














Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p><b>AR2 = Activity Room (2<sup>nd</sup> floor)</b>  <b>DR3 = Dining Room (3<sup>rd</sup> floor)</b>  <b>FD = Front Desk</b>  <b>AF = All Floor</b></p>							
9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Morning Hydration 10:45 Catholic Mass [AR2] 1:30 TV Series w/ Snack and Hydration [AF] 3:00 Puzzles & Trivia	9:00 Morning Hydration <b>9:30 Yoga w. Kathy [AR2]</b> 10:00 Current Events <b>10:30 DIY Bookmark [AR2]</b> 1:30 Blackjack [AR2]  [AR2] 2:45	9:00 Morning Hydration 9:30 Current Events 10:00 Chair Exercise [AR2] <b>10:30 Chilli's Restaurant Outing [FD]</b> 1:30 Trivia Tuesday [AR2] <b>3:00 Art w. Olly [AR2] (Flower Field)</b>	9:00 Morning Hydration 9:30 Current Events <b>10:00 Food Forum [DR3]</b> 1:30 Painting Birdhouses [AR2]  [AR2] 2:45	9:00 Morning Hydration 9:30 Current Events <b>10:00 Yoga w. Olly [AR2]</b> <b>10:30 Nail Spa</b> <b>1:00 Walmart Shopping Outing [FD]</b> 1:00 Movie & Popcorn [AR2] (Easter Sunday) <b>3:30 Jewelry Making [AR2]</b>	9:00 Morning Hydration 9:30 Current Events 10:00 Morning workout [AR2] 10:30 Paint by number [AR2]  [AR2] <b>3:00 Happy Hour [DR3]</b>	9:30 Morning Hydration 10:00 Current Events 10:30 Morning News [AR2] 1:30 Beading & Jewelry Making [AR2] 3:00 Puzzles & Trivias	
9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Morning Hydration 10:45 Catholic Mass [AR2] 1:30 TV Series w/ Snack and Hydration [AF] <b>3:00 Scrabble [AR2]</b> <small>Palm Sunday</small>	9:00 Morning Hydration <b>9:30 Yoga w. Kathy [AR2]</b> 10:00 Current Events <b>10:30 Easter Bunny Lollipops Craft [AR2]</b> 1:30 Unlucky Seven [AR2]  [AR2] 2:45	9:00 Morning Hydration 9:30 Current Events 10:00 Chair Exercise [AR2] 10:30 Trivia Tuesday [AR2] <b>1:30 Winter or Spring Game [AR2]</b> <b>3:00 Art w. Olly [AR2] (Easter Eggs)</b>	9:00 Morning Hydration 9:30 Current Events 10:00 Chair Zumba [AR2] 10:30 Short Stories [AR2] <b>1:30 API Meet UP [AR2]</b> <b>1:30 DIY Paper Bag Easter Basket [AR2]</b>  [AR2] 2:45	<small>Birthday Celebration – Greece</small> 9:30 Current Events <b>11:30 Birthday Celebration [ADR]</b> <b>1:00 Kohl's Shopping Outing [FD]</b> 1:00 Movie & Popcorn [AR2] (The Dog Who Saved Easter) <b>3:30 Jewelry Making [AR2]</b>	9:00 Morning Hydration 9:30 Current Events 10:00 Morning workout [AR2] <b>10:30 Easter Egg decorating [AR2]</b>  w. John Mendoza [DR3] <b>3:00 Happy Hour w. Matthew [DR3]</b>	9:30 Morning Hydration 10:00 Current Events 10:30 Morning News [AR2] <b>11:30 Easter Brunch Celebration [ADR]</b> 1:30 Beading & Jewelry Making [AR2] 3:00 Puzzles & Trivias [AR2]	
<b>Happy Easter Sunday!</b> 9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Morning Hydration 10:45 Catholic Mass [AR2] 1:30 TV Series w/ Snack and Hydration [AF] 3:00 Puzzles & Trivia <small>Easter Sunday</small>	9:00 Morning Hydration <b>9:30 Yoga w. Kathy [AR2]</b> 10:00 Current Events <b>10:30 Paper Plates Flower Craft [AR2]</b> 1:30 Blackjack [AR2]  [AR2] 2:45	9:00 Morning Hydration 9:30 Current Events 10:00 Chair Exercise [AR2] <b>10:30 Picnic @ Harry Griffen Park [FD]</b> 1:30 Trivia Tuesday [AR2] <b>3:00 Gardening Circle [AR2]</b> <small>Earth Day</small>	9:00 Morning Hydration 9:30 Current Events <b>10:00 Resident Council [DR3]</b> <b>1:30 Documentary [AR2] (Wonders of Greece)</b>  [AR2] <small>Administrative Professionals Day</small> 2:45	9:00 Morning Hydration 9:30 Current Events <b>10:00 Yoga w. Olly [AR2]</b> <b>10:30 Nail Spa</b> <b>1:00 Walmart Supermarket Outing [FD]</b> 1:00 Movie & Popcorn [AR2] (Come Sunday) <b>3:30 Jewelry Making [AR2]</b>	9:00 Morning Hydration 9:30 Current Events 10:00 Morning workout [AR2] 10:30 Paint by number [AR2]  [AR2] <b>3:00 Happy Hour w. Sylvia [DR3]</b> <small>Arbor Day</small>	9:30 Morning Hydration 10:00 Current Events 10:30 Morning News [AR2] 1:30 Beading & Jewelry Making [AR2] 3:00 Puzzles & Trivias	
9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Morning Hydration 10:45 Catholic Mass [AR2] 1:30 TV Series w/ Snack and Hydration [AF] 3:00 Puzzles & Trivia	9:00 Morning Hydration <b>9:30 Yoga w. Kathy [AR2]</b> 10:00 Current Events <b>10:30 Fidget Fidos and Felines Craft [AR2]</b> 1:30 Unlucky Seven [AR2]  [AR2] 2:45	9:00 Morning Hydration 9:30 Current Events 10:00 Chair Exercise [AR2] <b>10:30 Wishing Wand Craft [AR2]</b> 1:30 Trivia Tuesday [AR2] <b>3:00 Art w. Olly [AR2] (Spring Landscape)</b>	9:00 Morning Hydration 9:30 Current Events 10:00 Chair Zumba [AR2] 10:30 Short Stories [AR2]  [AR2] <b>3:00 Food for Thought (Ants on a Log)</b>	 <p><b>April 2025</b>  <b>East Building</b>  <small>*Activities are subject to change*</small></p>			