

September 2025

# Grossmont Gardens

Grossmont Gardens | 5480 Marengo Ave. La Mesa, CA 91942 | (619) 463-0281



## **Meet The Team of Directors**

***Reggie Jones***  
***Executive Director***

***Lane Hermosillo***  
***Assistant Executive  
Director***

***Gemma Espinoza***  
***Community Relations  
Director***

***Ruth Davalos***  
***Business Office Manager***

***Janett Medrano***  
***Food Services Director***

***Olamide Obesesan***  
***East Activity Director***

***Sommer Martin***  
***Gardens, South, West  
Activity Director***

***Marsha Terrell***  
***Maintenance Director***

## **Resident of the Month**



**Dee Dee Barrios**

Dee Dee is a cherished resident at Grossmont Gardens, where she has lived for the past three years. She especially enjoys spending time with the friendly reception staff and participating in any activity that involves music.

Originally from New Jersey, Dee Dee fondly recalls her younger days of going out dancing with her girlfriends. "I was the life of the party!" she says with a smile.

A former marathon runner, Dee Dee now enjoys staying active by walking around the gardens—a routine she credits for keeping her looking great well into her nineties.

When she wasn't running, Dee Dee worked at Midway. Today, she says she's happy living at Grossmont Gardens and appreciates being surrounded by good company.





## **Mind and Body Boost Fitness Class with Todd**

September 6  
& 27 at  
1:30pm in the  
Auditorium







**Hawaii Birthday Celebration**



**Name That Tune in the Sun**



**Gordon's 100th Birthday Celebration**



**Painting with Dina on the patio**

## Beyond the Browser



Who could have known on September 4, 1998, that the strange term *google* would come to be used in hundreds of languages across the planet? Twenty-seven years after the company's September creation,

Google has become a part of our everyday lives. Google's internet search engine and email are its most well-known tools, but that technology is small potatoes compared to what Google hopes to achieve in the future.

Google began at Stanford University in California. Two PhD students, Larry Page and Sergey Brin, wanted a better way to search for information on the internet. Their mission statement was "to organize the world's information and make it universally accessible and useful." New Google projects hope to do that and so much more.



One Google innovation is the self-driving car, now commercialized through Waymo, an Alphabet company. Waymo vehicles—based on partnerships with Jaguar, Geely, and others—

have driven millions of miles autonomously. Experts argue that these vehicles may soon surpass human drivers in safety and efficiency, especially in controlled urban environments.

In the home, Google has expanded its smart tech through Nest, offering learning thermostats, security systems, and voice-activated controls. You can adjust your lights, start your coffee, or monitor your front door using just your phone or voice.

X, Alphabet's research division, continues to pursue ambitious projects, including drone delivery, wildfire detection, and sustainable energy solutions. Its goal remains the same: to tackle global problems with breakthrough technology that pushes the limits of what's possible.

## September Birthdays

Dale Winter 9/03  
 John Samuel 9/14  
 Philip Crandall 9/19  
 Patricia Bullard 9/22  
 Doris Greeson 9/24  
 Robert Smith 9/25  
 Elizabeth Skelding 9/25  
 Robert Whitesell 9/28  
 Norris Burns 9/28  
 Eleanor Johnson 9/29

## Point Taken

Grammarians rejoice! September 24 is Punctuation Day. If punctuation makes you feel as excited as an exclamation point, then get ready to express your enthusiasm over some rarely used punctuation marks, so obscure that they don't even appear on keyboards.



The *interrobang* looks like a question mark with an exclamation point cut through its heart, and it means "?!". The *exclamation comma* and *question comma* are versions of these marks with a comma below instead of a dot. Why? Because sometimes you want to express excitement or ask a question in the middle of a sentence, not at the end. Three dots forming an upside-down triangle are known as the *because sign*. An *irony mark* looks like a backward question mark and means that the sentence should be read with irony... this sentence not included, of course.