

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 HEALTH CARE CENTER						9:00 Morning News 1 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre & Short Stories 🗣️
9:30 Catholic Mass – 2 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic 🐾 Daylight Saving Time Ends	10:15 Daily Chronicle 3 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Genealogy Club 🌳 3:00 November Trivia 6:00 Walk & StROLL	10:00 Bend & Stretch 4 10:30 This Day in History 11:00 Pumpkin Toss 🍂 1:15 Comfort Cart Visits 3:00 Architect Builders 4:00 Library Strolls	10:00 Seated Tai Chi 5 10:30 Fit Minds 11:00 Gentleman's Social 2:00 BINGO 3:00 Pretty Nails 💅 4:00 One-on-One Visits	9:00 Morning Visits 6 10:00 Animal Kingdom 10:30 Blockbuster Movie 2:00 Puzzle Time 🧩 2:30 Mindful Moves 3:00 Dominoes	9:00 Sunshine Circle or Strolls 7 10:00 Stretch & Smile 11:00 Daily Journal 2:00 Karaoke 🎤 3:00 Happy Hour (AUD) 4:00 Game on!	9:00 Morning News 8 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 📰 3:00 Reader Theatre & Short Stories
9:30 Catholic Mass – 9 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 🗣️ 3:45 National Geographic	10:15 Daily Chronicle 10 10:45 Noodle Exercise 11:15 Monday Manicures 2:00 Reading Club 📖 3:00 Carnival Game 🎡 6:00 Walk & StROLL	10:00 Bend & Stretch 11 10:30 This Day in History 11:00 Balloon Volleyball 2:00 Veteran's Pinning ❤️💙 3:00 Giant Connect 4/ Checkers 4:00 Library Strolls Veterans Day Remembrance Day (Canada)	9:30 Scenic Bus Ride 12 10:00 Price Is Right 11:00 Fit Minds 2:00 BINGO 3:00 Resident Council & Activity Planning Meeting ⚖️ 4:00 One-on-One Visits	9:00 Morning Visits 13 10:00 Natures Wonders 10:30 Matinee Movie 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Five Crowns 👑	9:00 Sunshine Circle 14 10:00 Stretch & Smile w/ Mabinty 11:00 Coffee & Company ☕ 2:00 Magazine Review 3:00 Happy Hour (AUD)	9:00 Morning News 15 10:00 Cards & Puzzles 1:30 Afternoon Strolls 🦽 2:00 Current Events w/ Cheryl 3:00 Reader Theatre & Short Stories
9:30 Catholic Mass – 16 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 🎬 3:15 Brain Games 3:45 National Geographic	10:15 Daily Chronicle 17 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Book Club 3:00 Yahtzee! 🎲 5:15 MNF: Dallas at Las Vegas on ABC ⭐	10:00 Bend & Stretch 18 10:30 This Day in History 11:00 Citrus Toss 🍉 1:15 Comfort Cart Visits 3:00 Bowling 🎳 4:00 Library Strolls	10:00 Seated Yoga 19 10:30 Fit Minds 11:00 Armchair Travel: New England 🧳 2:00 BINGO 3:00 Pretty Nails 4:00 One-on-One Visits	10:00 Price Is Right 20 11:00 Mindful Moves 12:30 Resident Birthday Celebration 🎂 2:00 Puzzle Time 3:00 Thankful Thursday, Crafternoon	9:00 Sunshine Circle or Strolls 21 10:00 Stretch & Smile 11:00 Good News! 2:00 HCC Bingo Store 3:00 Happy Hour (AUD) 4:00 Sing A Long 🎵	9:00 Morning News 22 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre & Short Stories
9:30 Catholic Mass – 23 SB + 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic	10:15 Daily Chronicle 24 10:45 Noodle Exercise 11:15 Monday Massages 2:00 Learning ASL 👍 3:00 Cooking Class: Trail mix 🍷 6:00 Walk & StROLL	10:00 Bend & Stretch 25 10:30 This Day in History 11:00 Balloon Volleyball 1:15 Comfort Cart Visits 3:00 Poker/Blackjack ♠️♥️♦️♣️ 4:00 Library Strolls	9:30 Fit Minds 26 10:00 Price Is Right 10:30 Out to Lunch Bunch 🍷 2:00 BINGO 3:00 Pretty Nails 4:00 One-on-One Visits	8:30 Macy's Thanksgiving Day Parade on NBC 🦃 1:00 Lions vs. Packers on Fox 🏈 4:30 Chiefs vs. Cowboys Thanksgiving Day (U.S.)	9:00 Sunshine Circle 28 10:00 Silver Sneakers 11:00 What's New, News 2:00 Knitters Korner 🧶 3:00 Happy Hour (AUD) 4:00 Green thumb Club	9:00 Morning News 29 10:00 Cards & Puzzles 🎲 1:30 Afternoon Strolls 2:00 Current Events w/ Cheryl 3:00 Reader Theatre & Short Stories
9:30 Catholic Mass – 30 SB 10:00 Chapel Service – AUD 🎁 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic	*One – on – one Activities occur daily and ALL activity programs are subject to change; activities occur as weather permits. *Activity materials for independent use are available in the Activity Closet; Located in the Activity Room. *Daylight savings time Ends on November 2, so be sure to "fall back" and set you clocks back one hour before you go to bed on Saturday November 1 st . 😊					