Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	_	9:00 Morning Exercise 3	9:00 Morning Yoga	9:00 Morning Zumba 5	-	9:00 Morning Zumba 7
9:00 Shadow Mountain Church Live Stream [AR2]	9:30 Yoga w. Kathy [AR2]	9:30 Daily Hydration	9:30 Morning Hydration	9:30 Daily Hydration	9:30 Daily Hydration	9:30 Morning Hydration
9:30 Morning Hydration	10:00 Current Events	10:00 Current Events	10:00 Current Events	10:00 Surf Beach Scenic	10:00 Current Events	10:00 Current Events
10:45 Catholic Mass [AR2]	10:30 Color Me Happy 😊	10:30 UNO		Tour	10:30 Uno	10:30 Color me Happy 😊
1:30 TV Series [AR2]	[AR2] 1:30 Pokeno [AR2]		10:30 Color Me Happy	1:30 Trivia Thursday	1:30 Canucia	
3:00 Puzzles & Trivia	a -	1:30	1:30 Nail & Spa	•	3:00 Happy Hour w. Root	1:30
Shavuot begins	2:45 (AR2)	3:00 Trivia Tuesday	3:00 Painting w. Cassy	3:00	Beer Floats	3:00 Movie & Poncorn
19.00 Shadow Mountain		,	9:00 Morning Yoga 11	9:00 Morning Exercise 12		9:00 Morning Zumba 14
Church Live Stream [AR2]	9:30 Yoga w. Kathy [AR2] 10:00 Current Events	9:30 Morning Hydration	9:30 Morning Hydration	9:30 Daily Hydration		9:30 Morning Hydration 10:00 Current Events
9:30 Morning Hydration	10:30 DIY Father's Day	10:00 Current Events 10:30 Lake Murray Picnic	10:00 Current Events	10:00 Scenic Tour	10:00 Current Events 10:30 Uno	11:30 Father's Day
	Greeting Card [AR2]	Outing [FD]	10:30 Puzzles with Cassy	1:30	10.00 0110	Celebration
10:45 Catholic Mass [AR2]	1:30 Dominoes [AR2]	1:30	1:30 Jewelry Making		1:30 Caqueria	
1:30 TV Series [AR2]	2:45 [AR2]	1:30 3:00 Trivia Tuesday	3:00 Ball Fishing	3:00 Strawberries	3:00 Happy Hour w/ Peter	1:30 Pancorn
3.00 Puzzies & Tiivia		,		Shortcake w. Cassy	Seltzer [DR3]	3:00 Movie & Popcorn
5.00 Oriadow Modritain	0.00 // // //			Birthday Celebration – Aruba 9:00 Morning Exercise	o oo Da'l III laadaa	9:00 Morning Zumba 21
Church Live Stream [AR2]	9:30 Yoga w. Kathy [AR2] 10:00 Current Events	9:30 Daily Hydration	9:30 Morning Hydration	9:30 Daily Hydration	9:30 Daily Hydration 10:00 Current Events	9:30 Morning Hydration
9:30 Morning Hydration 10:45 Catholic Mass [AR2]	10:30 Paper Party Gnomes	10:00 Current Events	10:00 Current Events	11:30 Birthday Celebration	10:30 Uno	10:00 Current Events
1:30 TV Series [AR2]	[AR2]	10:30 UNO	10:30 Color Me Happy	1:30 Celebrating Juneteenth!	all the second	10:30 Color me Happy 😊
3:00 Doughnuts & Dads	1:30 Unlucky Seven [AR2]	1:30	1:30 Nail & Spa	Documentary [AR2] (Juneteenth: 1865-2021)	1:30	1:30
[AR2]	2:45 [AR2]		3:00 Painting w. Cassy	3:00 Juneteenth	3:00 Happy Hour w. Matthew [DR3] Summer Begins	
Father's Day	• •	3:00 Trivia Tuesday	•			3:00 Movie & Popcorn 9:00 Morning Exercise 28
9:00 Shadow Mountain	9.30 Yoga w Kathy [AR2]	9:00 Morning Exercise				
Church Live Stream [AR2]	10:00 Current Events	9:30 Morning hydration 10:00 Current Events	9:30 Morning Hydration	9:00 San Diego County Fair Outing [FD]	10:00 Current Events	9:30 Morning Hydration
9:30 Morning Hydration	10:30 Woodland Mushroom Centerpiece	10:30 Balboa Park	10:00 Current Events	9:30 Morning Zumba	10:30 Uno	10:00 Current Events
10:45 Catholic Mass [AR2]	[AR2]	Picnic Outing [FD]	10:30 Puzzles with Cassy	10:00 Daily Hydration	1:30	10:30 Color me Happy 😊
1:20 TV Carina [AD2]	1:30 Blackjack [AR2]	1:30	1:30 Jewelry Making	1:00 Puzzles & Trivia [AR2]	3:00 Happy Hour w. Sylvia	1:30
3:00 Puzzles & Trivia	2:45 [AR2]	3:00 Flower Pot Painting	3:00 Ball Fishing	3:00 Trivia Thursday	IDDAI	
0.00 T dZZICS & TTIVIA		AR2 = Activity Room (2 nd floor			[Land	3:00 Movie & Popcorn
	9:30 Yoga w. Kathy [AR2]	DR3 = Dining Room (3rd floor)				THE W
Charch Live Stream [AR2]	10:00 Current Events	FD = Front Desk AF = All Floor AR1 = Activit	y Room (1 st floor)			
9:30 Morning Hydration	10:30 Color Me Happy 😊	AR4 = Activity Room (4th floor		OND.		
10:45 Catholic Mass [AR2]	[AR2]	41		WW L		
1:30 TV Series [AR2]	1:30 UNO [AR2]	GAD	East (M	emory Care)	Building	0
3:00 Puzzles & Trivia	2:45 [AR2]	VIII VIII VIII VIII VIII VIII VIII VII		ctivities are subject to char		