Chi (SL) 10:00 Food Forum (AUD) 1:30 Bible Study (SL) 2:00 Memory Box Decorating (1to1) 3:00 Happy Hour Sing Along (SL) <small>Purim Begins</small></p>	<p>9:30 Frazier Farms Outing 9:30 Current Events (LIB) 10:00 Sittercise Video (AUD) 10:45 Shamrock Game (AUD) 1:30 Ross Outing 3:00 St. Patties Happy Hour Performance (MDR)</p>	<p>9:30 Current Events (AUD) 10:45 Shamrock Craft (AUD) 1:30 Exercise W/ Joyce (AUD) 6:00 Evening Film "The King's Speech" (AUD)</p>
<p>9:00 Shadow Mountain Church Live Stream [SL] 9:00 Fellowship w/ Pastor Richard [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Documentary [SL] ("Inside the Mind of a Dog") 3:00 Unlucky Seven [AUD]</p>	<p>9:30 Current Events (1 to 1) 10:00 Yoga w/ Kathy (SDR) 10:45 Blackjack (AUD) 1:30 Blossom Valley Scenic Tour (FD) 1:30 St. Patrick's Suncatcher (SL) 3:00 Quarter Bingo (AUD) 6:00 Cards & Dominoes (LIB) <small>St. Patrick's Day</small></p>	<p>9:30 Current Events (1 to 1) 10:00 Sit & Stretch (SL) 10:30 Trivia (SL) 1:30 B I N G O W/Shannon (SDR) 3:00 Garden Stroll (SL) 6:00 Chats with E.D. (AUD)</p>	<p>9:30 Current Events (LIB) 10:00 Resident Council (AUD) 10:45 Sittercise (SL) 1:30 Unlucky Seven (AUD) 3:00 Peggy's Porch Sing Along (AUD) 6:00 B I N G O W/ Isaiah</p>	<p>9:30 Current Events (LIB) 10:00 Yoga w/ Kathy (AUD) 11:30 Ireland Birthday Celebration (ADR) 1:30 Bible Study (SL) 2:00 Memory Box Decorating (1to1) 3:00 Peaceful Colors (SL) <small>Spring Begins</small></p>	<p>9:30 Target Outing 10:00 Sittercise Video (AUD) 10:45 Five Crowns (AUD) 1:30 Trader Joes Outing 3:00 Karaoke Happy Hour (AUD)</p>	<p>9:30 Current Events (AUD) 10:00 Donuts & Music (AUD) 10:45 Celebration of Lives (AUD) 1:30 Exercise W/ Joyce (AUD) 3:00 Black Jack (AUD)</p>
<p>9:00 Shadow Mountain Church Live Stream [SL] 9:00 Fellowship w/ Pastor Richard [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Documentary [SL] ("Elton John: Never Too Late") 3:00 Unlucky Seven [AUD]</p>	<p>9:30 Current Events (1 to 1) 10:00 Yoga w/ Kathy (SDR) 10:45 Blackjack (AUD) 1:30 Point Loma Scenic Tour (FD) 1:30 Painting Rocks (SL) 3:00 Quarter Bingo (AUD) 6:00 Cards & Dominoes (LIB)</p>	<p>9:30 Current Events (1 to 1) 10:00 Sit & Stretch (SL) 10:30 Reminiscing 1:30 B I N G O W/Shannon (SDR) 3:00 GG Bucks Auction (AUD)</p>	<p>9:30 Current Events (LIB) 10:15 Yoga W/ Kathy (AUD) 10:30 Chicken Soup for the Soul (SL) 3:00 Peggy's Porch Sing Along (SDR) 6:00 B I N G O W/ Isaiah</p>	<p>9:30 Current Events (1 to 1) 10:00 Chair Tai Chi (SL) 10:30 Mindful Breathing (SL) 1:30 Bible Study (SL) 2:00 Memory Box Decorating (1to1) 3:00 Mobility Wipedown (Pool)</p>	<p>9:30 Walmart Marketplac 10:00 Yoga w/ Joyce (AUD) 10:45 Five Crowns (AUD) 1:30 Dollar Tree Outing 3:00 Name That Tune Happy Hour (AUD)</p>	<p>9:30 Current Events (AUD) 10:45 Self Lead Walk (LIB) 1:30 Black Jack (LIB) 3:00 Afternoon Film "I'll See You in My Dreams" (AUD)</p>

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SL – South Lounge
AUD – Auditorium
SP – South Patio
SDR - South Dining Room
MDR – Main Dining Room
FD – Front Desk
LIB – Library
PDR – Private Dining Room
ADR – All Dining Rooms
Activities are subject to change without notice