


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:00 Shadow Mountain Church Livestream (SL) 9:00 Friends w/God (WAR) 9:30 Catholic Mass (AUD) 10:30 Sittercise (AUD) 12:30 LDS Church Meeting (AUD) 1:30 Cards & Dominoes (LIB) 3:00 Unlucky Seven (AUD)	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:45 Blackjack [AUD] 1:15 Bingo [WAR] <b>1:30 Sunset Cliffs Scenic Tour [FD]</b> 2:45 Apples to Apples [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Nails by Olivia [WAR] 2:45 Skip- Bo [WAR]	<b>9:00 Casino Outing [FD]</b> 9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Phase 10 [WAR] 10:45 Yoga w/ Kathy [WAR] 1:15 Blackjack [WAR] 2:45 Afternoon Film ("Top Gun") [WAR] 6:00 Bingo Night! [AUD]	9:00 Current Events [1 to 1] 9:30 Yoga w/ Kathy [WAR] 10:00 Balloon Volleyball [WAR] 1:15 Bingo! [WAR] 2:45 Happy Hour [WAR]	9:30 Current Events (LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) <b>3-4:30 Fourth of July Pool Happy Hour(FD)</b> <small>Independence Day (US)</small>	9:30 Current Events(LIB) 10:00 Sittercise Video(AUD) 10:45 Coloring Sheets(AUD) 1:30 The Movie "Hitman" and Popcorn(AUD) 3:00 Water Aerobics w/ Sarah(Pool)
9:00 Shadow Mountain Church Livestream (SL) 9:00 Friends w/God (WAR) 9:30 Catholic Mass (AUD) 10:30 Sittercise (AUD) 12:30 LDS Church Meeting (AUD) 1:30 Cards & Dominoes (LIB) 3:00 Unlucky Seven (AUD)	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:45 Blackjack [AUD] 1:15 Bingo [WAR] <b>1:30 Sunset Cliffs Scenic Tour [FD]</b> 2:45 Apples to Apples [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Nails by Olivia [WAR] 2:45 Skip- Bo [WAR]	9:00 Current Events [1 to 1] <b>10:00 Resident Council Meeting [WDR]</b> 10:45 Yoga w/ Kathy [WAR] <b>11:00 Anthony's Prime Seafood &amp; Steak Outing [FD]</b> 1:15 Phase 10 [WAR] 2:45 Afternoon Musical ("Cats") [WAR] 6:00 Bingo Night! [AUD]	9:00 Current Events [1 to 1] 9:30 Yoga w/ Kathy [WAR] 10:00 Balloon Volleyball [WAR] 1:15 Bingo! [WAR] 2:45 Happy Hour [WAR]	<b>9:30 Walmart Grossmont Outing</b> 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) <b>1:30 Walmart Grossmont</b> 3:00 Happy Hour	9:30 Current Events(LIB) 10:00 Sittercise(AUD) 10:45 Left/Right/Center Game(AUD) 1:30 Garden Stroll(FD) 3:00 Water Aerobics w/ Sarah(Pool)
9:00 Shadow Mountain Church Livestream (SL) 9:00 Friends w/God (WAR) 9:30 Catholic Mass (AUD) 10:30 Sittercise (AUD) 1:30 Cards & Dominoes (LIB) 3:00 Unlucky Seven (AUD)	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:45 Blackjack [AUD] 1:15 Bingo [WAR] <b>1:30 Alpine Scenic Tour [FD]</b> 2:45 Apples to Apples [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Beads & Things [WAR] 2:45 Skip- Bo [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Phase 10 [WAR] 10:45 Yoga w/ Kathy [WAR] <b>10:45 Waterfront Park Picnic [FD]</b> 1:15 Blackjack [WAR] 2:45 Afternoon Western Film ("Urban Cowboy") [WAR] 6:00 Bingo Night! [WAR]	9:00 Current Events [WL] 9:30 Yoga w/ Kathy [WAR] <b>11:30 Western Birthday Celebration! [MDR]</b> 2:45 Bingo! [WAR]	<b>9:30 Walmart Marketplace Outing</b> 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) <b>1:30 Trader Joes Outing</b> 3:00 Happy Hour(Outside by Pool)	9:30 Current Events(LIB) 10:00 Chair Zumba(AUD) 10:45 Summer Craft(AUD) 1:30 Name That Tune(AUD) 3:00 Water Aerobics w/ Sarah(Pool)
9:00 Shadow Mountain Church Livestream (SL) 9:00 Friends w/God (WAR) 9:30 Catholic Mass (AUD) 10:30 Sittercise (AUD) 1:30 Cards & Dominoes (LIB) 3:00 Unlucky Seven (AUD)	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:45 Blackjack [AUD] 1:15 Bingo [WAR] <b>1:30 Point Loma Scenic Tour [FD]</b> 2:45 Apples to Apples [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Nails by Olivia [WAR] 2:45 Skip- Bo [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Blackjack [WAR] 10:45 Yoga w/ Kathy [WAR] <b>11:00 Walk Around Gaylord Hotel Outing[FD]</b> 2:45 Afternoon Classic Film ("Swiss Family Robinson") [WAR] 6:00 Bingo Night! [AUD]	9:00 Current Events[1 to 1] 9:40 Yoga W/ Kathy[WAR] 10:00 Balloon Volleyball[WAR] 1:15 Bingo! [WAR] 2:45 Happy Hour[WAR] <b>5:30 Concert in the Gardens[Lawn Behind Pool]</b>	<b>9:30 ALDI Outing</b> 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) <b>1:30 Macy's Outing</b> 3:00 Happy Hour(AUD)	9:30 Current Events(LIB) 10:00 Chair Zumba(AUD) 10:45 Black Jack(AUD) 1:30 Putt Putt(Golf Course) 3:00 Water Aerobics w/ Sarah(Pool)
9:00 Shadow Mountain Church Livestream (SL) 9:00 Friends w/God (WAR) 9:30 Catholic Mass (AUD) 10:30 Sittercise (AUD) 1:30 Cards & Dominoes (LIB) 3:00 Unlucky Seven (AUD)	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:45 Blackjack [AUD] 1:15 Bingo [WAR] <b>1:30 Embarcadero Scenic Tour [FD]</b> 2:45 Apples to Apples [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Unlucky Seven [WAR] 1:15 Beads & Things [WAR] 2:45 Skip- Bo [WAR]	9:00 Current Events [1 to 1] 9:30 Sittercise [WAR] 10:00 Phase 10 [WAR] 10:45 Yoga w/ Kathy [WAR] 1:15 Blackjack [WAR] 2:45 Afternoon Documentary [WAR] ("David Attenborough: Ocean") 6:00 Bingo Night! [AUD]	9:00 Current Events [1 to 1] 9:30 Yoga w/ Kathy [WAR] 10:00 Balloon Volleyball [WAR] 1:15 Bingo! [WAR] 2:45 Happy Hour w/ Peggy's Porch Sing Along [WDR]	WAR= West Activity Room WDR= West Dining Room WL= West Lounge AUD= Auditorium MDR= Main Dining Room LIB= Library FD= Front Desk PL= Pool SL= South Lounge SDR= South Dining Room	