

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WAR= West Activity Room WDR= West Dining Room WL= West Lobby AUD= Auditorium LIB= Library FD= Front Desk MDR= Main Dining Room PL= Pool SL= South Lounge SDR= South Dining Room	<div> </div>					
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 12:30 LDS Church Meeting [AUD] 1:30 Let's Golf! [PL] 3:00 Unlucky Seven [AUD]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 1:15 [WAR] 1:30 Sunset Cliffs Scenic Tour [FD] 2:45 Puzzles & Games [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Movie Trivia Tuesday [WAR] 2:45 Activity Planning Meeting [WDR]	9:00 Casino Outing [FD] 9:00 Current Events [1 to1] 9:30 Sittercise [WAR] 10:00 Apples to Apples [WAR] 10:45 Yoga w/ Kathy [WAR] 1:15 Nail Spa w/ Aromatherapy [WAR] 2:45 Movie & Popcorn [WAR] 6:00 Bingo w/ Isaiah [AUD]	9:00 Current Events [1 to1] 9:30 Sittercise [WAR] 10:00 Balloon Volleyball [WAR] 1:15 [WAR] 2:45 Happy Hour [WAR]	9:30 Walmart Marketplace Outing 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Macy's Outing 3:00 Happy Hour	9:30 Current Events(LIB) 10:00 Donuts and Music(AUD) 10:45 Black Jack(AUD) 1:30 Self Led Walk 5:00 Evening Film(AUD)
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Balloon Volleyball [AUD] 3:00 Unlucky Seven [AUD]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 1:15 Loteria [WAR] 1:30 Old Town Scenic Tour [FD] 2:45 Puzzles & Games [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Name That Tune [WAR] 2:45 Garden Stroll	9:00 Current Events [1 to1] 9:30 Timken Museum of Art Outing [FD] 10:00 Resident Council Meeting [WDR] 10:45 Yoga w/ Kathy [WAR] 1:30 Afternoon Smoothies and Smooth Jazz [AUD] 2:45 Documentary & Popcorn [WAR] 6:00 Bingo w/ Isaiah [AUD]	9:00 Current Events [WL] 9:30 Yoga w/ Kathy [WAR] 11:30 Birthday Celebration [ADR] 2:30 [WAR]	9:30 Target Outing 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Barnes & Noble Outing 3:00 Spring Into Happy Hour(Pool)	9:30 Current Events(LIB) 10:00 Sittercise Video(AUD) 10:45 Art for All Ages(AUD) 1:30 Name That Tune(Chance to Win GG Bucks)(AUD) 3:00 Water Pilates(Pool)
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Documentary [SL] 3:00 Unlucky Seven [AUD]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 1:15 [WAR] 1:30 Alpine Scenic Tour [FD] 2:45 Puzzles & Games [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Trivia Ball Toss [WAR] 2:45 Garden Stroll	9:00 Current Events [1 to1] 9:30 Sittercise [WAR] 10:00 Apples to Apples [WAR] 10:45 Yoga w/ Kathy [WAR] 1:15 Nail Spa w/ Aromatherapy [WAR] 2:45 Musical & Popcorn [WAR] 6:00 Bingo w/ Isaiah [AUD]	9:00 Current Events [1 to1] 9:30 Yoga w/ Kathy [WAR] 10:00 Balloon Volleyball [WAR] 1:30 Improv w/ Olivia & Sommer [AUD] 2:45 Happy Hour [WAR]	9:30 Walmart Grossmont Outing 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Hobby Lobby Outing 3:00 Happy Hour	9:30 Current Events(LIB) 10:00 Sittercise Video(AUD) 10:45 Black Jack(AUD) 1:30 Name That Tune(AUD) 3:00 Physical, Cognitive, Movement Class with Todd(AUD)
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Color Me Happy [SL] 3:00 Unlucky Seven [AUD]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 1:15 Loteria [WAR] 1:30 Blossom Valley Scenic Tour [FD] 2:45 Puzzles & Games [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:30 Bingo w/ Shannon [SDR] 3:00 GG Bucks Auction [AUD]	9:00 Current Events [1 to1] 9:30 Sittercise [WAR] 10:00 Apples to Apples [WAR] 10:45 Yoga w/ Kathy [WAR] 11:00 Olive Garden Outing 1:15 Mobility Wipe Down [WAR] 2:45 Movie & Popcorn [WAR] 6:00 Bingo w/ Isaiah [AUD]	9:00 Current Events [1 to1] 9:30 Yoga w/ Kathy [WAR] 10:00 Balloon Volleyball [WAR] 1:15 [WAR] 2:45 Happy Hour [WAR]	9:30 Burlington Outing 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Frazier Farms Outing 3:00 Happy Hour	9:30 Current Events(LIB) 10:00 Chair Zumba(AUD) 10:45 Black Jack(AUD) 1:30 Rock Painting Craft(AUD) 3:00 Water Pilates(Pool)