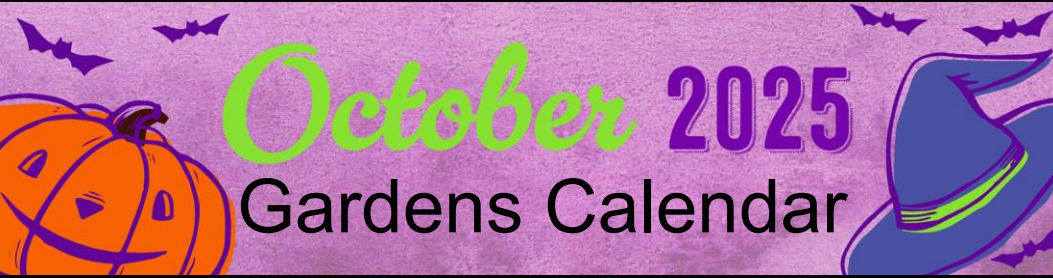


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Cards & Dominoes [LIB] 1:30 Documentary [SL] 3:00 Unlucky Seven [AUD]	9:30 Current Events (LIB) 10:00 Sittercise (AUD) 10:45 Blackjack (AUD) 1:30 Liberty Station Scenic Tour (FD) 1:30 ColorFall (SL) 3:00 Quarter Bingo – Win some quarters & GG Bucks (AUD) Sukkot Begins	9:30 Current Events(LIB) 10:00 Sittercise(AUD) 10:45 Phase 10(AUD) 1:30  W/Shannon 1:30 Pokeno(AUD) 3:00 Nail Spa(AUD) 5:00 Planet Earth Documentary(AUD)	9:00 Casino Outing 9:30 Current Events(LIB) 10:00 Sit & Stretch Fitness(AUD) 11:00 New Resident Luncheon(PDR) 10:45 Unlucky Seven-Win the pot of GG Bucks!(AUD) 1:30 3:00 Peggy's Porch Sing Along(MDR) 6:00  w/ Sommer Yom Kippur Begins	9:30 Current Events(LIB) 10:00 Sittercise(AUD) 10:45 Black Jack(AUD) 1:30 Bible Study(SL) 1:30 Improv Theatre Class(AUD) 3:00 Marilyn Bierer's Celebration of Life [AUD]	9:30 Walmart Marketplace Outing 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Ross Outing 3:00 Karaoke Happy Hour(AUD)	8:00-12 ALZHEIMERS WALK! Come out, show your support and wear PURPLE! 1:30 Left/Right/Center(Win the Pot of GG Bucks!) 3:00 Name That Tune:Musical Memory Game(AUD)
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Cards & Dominoes [LIB] 1:30 Documentary [SL] 3:00 Unlucky Seven [AUD]	9:30 Current Events (1 to 1) 10:00 Sittercise (AUD) 10:00 Sit & Get Fit (SL) 10:45 Blackjack (AUD) 1:30 La Jolla Scenic Tour (FD) 1:30 Skip Bo (SL) 3:00 Quarter Bingo – Win some quarters & GG Bucks (AUD) Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	9:30 Current Events(LIB) 10:00 Sittercise(AUD) 10:45 Phase 10(AUD) 1:30  W/Shannon 1:30 Pokeno(AUD) 3:00 Mobility Wipe Down(PL) Simchat Torah Begins	9:30 Goff Family Pumpkin Patch at Liberty Station Outing 9:30 Current Events 10:00 Resident Council Meeting (AUD) 10:45 Unlucky Seven(AUD) 1:30 Afternoon Stroll(AUD) 3:00 Peggy's Porch Sing Along [AUD] 6:00  w/ Olivia	9:30 Current Events(LIB) 10:00 Sit &Stretch Fitness (AUD) 11:30 Oktoberfest Birthday Celebration 1:30 Left/Right/Center Game(Win the Pot of GG Bucks!(AUD) 3:00 Afternoon Stroll(FD)	9:30 Grossmont Walmart Outing 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Marshalls Outing 3:00 Happy Hour Social(AUD)	9:30 Current Events(LIB) 10:00 Sittercise(AUD) 10:45 Left/Right/Center Game(AUD) 1:30 Pumpkin Painting Craft(AUD) 3:00 Name That Tune: Musical Memory Game(AUD)
