

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Current Events(LIB) 1 10:00 Sittercise(AUD) 10:45 Phase 10(AUD) 1:30 Pokeno(AUD) 3:00 Jewelry Making (AUD) 5:00 Documentary about 4 th of July(AUD) Canada Day	9:00 Casino Outing(FD) 2 9:30 Current Events(LIB) 10:15 Yoga w/ Kathy(AUD) 10:45 Unlucky Seven(AUD) 11:00 New Resident Luncheon(PDR) 3:00 Peggy's Porch Sing Along(MDR) 6:00 Bingo!	9:30 Current Events(LIB) 3 10:00 Yoga w/ Kathy(AUD) 11:30 Fourth of July Pool Party/BBQ (Pool) 3:00 Fireworks in a Jar Craft(AUD) 5:30-6:30 Ice Cream Social with Live Music to Continue the Fun!(AUD)	9:30 Current Events 4 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Garden Stroll(FD) 3-4:30 4th of July Happy Hour(AUD) Independence Day (US)	9:30 Current Events(LIB) 5 10:00 Sittercise Video(AUD) 10:45 Coloring Sheets(AUD) 1:30The Movie "Hitman" and Popcorn(AUD) (AUD) 3:00 Water Aerobics w/ Sarah(Pool)
	9:00 Shadow Mountain Church Livestream (SL) 6 9:00 Friends w/God (WAR) 9:30 Catholic Mass (AUD) 10:30 Sittercise (AUD) 12:30 LDS Church Meeting (AUD) 1:30 Cards & Dominoes (LIB) 3:00 Unlucky Seven (AUD)	9:30 Current Events (LIB) 7 10:00 Yoga w/Kathy (SDR) 10:45 Blackjack (AUD) 1:30 Sunset Cliffs Scenic Tour (FD) 1:30 Patriotic Door Hangers (SL) 3:00 Quarter Bingo (AUD)	9:30 Current Events(LIB) 8 10:00 Sittercise(AUD) 10:45 Phase 10(AUD) 1:30 Pokeno(AUD) 3:00 Cookie Decorating(AUD) 5:00 Movie & Popcorn	9:30 Current Events(LIB) 9 10:15 Yoga w/ Kathy(AUD) 10:45 Unlucky Seven 11:00 Anthony's Prime Steak & Seafood Outing 1:30 Nail Spa(AUD) 3:00 Documentary 6:00 Bingo!(AUD)	9:30 Current Events(LIB) 10 10:00 Food Forum(AUD) 10:45 Black Jack(AUD) 1:30 Jazz Filled Afternoon(AUD) 1:30 Activity Planning Meeting(AUD) 3:00 Performance by Sylvia(AUD)	9:30 Walmart Grossmont Outing 11 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Walmart Grossmont Outing 3:00 Happy Hour(AUD)
	9:00 Shadow Mountain Church Livestream (SL) 13 9:00 Friends w/God (WAR) 9:30 Catholic Mass (AUD) 10:30 Sittercise (AUD) 1:30 Cards & Dominoes (LIB) 3:00 Unlucky Seven (AUD)	9:30 Current Events (LIB) 14 10:00 Yoga w/Kathy (SDR) 10:45 Blackjack (AUD) 1:30 Alpine Scenic Tour (FD) 1:30 1:30 Nail Spa (SL) 3:00 Quarter Bingo (AUD)	9:30 Current Events(LIB) 15 10:00 Sittercise(AUD) 10:45 Phase 10(AUD) 1:30 Pokeno(AUD) 3:00 Popsicles & Tunes Social(AUD) 5:00 Ocean Documentary(AUD)	9:30 Current Events(LIB) 16 10:15 Yoga w/ Kathy(AUD) 10:45 Unlucky Seven(AUD) 10:45 Waterfront Park Picnic Outing 1:30 Name That Tune(AUD) 3:00 Nail Spa(AUD) 6:00 Bingo!(AUD)	9:30 Current Events(LIB) 17 10:00 Yoga w/ Kathy(AUD) 11:30 Western Birthday Celebration(MDR) 1:30 Black Jack(AUD) 3:00 "Urban Cowboy" Movie(AUD)	9:30 Walmart Marketplace Outing 18 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Trader Joes Outing 3:00 Happy Hour(Outside by Pool)
	9:00 Shadow Mountain Church Livestream (SL) 20 9:00 Friends w/God (WAR) 9:30 Catholic Mass (AUD) 10:30 Sittercise (AUD) 1:30 Cards & Dominoes (LIB) 3:00 Unlucky Seven (AUD)	9:30 Current Events (LIB) 21 10:00 Yoga w/Kathy (SDR) 10:45 Blackjack (AUD) 1:30Point Loma Scenic Tour (FD) 1:30 Skip Bo 3:00 Quarter Bingo (AUD)	9:30 Current Events(LIB) 22 10:00 Sittercise(AUD) 10:45 Phase 10(AUD) 1:30 Pokeno(AUD) 3:00 Physical, Cognitive Workshop w/ Todd(AUD) 5:00 Movie "Nonnas"	9:30 Current Events(LIB) 23 10:00 Resident Council(AUD) 10:45 Unlucky Seven(AUD) 11:00 Walk Around Gaylord Hotel Outing 3:00 Peggy's Porch Sing Along (SDR) 3:00 Rootbeer Floats(AUD) 6:00 Bingo! (AUD)	9:30 Current Events(LIB) 24 10:00 Yoga w/ Kathy(AUD) 10:45 Black Jack(AUD) 1:30 Name That Tune(AUD) 3:00 Dominoes(AUD) 5:30 Concert in the Gardens(Lawn Behind Pool)	9:30 ALDI Outing 25 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Macy's Outing 3:00 Happy Hour(AUD)
	9:00 Shadow Mountain Church Livestream (SL) 27 9:00 Friends w/God (WAR) 9:30 Catholic Mass (AUD) 10:30 Sittercise (AUD) 1:30 Cards & Dominoes (LIB) 3:00 Unlucky Seven(AUD)	9:30 Current Events (LIB) 28 10:00 Yoga w/Kathy (SDR) 10:45 Blackjack (AUD) 1:30 Scenic Tour (FD) 1:30 1:30 Art Class w/Shannon 3:00 Quarter Bingo(AUD)	9:30 Current Events(LIB) 29 10:00 Sittercise(AUD) 10:45 Phase 10(AUD) 1:30 Pokeno(AUD) 3:00 Nail Spa(AUD) 5:00 Planet Earth Documentary(AUD)	9:30 Current Events(LIB) 30 10:15 Yoga w/ Kathy(AUD) 10:45 Unlucky Seven(AUD) 1:30 Physical, Cognitive Workshop w/ Todd(AUD) 3:00 Peggy's Porch Sing Along 6:00 Bingo!(AUD)	9:30 Current Events(LIB) 31 10:00 Yoga w/ Kathy(AUD) 10:45 Black Jack(AUD) 1:30 Coloring Pages(AUD) 3:00 Performance by Sylvia(AUD)	

Type the name, address, and other information about your community/company here.