

November 2025

Grossmont Gardens

5480 Marengo Ave. La Mesa, CA 91942 | Phone: 619.463.0281 | Fax: 619.461.4807



Meet the Team of Directors

Chris Neale

Executive Director

Lane Hermosillo

Assistant Executive Director

Ruth Davalos

Resident Accounts Coordinator

Kelly Huynh

Business Office Manager (HR)

Janett Medrano

Food Services Director

Olamide Obasesan

Healthy Lifestyle Director

Bernadette Verdugo

ALW Coordinator/ALW Social Worker

Gemma Espinoza

Sales Director

Anna Navaro

ALW Coordinator

Marsha Terrell

Environmental Services Director

Resident Spotlight



Gerald Ruth McFadden

Born in Washington, Texas, Gerald Ruth McFadden grew up in a lively home with three sisters and one brother. In 1960, she followed her dreams west and made California her new home, where she went on to earn both her Bachelor's and Master's degrees in Education.

It was in California where she also met the love of her life and began a beautiful journey as an educator, wife, and mother.

Gerald dedicated her career to teaching Kindergarten through 3rd grade, and she quickly became known for her heart, her patience, and her joyful spirit in the classroom. Parents adored her and their children did too! Parents often joked that their little ones would cry if they were too sick to go to school, because they didn't want to miss a day with Mrs. McFadden.

Outside the classroom, Gerald loved to keep busy singing, sewing, and cooking. Now, she enjoys retirement, though she still carries the enthusiasm, spark, and energy of a preschool teacher, bright, spirited, and ready to encourage others.



YOU ARE INVITED TO :

BBQ PARTY

**TUESDAY | NOVEMBER 11th |
11:30 - 2:00 PM**

MUSIC * FOOD * DRINKS *

**By the pool area and in the dining
rooms.**

**RSVP TO THE RECEPTIONIST AT:
(619) 463-0281 //
RECEPTION@GROSSMONTGARDENS.COM**

\$15 per guest



Thanksgiving DINNER

Let's eat, drink and be
thankful.

**THUR | NOV 20 |
4:00PM - 6:00PM**

Hosted in all dining rooms

**RSVP to (619) 463-0281
reception@grossmontgardens.com**

\$15 per guest



Grossmont Gardens

RESIDENT COUNCIL

Nov 19th

Nov 19th • 10am

In the Auditorium [AUD]

**Resident councils provide a structured platform
for residents to voice their opinions, suggest
improvements, work on community concerns,
and get to know your neighbors**

Friday Shopping Outing

Reserve your space on the bus with the receptionist asap!

11/7 Walmart Marketplace Shopping @ 9:30am



11/7 Albertsons Shopping Outing 1:30pm



11/14 Walmart Shopping @ 9:30am



11/14 Aldi Shopping Outing @ 1:30pm



11/21 Walmart Marketplace Shopping Outing @ 9:30am



11/21 Target Shopping Outing @ 1:30pm



11/28 Walmart Shopping Outing @ 9:30am



11/28 Macy's Shopping Outing @ 9:30am



Please be sure to be at the front desk **15-20 min** before outing time.

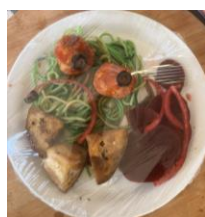
Thank you!

Veteran's Day Picture Day



Why did the apple pie
go to the dentist?
Because it needed
a filling.

Halloween at Grossmont Gardens



Alzheimer's Walk 2025



Grossmont Gardens THANKSGIVING MINI PARADE

Thursday,
November
20

10:00 AM – 12:00 PM
Grossmont Gardens
Parking Lot

Decorate a wagon, walker, or wheelchair
with any creative idea you love!

Sign up at the front desk by November 15
to reserve your spot.

Families and residents are encouraged
to join!



Come out and cheer on our community, even if
you don't have a float.

Snacks, Drinks, Prizes and More!

Community Events

11/3 Silver Strand Scenic Tour
11/5 Casino Outing
11/6 Food Forum
11/7 Walmart Marketplace Outing
11/7 Albertsons Shopping
11/7 Happy Hour w Emil
11/10 Torrey Pines Scenic Tour
11/11 Veteran's Day BBQ
11/12 Mission Bay Picnic Outing
11/13 Birthday Celebration
(Theme: New England)
11/14 Walmart Shopping Outing
11/14 Aldi Shopping Outing
11/14 Happy Hour w. Steve
11/17 Mission Bay Scenic Tour
11/19 Resident Council
11/19 Olive Garden Restaurant Dinner
Outing
11/20 GG Thanksgiving Parade
11/20 Hearing Aids Event
11/20 Thanksgiving Dinner
11/21 Walmart Marketplace Outing
11/21 Target Shopping Outing
11/24 Julian Scenic Tour
11/25 GG Auction
11/26 Café Coyote Restaurant Outing
11/26 Food for Thought (Apple Pie)
11/27 HAPPY THANKSGIVING!
11/28 Walmart Shopping Outing
11/28 Macy's Shopping Outing

November Birthdays!

William Aman 11/3
Mark Harris 11/5
Linda Moser 11/7
Joyce Newell 11/8
Gerald Ruth McFadden 11/10
Steven Specter 11/10
Betty Bereit 11/13
James Bonyng 11/13
Leonard Sussman 11/16
Lawrence Bartuzik 11/17
David Peterson 11/19
Lynn Johnson 11/19
Barbara Wilson 11/20
Dean Rizor 11/20
Elizabeth Dittmer 11/23
Christopher Olafson 11/23
Mary Kuhn 11/24
Victoria Taitano 11/24
Cheryl McConnell 11/25
Pamela Brennan 11/26
Lauretta Crowder 11/26
Rita Sawdy 11/26
Maria Castellanos 11/28

Join us in celebrating our birthday
celebrants on **November 13th at 11:30am**
in all dining rooms for a Luncheon themed
New England!

What's Lucky in November?

Birthstone: Yellow Topaz

Lucky Colors: Brown & Gray

Lucky Animal: Moose

Lucky Letter: G & V

Lucky Day: Thursday

Lucky Plant: Squash