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 12:30 LDS Church Meeting [AUD] 1:30 Cards & Dominoes [LIB] 1:30 Documentary [SL] 3:00 Unlucky Seven [AUD]	9:30 Current Events (1 to 1) 10:00 Sittercise (AUD) 10:00 Sit & Get Fit (SL) 10:45 Blackjack (AUD) 1:30 Balboa Park Scenic Tour (FD) 1:30 ColorFall (SL) 3:00 Quarter Bingo – Win some quarters & GG Bucks (AUD)	9:30 Current Events(LIB) 10:00 Sittercise(AUD) 10:45 Phase 10(AUD) 1:30  W/Shannon 1:30 Pokeno(AUD) 3:00 Left/Right/Center(AUD) 5:00 "The King's Speech" Movie(AUD)	9:30 Current Events(LIB) 10:00 Sit & Get Fit(AUD) 10:45 Unlucky Seven(AUD) 10:45 Balboa Park Railroad Museum(Senior Discount \$12) 1:30 Left/Right/Center(AUD) 3:00 Afternoon Stroll w/ Sommer(FD) 6:00  w/ Sommer	9:30 Current Events(LIB) 10:00 Sit & Get Fit(AUD) 10:45 Black Jack(AUD) 1:30 Nail Spa(AUD) 3:00 Name That Tune: Musical Memory Game(AUD) 5:00 Evening Film "Our Souls at Night"(AUD)	United Nations Day! 9:30 Grossmont Walmart Outing 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Trader Joes Outing 6:00 Trunk Or Treat Halloween Party!(Main Parking Lot)	9:30 Current Events(LIB) 10:00 Sittercise(AUD) 10:45 Black Jack(AUD) 1:30 Halloween Cookie Decorating(AUD) 3:00 Mind & Body Boost w/ Todd(AUD)
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Celebration of Lives [AUD] 1:30 Cards & Dominoes [LIB] 2:30 Afternoon Sittercise [AUD] 3:00 Unlucky Seven [AUD]	9:30 Current Events (1 to 1) 10:00 Sittercise (AUD) 10:00 Sit & Get Fit (SL) 10:45 Blackjack (AUD) 1:30 Mission Trails Scenic Tour (FD) 1:30 Skip Bo (SL) 3:00 Quarter Bingo – Win some quarters & GG Bucks (AUD)	9:30 Current Events(LIB) 10:00 Sittercise(AUD) 10:45 Phase 10(AUD) 1:30  W/Shannon 2:00 GG Store [AUD] 5:00 Comedy Movie(AUD)	9:30 Current Events 10:00 Sit & Stretch Fitness(AUD) 10:45 Unlucky Seven(AUD) 1:30 Afternoon Stroll(AUD) 3:00 Peggy's Porch Sing Along [SDR] 6:00  W/Shannon	9:30 Current Events(AUD) 10:00 Sit & Get Fit(AUD) 10:45 Black Jack(AUD) 1:30 Halloween Candy Grams(Make a gram for your friend or a family member!(AUD) 3:00 Halloween Documentary(AUD)	9:30 ALDI Outing 9:30 Current Events(LIB) 10:00 Exercise w/ Joyce(AUD) 10:45 Five Crowns(AUD) 1:30 Frazier Farms Outing 1:30 Halloween Game(AUD) 4:00 Halloween Dinner Party(MDR) Halloween	SL=South Lounge SDR=South Dining Room AUD=Auditorium PDR=Private Dining Room LIB=Library MDR=Main Dining Room FD=Front Desk PL=Pool