

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>   <div> <h1>May 2025</h1> <h2>East (Memory Care) Building</h2> <p>*Activities are subject to change*</p> </div> </div>						
9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Morning Hydration 10:45 Catholic Mass [AR2] 1:30 TV Series w/ Snack and Hydration [AF] 3:00 Puzzles & Trivia	9:00 Morning Hydration <b>9:30 Yoga w. Kathy [AR2]</b> 10:00 Current Events <b>10:30 DIY Cinco de Mayo Star [AR2]</b> 1:30 Pokeno [AR2] 2:45  Cinco de Mayo [AR2]	9:00 Morning Exercise 9:30 Daily Hydration 10:00 Current Events 10:30 Color Me Happy 1:30  3:00 Painting w. Cassy	9:00 Morning Yoga 9:30 Morning Hydration 10:00 Current Events 10:30 Uno 1:30 Jewelry Making <b>3:00 Mother's Day Flower Painting</b>	9:00 Morning Exercise 9:30 Daily Hydration <b>10:00 Carlsbad Scenic Tour</b>  1:30 3:00 Painting w. Cassy	9:00 Morning Zumba 9:30 Daily Hydration 10:00 Current Events 10:30 Uno 1:30  <b>3:00 Happy Hour w. Emil</b>	9:00 Morning Exercise 9:30 Morning Hydration 10:00 Current Events 10:30 Paint by Number 1:30 Bingo 4:30 Movie & Popcorn
9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Morning Hydration 10:45 Catholic Mass [AR2] 1:30 TV Series w/ Snack and Hydration [AF] 3:00 Puzzles & Trivia <small>Mother's Day National Skilled Nursing Care Week</small>	9:00 Morning Hydration <b>9:30 Yoga w. Kathy [AR2]</b> 10:00 Current Events <b>10:30 Kite Door Decor [AR2]</b> 1:30 Dominoes [AR2] 2:45  [AR2]	9:00 Morning Exercise 9:30 Morning Hydration 10:00 Current Events <b>10:30 Lake Murray Picnic Outing [FD]</b> 1:30 Trivia Tuesday <b>3:00 Arts and Crafts w. Cassy (Bird House Painting)</b>	9:00 Morning Yoga 9:30 Morning Hydration 10:00 Current Events 10:30 Uno 1:30  <b>3:00 Flower pot Painting</b>	9:00 Morning Exercise 9:30 Daily Hydration <b>11:30 Birthday Celebration</b>  1:30 <b>3:00 Painting w. Cassy</b>	9:00 Morning Zumba 9:30 Daily Hydration 10:00 Current Events 10:30 Uno 1:30  <b>3:00 Happy Hour w. Matthew</b>	9:00 Morning Exercise 9:30 Morning Hydration 10:00 Current Events 10:30 Paint by Number 1:30 Bingo 4:30 Movie & Popcorn <small>Armed Forces Day</small>
9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Morning Hydration 10:45 Catholic Mass [AR2] 1:30 TV Series w/ Snack and Hydration [AF] 3:00 Puzzles & Trivia	9:00 Morning Hydration <b>9:30 Yoga w. Kathy [AR2]</b> 10:00 Current Events <b>10:30 Budding Branches and Lavender Craft [AR2]</b> 1:30 Unlucky Seven [AR2] 2:45  Victoria Day (Canada) [AR2]	9:00 Morning Exercise 9:30 Morning Hydration 10:00 Currents Events 10:30 Color me Happy 1:30 Trivia Tuesday 3:00 Arts and Crafts w. Cassy	9:00 Morning Yoga 9:30 Daily Hydration 10:00 Current Events 10:30 Uno <b>1:30 Nail spa</b> 3:00 Painting w. Cassy	9:00 Morning Exercise 9:30 Daily Hydration <b>10:00 Mount Soledad Scenic Tour</b>  1:30 <b>3:00 Painting w. Cassy</b>	9:00 Morning Zumba 9:30 Daily Hydration 10:00 Current Events 10:30 Uno 1:30  <b>3:00 Happy Hour w. Silvia</b>	9:00 Morning Exercise 9:30 Morning Hydration 10:00 Current Events 10:30 Paint by Number 1:30 Bingo 4:30 Movie & Popcorn
9:00 Shadow Mountain Church Live Stream [AR2] 9:30 Morning Hydration 10:45 Catholic Mass [AR2] 1:30 TV Series w/ Snack and Hydration [AF] 3:00 Puzzles & Trivia	9:00 Morning Hydration <b>9:30 Yoga w. Kathy [AR2]</b> 10:00 Current Events <b>10:30 Color Me Happy [AR2]</b> 😊 1:30 Blackjack [AR2] 2:45  Memorial Day [AR2]	9:00 Morning Exercise 9:30 Morning hydration 10:00 Current Events <b>10:30 Mission Beach Picnic Outing [FD]</b> 1:30 Trivia Tuesday 3:00 	9:00 Morning Yoga 9:30 Daily Hydration 10:00 Current Events 10:30 Uno 1:30 Jewelry making 3:00 Painting w. Cassy	9:00 Morning Exercise 9:30 Daily Hydration <b>10:00 Balboa Park Scenic Tour</b>  1:30 <b>3:00 Painting w. Cassy</b>	9:00 Morning Zumba 9:30 Daily Hydration 10:00 Current Events 10:30 Uno 1:30  <b>3:00 Happy Hour w. Ben</b>	9:00 Morning Exercise 9:30 Morning Hydration 10:00 Current Events 10:30 Paint by Number 1:30 Bingo 4:30 Movie & Popcorn