

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 12:30 LDS Church Meeting [AUD] 1:30 Cards & Dominoes [LIB] 3:00 Unlucky Seven [AUD] <small>Shavuot Begins</small>	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Garden Stroll 1:15 Bingo! [WAR] 1:30 Mt. Soledad Scenic Tour [FD] 2:45 Apples to Apples [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Beads & Things [WAR] 2:45 Activity Planning Meeting [WAR]	9:00 Casino Outing [FD] 9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 UNO [WAR] 10:45 Yoga w/ Kathy [WAR] 1:15 Skip- Bo [WAR] 2:45 Classic Movie & Popcorn [WAR] 6:00 Bingo Night! [AUD]	9:00 Current Events [1 to 1] 9:30 Yoga w/ Kathy [WAR] 10:00 Balloon Volleyball [WAR] 1:15 Bingo! [WAR] 2:45 Happy Hour w/ Peggy's Porch Sing Along [WDR]	9:30 Walmart Marketplace Outing 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Trader Joes Outing 3:00 Happy Hour	9:30 Current Events(LIB) 10:00 Donuts and Music(AUD) 10:45 Sittercise Video(AUD) 1:30 Black Jack(AUD) 3:00 Name That Tune(AUD) 5:00 Evening Film
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Cards & Dominoes [LIB] 3:00 Unlucky Seven [AUD]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Garden Stroll 1:15 Loteria! [WAR] 1:30 Balboa Park Scenic Tour [FD] 2:45 Apples to Apples [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Centerpiece Making for Father's Day [WAR] 2:45 Nails by Olivia [WAR]	9:00 Current Events [1 to 1] 10:00 Resident Council Meeting [WDR] 10:45 Yoga w/ Kathy [WAR] 11:00 Lake Murray Picnic Outing [FD] 1:30 Name That Tune w/ Treats [AUD] 2:45 Classic Movie & Popcorn [WAR] 6:00 Bingo Night! [AUD]	9:00 Current Events [1 to 1] 9:30 Yoga w/ Kathy [WAR] 10:00 Balloon Volleyball [WAR] 1:15 Bingo! [WAR] 2:45 Happy Hour [WAR]	9:30 Dollar Tree Outing 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 ALDI Grocery Outing 3:00 Happy Hour	9:30 Current Events(LIB) 10:00 Chair Zumba (AUD) 11:30- 1:30 Sizzle & Sip with Dad Luncheon(ADR) 1:30 Flag Decorating Activity & Pledge of Allegiance(AUD) 3:00 Water Pilates(Pool)
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Cards & Dominoes [LIB] 3:00 Unlucky Seven [AUD] <small>Father's Day</small>	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Garden Stroll 1:15 Bingo! [WAR] 1:30 Coronado Scenic Tour [FD] 2:45 Apples to Apples [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Beads & Things [WAR] 2:45 Documentary & Popcorn [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 UNO [WAR] 10:45 Yoga w/ Kathy [WAR] 11:00 IHOP Outing [FD] 1:15 Ice Cream Sundae Bar w/ Music [WAR] 6:00 Bingo Night! [AUD]	9:00 Current Events [WL] 9:30 Yoga w/ Kathy [WAR] 11:30- 1:30 Birthday Celebration [MDR] 2:45 Bingo! [WAR] <small>Juneteenth</small>	9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 3:00 Happy Hour <small>Summer Begins</small>	9:30 Current Events(LIB) 10:00 Sittercise Video(AUD) 10:45 Art for All Ages(AUD) 1:30 Name That Tune(AUD) 3:00 Water Pilates(Pool)
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Cards & Dominoes [LIB] 3:00 Unlucky Seven [AUD]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Garden Stroll 1:15 Loteria! [WAR] 1:30 Mission Trails Scenic Tour [FD] 2:45 Apples to Apples [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Flower Arrangements [WAR] 2:45 Nails by Olivia [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 UNO [WAR] 10:45 Yoga w/ Kathy [WAR] 1:15 Mobility Wipe Down [WAR] 2:45 Musical & Popcorn [WAR] 6:00 Bingo Night! [AUD]	9:00 Current Events [1 to 1] 9:30 Yoga w/ Kathy [WAR] 10:00 Balloon Volleyball [WAR] 1:15 Bingo! [WAR] 2:45 Happy Hour w/ Peggy's Porch Sing Along [WDR]	9:30 Walmart Grossmont Outing 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Walmart Grossmont Outing 3:00 Happy Hour(AUD)	9:30 Current Events(LIB) 10:00 Chair Zumba(AUD) 10:45 Black Jack(AUD) 1:30 Physical, Cognitive Workshop w/ Todd(AUD) 3:00 Water Pilates(Pool)
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Cards & Dominoes [LIB] 3:00 Unlucky Seven [AUD]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Garden Stroll 1:15 Bingo! [WAR] 1:30 La Jolla Scenic Tour [FD] 2:45 Apples to Apples [WAR]	<div> <div> WAR= West Activity Room WDR= West Dining Room WL= West Lobby AUD= Auditorium LIB= Library FD= Front Desk PL= Pool SL= South Lounge SDR= South Dining Room </div> <div> </div> <div> </div> </div> <div> <h1>June 2025</h1> <h2>West Building</h2> </div>				