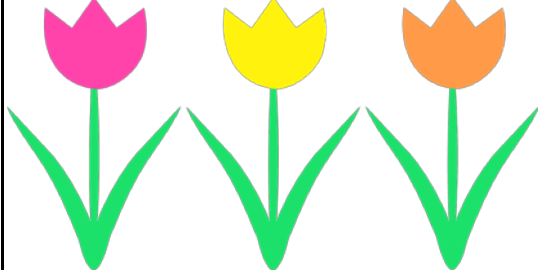


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 SL = South Lounge AUD = Auditorium SP = South Patio SDR = South Dining Room MDR = Main Dining Room FD = Front Desk LIB = Library PDR = Private Dining Room *Activities are subject to change without notice.						
9:00 Shadow Mountain Church Live Stream [SL] 9:00 Friends with God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Cornhole [PL] 3:00 Unlucky Seven [AUD]	9:30 Current Events [1 to 1] 10:00 Yoga w/ Kathy [SDR] 10:45 Blackjack [AUD] 1:30 Coronado Scenic Tour [FD] 1:30 Bloom Bouquet Making for Easter/Spring (SL) 3:00 Quarter Bingo [AUD]	9:30 Current Events (1 to 1) 10:00 Chair Dancing (SL) 10:30 Remember When (SL) 1:30  w/ Shannon (SDR) 3:00 Activity Planning Meeting (SL) 6:00 Chats w/ the E.D. (AUD) <i>All Fools' Day</i>	9:30 Current Events (1 to 1) 10:00 Sit & Stretch (SL) 10:30 Brain Games (SL) 11:00 IHOP Restaurant Outing (FD) 3:00 Peggy's Porch Sing Along (MDR) 6:00  w/Isaiah (AUD)	9:30 Current Events (1 to 1) 10:00 Sit & Get Fit (SL) 10:30 Trivia (SL) 1:30 Bible Study (SL) 1:30 Decorating for Spring 3:00 Activity Planning Meeting (AUD)	9:30 Walmart Marketplace Outing 10:00 Sittercise Video(AUD) 10:45 Five Crowns(AUD) 1:30 Ross Outing 3:00 Piano Happy Hour(AUD)	9:30 Current Events(LIB) 10:00 Donuts & Audio Books(AUD) 10:45 Black Jack(AUD) 1:30 Exercise w/ Joyce(AUD) 3:00 Name That Tune-Chance to Earn GG Bucks!(AUD)
9:00 Shadow Mountain Church Live Stream [SL] 9:00 Friends with God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Cornhole [PL] 3:00 Unlucky Seven [AUD]	9:30 Current Events [1 to 1] 10:00 Yoga w/ Kathy [SDR] 10:45 Blackjack [AUD] 1:30 Coronado Scenic Tour [FD] 1:30 Bloom Bouquet Making for Easter/Spring (SL) 3:00 Quarter Bingo [AUD]	9:30 Current Events (1 to 1) 10:00 Chair Dancing (SL) 10:30 Remember When (SL) 1:30  w/ Shannon (SDR) 3:00 Sunshine Stroll (SDR) 3:00 Trivia-Chance to Earn GG Bucks(AUD)	9:00 Casino Outing(FD) 9:30 Current Events (1 to 1) 10:00 Sit & Stretch(SL) 10:30 Brain Games (SL) 1:30 Nails by Shannon (SL) 3:00 Music & Hydration (SL) 6:00  w/Isaiah (AUD)	9:30 Current Events (1 to 1) 10:00 Food Forum (AUD) 10:00 Sit & Get Fit (SL) 10:30 Trivia (SL) 1:30 Bible Study (SL) 2:00 Resident Visits 3:00 Nail Spa (AUD)	9:30 Frazier Farms Outing 9:30 Current Events(LIB) 10:00 Sittercise(AUD) 10:45 Five Crowns(AUD) 1:30 Trader Joes Outing 3:00 Happy Hour w/DJ (AUD)	9:30 Current Events(LIB) 10:00 Chair Zumba(AUD) 10:45 Art For All Ages(AUD) 1:30 Exercise w/ Joyce(AUD) 3:00 Grey Matters Workshop (Physical Exercise, Cognitive, Stretching)(AUD) <i>Passover Begins</i>
