

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Bend & Stretch 1 10:30 This Day in History 11:00 Balloon Volleyball 1:15 Comfort Cart Visits 3:00 UNO Cards 4:00 Library Strolls Canada Day	10:00 Chair Tai Chi 2 10:30 Fit Minds 11:00 Pretty Nails 2:00 BINGO 3:00 Water Painting 4:00 One-on-One Visits	11:00 4 th of July Pool Party & BBQ (Pool) 3:00 Fireworks in a Jar (AUD) & on YouTube 6:00 Popsicles and Ice cream social, with Live Music in the Gardens (AL/AUD) 3	9:00 Sunshine, Smile & greet your neighbor 4 10:00 Daily Journal 11:00 Yahtzee! 2:00 Puzzle Time 3:00 4 th of July Happy Hour (AUD) Independence Day (US)	9:00 Morning News 5 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories
9:30 Catholic Mass – 6 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic	10:15 Daily Chronicle 7 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Genealogy Club 3:00 Gone Fishing 6:00 Walk & StROLL	10:00 Bend & Stretch 8 10:30 This Day in History 11:00 Beachball & Parachute 1:15 Comfort Cart Visits 3:00 Card Sharks 4:00 Library Strolls	9:30 Scenic Bus Ride 9 10:00 Price Is Right 11:00 Fit Minds 2:00 BINGO 3:00 Resident Council 4:00 One-on-One Visits	9:00 Good Morning Visits 10 10:00 Natures Wonders 10:30 Blockbuster Movie 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Dominoes	9:00 Sunshine Circle or Strolls 11 10:00 Stretch & Smile 11:00 What's New, News 2:00 Game On! 3:00 Happy Hour (AUD) 4:00 What's in the Box?	9:00 Morning News 12 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories
9:30 Catholic Mass – 13 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic	10:15 Daily Chronicle 14 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 BINGO 3:00 Book Club: Harry Potter 6:00 Walk & StROLL	10:00 Bend & Stretch 15 10:30 This Day in History 11:00 Balloon Volleyball 1:15 Comfort Cart Visits 3:00 Giant Connect 4 & Checkers 4:00 Library Strolls	10:00 Chair Zumba 16 10:30 Fit Minds 11:00 Pretty Nails 2:00 Armchair Travel: Texas 3:00 Sand Castle Builders 4:00 One-on-One Visits	10:00 Price Is Right 17 11:00 Mindful Moves <i>12:30 Resident Birthday Celebration & New Residents Luncheon</i> 2:00 Hollywood Classics 3:00 Computer Lab/ Tablet Time	9:00 Sunshine Circle or Strolls 18 10:00 Stretch & Smile 11:00 Good News 2:00 Knitters Korner 3:00 Happy Hour (AUD) 4:00 Gadgets & Gizmos	9:00 Morning News 19 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories
9:30 Catholic Mass – 20 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic	10:15 Daily Chronicle 21 10:45 Silver Sneakers 11:15 Manicures & Massages 2:00 Magazine Review 3:40 MLB Mondays: Padres vs. Marlins	10:00 Bend & Stretch 22 10:30 This Day in History 11:00 Beachball & Parachute 1:15 Comfort Cart Visits 3:00 Poker/Blackjack 4:00 Library Strolls	9:30 Scenic Bus Ride 23 10:00 Price Is Right 11:00 Fit Minds 2:00 BINGO 3:00 Gentleman's Social: Water Balloon Toss 4:00 One-on-One Visits	9:00 Good Morning Visits 24 10:00 Fitness Fun! 10:30 Movie Magic 2:00 Puzzle Time 2:30 Mindful Moves 3:00 5 Crowns	9:00 Sunshine Circle or Strolls 25 10:00 Stretch & Smile 11:00 What's New, News 2:00 HCC Bingo Store 3:00 Happy Hour (AUD) 4:00 Game On!	9:00 Morning News 26 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre: Feel Good Short Stories
9:30 Catholic Mass – 27 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic	10:15 Daily Chronicle 28 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Reading Club 3:00 Cooking Class: Fried Cheese Pickle Star 6:00 Walk & StROLL	10:00 Bend & Stretch 29 10:30 This Day in History 11:00 Balloon Volleyball 1:15 Comfort Cart Visits 3:00 July & Canada Trivia for Trivia Tuesday 4:00 Library Strolls	10:00 Chair Yoga 30 10:30 Fit Minds 11:00 Pretty Nails 2:00 BINGO 3:00 Family Council Meeting 4:00 One-on-One Visits	9:00 Good Morning Visits 31 10:00 Animal Kingdom 10:30 BIG SCREEN Movie 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Bowling	*One – on – one Activities occur daily and ALL activity programs are subject to change; activities occur as weather permits. *Activity materials for independent use are available in the Activity Closet; Located in the Activity Room. 	