

August 2025

Grossmont Gardens

Name of your community | Address | Phone number | Other information



Meet The Team of **Directors**

Reggie Jones
Executive Director

Lane Hermosillo
Assistant Executive
Director

Gemma Espinoza
Community Relations
Director

Ruth Davalos
Business Office
Manager

Janett Medrano
Food
Services Director

Olamide Obesasan
East Activity Director

Sommer Martin
Gardens, South, West
Activity Director

Marsha Terrell
Maintenance Director


Resident of the Month



Gordon Martin

Dr. Gordon Martin is in our spotlight this month for a very special reason. On August 22nd, he turns 100 years old! This is a major milestone and definitely something worth celebrating, especially since Gordon is a very important asset to Grossmont Gardens. He is very involved with the activities program, and says his favorite game is Phase 10. "I'm crazy about it!" He adds. His gentle spirit and quick wit, as well as his friendly demeanor and upbeat personality are just some of what makes him a wonderful asset to the community. We are blessed to know you, Gordon. Happy pre-100th birthday!

Wine Tasting



Bagged Lunch Provided

Bring Cash or Card

Sign Up at the Front Desk Once August Calendars are Out!

Wednesday, August 20 at 11:00am

**SAN PASQUAL WINERY
IN LA MESA**

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Brigantine Outing

Wednesday, August 13 at 11:00am


Bring Cash or Card

Sign up at the front desk once calendars are out!

Happy hour!

add your text

Every Friday



3:00-4:00PM

Check your calendar for location details

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GROSSMONT GARDENS
PROUDLY PRESENT

HAWAIIAN LUAU BIRTHDAY PARTY

LIVE ENTERTAINMENT, THEMED LUNCH, THEMED DRINKS

THURSDAY, AUGUST 21 AT 11:30AM IN THE MDR

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Concert in the Gardens



Picnic on the Pier



July Birthday Celebration



Lunch at Anthony's

The Timeless Tale of Qixi



On the seventh day of the seventh lunar month, which this year is August 29 on the Western calendar, the Chinese celebrate Qixi —also known as the Double Seventh Festival. It's a holiday born of the myth

of two lovers: Zhinü the weaver maid (a fairy runaway from heaven) and Niulang the cowherd.

Niulang was a kindhearted cowherd who, after losing his parents, lived with his cruel brother and sister-in-law. His sister-in-law demanded that Niulang bring nine cows to pasture and return home with 10. Forlorn, Niulang set off on his impossible task and met an old man who assured him that he could find a sick ox beyond the mountain. After searching for weeks, Niulang finally found the ox, which he restored to health. Imagine Niulang's surprise when he discovered that the ox was actually a supernatural being from heaven. The ox was so thankful that it introduced Niulang to a beautiful fairy. The fairy's name was Zhinü.



Zhinü was the seventh daughter of a goddess. Bored with heaven, she descended to Earth, where she married Niulang. The two were very happy, but when Zhinü's mother discovered that her daughter had married a mortal, she became enraged and returned Zhinü to heaven. With the help of his ox, Niulang chased after his wife. When the goddess

found out, however, she created a huge river between the lovers, separating them forever. Niulang and Zhinü's heartbreak so moved the hearts of all the magpies of the world that the birds created a bridge over the river. On the seventh day of the seventh month, the mother goddess allows Niulang and Zhinü to meet. For this reason, Qixi is considered China's Valentine's Day.

August Birthdays

Virgina Alanis 8/26
Patricia Angle 8/27
Nancy Bateman 8/31
Barbara Boren 8/08
Susan Brennan 8/05
Don Brown 8/31
Alan Conner 8/13
Dave Eiser 8/04
Brooke Jacobs 8/27
Diana Larsen 8/30
Nancy Lewis 8/22
Thomas Walter 8/12
Judy Scoma 8/12
Kathy Preecha 8/11
Bob Perin 8/20
Christopher Olafson 8/04
Lillian Nichols 8/07
Irene Newton 8/18
Nadia Naffa 8/22
Gordon Martin 8/22



Heartthrob of the Silent Screen

He was born Rodolfo Alfonso Raffaello Pierre Filibert Guglielmi di Valentina d'Antonguolla, but his devoted fans knew him as Rudolph Valentino. Valentino was one of Hollywood's earliest stars of the silent era. He was tall, dark, and handsome—a perfect on-screen hunk. After dancing a tango in *The Four Horsemen of the Apocalypse*, he became a national sensation. His sudden death on August 23, 1926, threw his legions of fans into hysteria. Some even attempted suicide. A reported 100,000 mourners lined up outside the church where services were held. By train, Valentino's body made its last trip to Hollywood for a final silent goodbye.