9:00 Shadow Mountain Church Live Stream [SL] 9:00 Friends with God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise Video [AUD] 1:30 Cards & Dominoes [LIB] 3:00 Afternoon Film [AUD] ("Meet the Fockers") <i>Palm Sunday</i>	9:30 Current Events [1 to 1] 10:00 Yoga w/ Kathy [SDR] 10:45 Blackjack [AUD] 1:30 Mt. Soledad Scenic Tour [FD] 1:30 Sock Easter Bunny Craft (SL) 3:00 Quarter Bingo [AUD]	9:30 Current Events (1 to 1) 10:00 Chair Dancing (SL) 10:30 Remember When (SL) 1:30  w/ Shannon (SDR) 3:00 Garden Stroll (SDR) 5:30 Chats w/ Lane. (LIB)	9:30 Current Events (1 to 1) 10:00 Sit & Stretch(SL) 10:00 Resident Council Meeting (AUD) 1:30 Movie w/ Popcorn (SL) 3:00 Peggy's Porch Sing Along (AUD) 6:00  w/Isaiah (AUD)	9:30 Current Events (LIB) 10:00 Yoga w/Kathy (AUD) 11:30 Birthday Celebration (ADR) 1:30 Bible Study (SL) 1:30 Documentary about Easter(AUD) 3:00 Gratitude Coloring (SL)	9:30 Walmart Grossmont Outing 9:30 Current Events(LIB) 10:00 Sittercise Video(AUD) 10:45 Five Crowns 1:30 Dollar Tree Outing 1:30 Easter Egg Game(AUD) 3:00 Easter Happy Hour (AUD)	9:30 Current Events(LIB) 10:00 Sittercise Video(AUD) 11:30 Easter Brunch(MDR) (Easter Raffle, Easter Egg Hunt,Games) 3:00 Easter Documentary(AUD)
9:00 Shadow Mountain Church Live Stream [SL] 9:00 Friends with God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Balloon Volleyball [AUD] 3:00 Unlucky Seven [AUD] <i>Easter Sunday</i>	9:30 Current Events [1 to 1] 10:00 Yoga w/ Kathy [SDR] 10:45 Blackjack [AUD] 1:30 Torrey Pines Scenic Tour [FD] 1:30 Flower Pot Bunnies(SL) 3:00 Quarter Bingo [AUD]	9:30 Current Events (1 to 1) 10:00 Chair Dancing (SL) 10:30 Remember When (SL) 1:30  w/ Shannon (SDR) 3:00 Sunshine Stroll (SL)	9:30 Current Events (1 to 1) 10:00 Sit & Stretch (SL) 10:30 Brain Games (SL) 1:30 Movie w/Popcorn(SL) 3:00 Mobility Wipdown (SDR) 6:00  w/Isaiah (AUD)	9:30 Current Events (1 to 1) 10:00 Sit & Get Fit (SL) 10:30 Trivia (SL) 1:30 Bible Study (SL) 2:00 Resident Visits 3:00 Peaceful Colors (SL) 3:00 Afternoon Film "The Last Laugh" (AUD)	9:30 Target Outing 9:30 Current Events(LIB) 10:00 Sittercise(AUD) 10:45 Five Crowns(AUD) 1:30 Michaels Crafts Outing 3:00 Music Filled Happy Hour (AUD) <i>Arbor Day</i>	9:30 Current Events(LIB) 10:00 Morning Stroll w/ Sommer(Front) 10:45 Black Jack(AUD) 1:30 Exercise w/ Joyce(AUD) 3:00 Name That Tune(AUD)
9:00 Shadow Mountain Church Live Stream [SL] 9:00 Friends with God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 12:30 LDS Church Meeting [AUD] 1:30 Let's Golf [PL] 3:00 Unlucky Seven [AUD]	9:30 Current Events [1 to 1] 10:00 Yoga w/ Kathy [SDR] 10:45 Blackjack [AUD] 1:30 La Jolla Cove Scenic Tour [FD] 1:30 Art Class w/Shannon (SL) 3:00 Quarter Bingo [AUD]	9:30 Current Events (1 to 1) 10:00 Chair Dancing (SL) 10:30 Remember When (SL) 1:30  w/ Shannon (SDR) 3:00 Garden Stroll (SDR) 5:30 Chats W/Lane (LIB)	9:30 Current Events (1 to 1) 10:00 Sit & Stretch (SL) 10:30 Brain Games (SL) 1:30 Movie w/Popcorn (SL) 3:00 Peggy's Porch Sing Along(SL) 6:00  w/Isaiah (AUD)	 April 2025 South Building		