| Sunday   | Monday                          | Tuesday                         | Wednesday   | Thursday                        | Friday  | Saturday                              |
|--|---------------------------------|---------------------------------|---|---------------------------------|---|---------------------------------------|
|  | 9:00 Current Events [1 to 1] 2  | 9:00 Current Events [1 to 1] 3  | 9:00 Casino Outing [FD] 4                             | 9:00 Current Events [1 to 1] 5  | 9:30 Walmart Marketplace6                     | 9:30 Current Events(LIB) 7            |
| Livestream [SL]<br>9:00 Friends w/ God [WAR]             | 9:30 Sittercise [WAR]           |                                 | 9:00 Current Events [1 to 1]<br>9:30 Sittercise [WAR] | 9:30 Yoga w/ Kathy [WAR]        | Outing  | 10:00 Donuts and                      |
|  | 10:00 Garden Stroll             |                                 | 10:00 UNO [WAR]                                       | 10:00 Balloon Volleyball [WAR]  |   | Music(AUD)                            |
| 10:30 Sittercise [AUD]                                   | 1:15 Bingo! [WAR]               |                                 | 10:45 Yoga w/ Kathy [WAR]                             | 1:15 Bingo! [WAR]               | Joyce(AUD)                                    | 10:45 Sittercise Video(AUD)           |
| 12:30 LDS Church Meeting [AUD]                           | · ·                             | 2:45 Activity Planning Meeting  | 1:15 Skip- Bo [WAR]<br>2:45 Classic Movie & Popcorn   | 2:45 Happy Hour w/ Peggy's      | 10:45 Five Crowns(AUD)                        | 1:30 Black Jack(AUD)                  |
| 1:30 Cards & Dominoes [LIB]                              | [FD]                            | [WAD]                           | [WAR]   | Porch Sing Along [WDR]          | 1:30 Trader Joes Outing                       | 3:00 Name That Tune(AUD)              |
| 3:00 Unlucky Seven [AUD] Shavuot Begins                  | 2:45 Apples to Apples [WAR]     | [WAIN]                          | 6:00 Bingo Night! [AUD]                               | l oldi ding Along [WDIX]        | 3:00 Happy Hour                               | 5:00 Evening Film                     |
| 9:00 Shadow Mountain Church                              |                                 | 9:00 Current Events [1 to 1] 10 | 9:00 Current Events [1 to 1] <b>11</b>                | 9:00 Current Events [1 to 1] 12 | 9:30 Dollar Tree Outing 13                    | 9:30 Current Events(LIB) 14           |
| 1  | 9:30 Sittercise [WAR]           | 9:30 Sittercise [WAR]           | 10:00 Resident Council Meeting [WDR]                  | · -                             | 9:30 Current Events(LIB)                      | 10:00 Chair Zumba (AUD)               |
|  | 10:00 Garden Stroll             | 10:00 Unlucky Seven [WAR]       | 10:45 Yoga w/ Kathy [WAR]                             | 9:30 Yoga w/ Kathy [WAR]        | 10:00 Exercise w/                             | 11:30- 1:30 Sizzle & Sip with Dad     |
|  | 1:15 Loteria! [WAR]             | 1:15 Centerpiece Making for     | 11:00 Lake Murray Picnic Outing [FD]                  | 10:00 Balloon Volleyball [WAR]  | Joyce(AUD)                                    | Luncheon(ADR)                         |
| 10:30 Sittercise [AUD]                                   | 1:30 Balboa Park Scenic Tour    | · · · · · ·                     | 1:30 Name That Tune w/ Treats                         | 1:15 Bingo! [WAR]               | 10:45 Five Crowns(AUD)                        | 1:30 Flag Decorating Activity &       |
|  |                                 |                                 | [AUD]<br>2:45 Classic Movie & Popcorn                 | 11.13 Billigo: [WAK]            | 1:30 ALDI Grocery Outing                      | Pledge of Allegiance(AUD)             |
| 1:30 Cards & Dominoes [LIB]                              | [FD]                            | 2.45 Nails by Olivia [VVAR]     | [WAR]<br>6:00 Bingo Night! [AUD]                      | 2:45 Happy Hour [WAR]           | 3:00 Happy Hour                               | 3:00 Water <sub>F</sub> ailates(Rool) |
| 3:00 Unlucky Seven [AUD]<br>9:00 Shadow Mountain Church5 | 2:45 Apples to Apples [WAR]     |                                 |   | 9:00 Current Events [WL]        | 9:30 Current Events(LIB) 20                   | Ü , (                                 |
| 15   | 9:30 Sittercise [WAR]           |                                 | 9:30 Sittercise [WAR]                                 |                                 | 10:00 Exercise w/                             |                                       |
| 9:00 Friends w/ God [WAR]                                |                                 |                                 | 10:00 UNO [WAR]                                       | 9:30 Yoga w/ Kathy [WAR]        | Joyce(AUD)                                    | 10:00 Sittercise Video(AUD)           |
| 9:30 Catholic Mass [AUD]                                 | 10:00 Garden Stroll             |                                 | 10:45 Yoga w/ Kathy [WAR]                             | 11:30- 1:30 Birthday            | 10:45 Five Crowns(AUD)                        | 10:45 Art for All Ages(AUD)           |
|  | 1:15 Bingo! [WAR]               | 1:15 Beads & Things [WAR]       | 11:00 IHOP Outing [FD]                                | _                               | 3:00 Happy Hour                               | 1:30 Name That Tune(AUD)              |
| 1:30 Cards & Dominoes [LIB]<br>3:00 Unlucky Seven [AUD]  |                                 | 2. 10 Boodinomary a ropooni     | 1:15 Ice Cream Sundae Bar w/<br>Music [WAR]           | Celebration [MDR]               |   | 3:00 Water Pilates(Pool)              |
| 5.00 Gridoky Geven [NGD]                                 | <i>[FD</i> ]                    | IIWARI                          | 6:00 Bingo Night! [AUD]                               | 2:45 Bingo! [WAR]               |   |                                       |
|  | 2:45 Apples to Apples [WAR]     |                                 |   | Juneteenth                      | Summer Begins                                 |                                       |
| 9:00 Shadow Mountain Churc 22                            | <u>-</u> -                      |                                 |   |                                 | <del></del>                                   | 9:30 Current Events(LIB) 28           |
| Livestream [SL]  | 9:30 Sittercise [WAR]           | 9:30 Sittercise [WAR]           | 9:30 Sittercise [WAR]                                 | 9:30 Yoga w/ Kathy [WAR]        | Outing<br>9:30 Current Events(LIB)            | 10:00 Chair Zumba(AUD)                |
| 9:00 Friends w/ God [WAR]                                | 10:00 Garden Stroll             | 10:00 Unlucky Seven [WAR]       | 10:00 UNO [WAR]                                       | 10:00 Balloon Volleyball [WAR]  | 10:00 Exercise w/                             | 10:45 Black Jack(AUD)                 |
| 9:30 Catholic Mass [AUD]                                 | 1:15 Loteria! [WAR]             | 1:15 Flower Arrangements        | 10:45 Yoga w/ Kathy [WAR]                             | 1:15 Bingo! [WAR]               | Joyce(AUD)                                    | 1:30 Physical, Cognitive              |
| 10:30 Sittercise [AUD]                                   | 1:30 Mission Trails Scenic      | [WAR]                           | 1:15 Mobility Wipe Down [WAR]                         |                                 | 10:45 Five Crowns(AUD) 1:30 Walmart Grossmont | Workshop w/ Todd(AUD)                 |
| 1:30 Cards & Dominoes [LIB}                              | Tour [FD]                       | 2:45 Nails by Olivia [WAR]      | 2:45 Musical & Popcorn [WAR]                          | Porch Sing Along [WDR]          | Outing  |                                       |
| 3:00 Unlucky Seven [AUD]                                 | 2:45 Apples to Apples [WAR]     |                                 | 6:00 Bingo Night! [AUD]                               |                                 | 3:00 Happy Hour(AUD)                          | 3:00 Water Pilates(Pool)              |
| 9:00 Shadow Mountain Churce                              | 9:00 Current Events [1 to 1] 30 | WAR= West Activity Room         |   |                                 |   |                                       |
| Livestream [SL]  | 9:30 Sittercise [WAR]           | WDR= West Labby                 |   |                                 |   | THE AN                                |
| 9:00 Friends w/ God [WAR]                                | 10:00 Garden Stroll             | WL= West Lobby AUD= Auditorium  |   |                                 |   |                                       |
| 9:30 Catholic Mass [AUD]                                 | 1:15 Bingo! [WAR]               | AUD= Auditorium LIB= Library    |   | me 2                            |   |                                       |
| 10:30 Sittercise [AUD]                                   | 1:30 La Jolla Scenic Tour [FD]  | FD= FIUIL Desk                  |   | MW L                            |   |                                       |
| 1:30 Cards & Dominoes [LIB}<br>3:00 Unlucky Seven [AUD]  | 2:45 Apples to Apples [WAR]     | PL= Pool SL= South Lounge       |   | West Buildin                    | g   |                                       |