

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  November 2025 East Building Calendar *Activities are subject to change without notice*						
9:00 Shadow Mountain Church Livestream [AR2] 10:00 Sittercise [AR2] 10:45 Catholic Mass [AR2] 1:30 Short Stories [AR2] 3:00 Puzzles & Trivia [AR2] Daylight Saving Time Ends	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Chair Exercise [AR2] 10:30 Reminiscing Rhymes 1:30 UNO [AR2] BINGO! [AR2]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Chair Exercise [AR2] 10:30 Lake Murray Picnic Outing [FD] 1:30 Trivia Tuesday [AR2] 3:00 Unlucky 7 [AR2]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Food Forum [DR3] 1:30 Mobility Wipe Down BINGO! [AR2]	9:30 Current Events [AR2] 10:00 Chair Yoga [AR2] 10:30 Nail Spa [AR2] 1:00 Dollar Tree Shopping Trip [FD] 1:00 Movie & Popcorn [AR2] 3:30 Jewelry Making [AR2]	9:00 Morning Hydration 9:30 Current Events 10:00 Morning workout [AR2] 10:30 Color Me Happy [AR2] 1:30 BINGO! [AR2] 3:00 Happy Hour w. Harrison [DR3]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Morning workout [AR2] 1:00 Beading and Jewelry Making [AR2] 3:00 Arts & Crafts [AR2]
9:00 Shadow Mountain Church Livestream [AR2] 10:00 Sittercise [AR2] 10:45 Catholic Mass [AR2] 1:30 Short Stories [AR2] 3:00 Puzzles & Trivia [AR2]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Chair Exercise [AR2] 10:30 Color Me Happy [AR2] 1:30 Blackjack [AR2] BINGO! [AR2]	9:30 Current Events [AR2] 11:30 Veteran's Day BBQ [DR3/PT] 1:00 UNO [AR2] 3:00 Cory's Craft Corner-Flag Wreath [AR2] Veterans Day Remembrance Day (Canada)	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Morning Stretch [AR2] 10:30 Short Stories [AR2] 1:30 Cory's Craft Corner-Fall Lanterns [AR2] BINGO! [AR2]	Birthday Celebration – New England 9:00 Morning Hydration 9:30 Current Events [AR2] 11:30 Birthday Celebration 1:00 Walmart Shopping Trip [FD] 1:00 Movie & Popcorn [AR2] 3:30 Jewelry Making [AR2]	9:00 Morning Hydration 9:30 Current Events 10:00 Morning workout [AR2] 10:30 Color Me Happy [AR2] 1:30 BINGO! [AR2] 3:00 Happy Hour w. Music [PT]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Morning workout [AR2] 1:00 Beading and Jewelry Making [AR2] 3:00 Arts & Crafts [AR2]
9:00 Shadow Mountain Church Livestream [AR2] 10:00 Sittercise [AR2] 10:45 Catholic Mass [AR2] 1:30 Short Stories [AR2] 3:00 Puzzles & Trivia [AR2]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Chair Exercise [AR2] 10:30 Reminiscing Rymes 1:30 Dominoes [AR2] BINGO! [AR2]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Chair Exercise [AR2] 10:30 Lindo Lake Picnic Outing [FD] 1:30 Trivia Tuesday [AR2] 3:00 Unlucky 7 [AR2]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Morning Stretch [AR2] 10:30 Short Stories [AR2] 1:30 Cory's craft Corner-Coffee Filter Leaves [AR2] BINGO! [AR2]	10:00 GG Thanksgiving Parade 12:30 - 3:30 Hearing Aids Event [AR2] 1:00 Macy's Shopping Trip [FD] 4:00 Thanksgiving Dinner [DR3]	9:00 Morning Hydration 9:30 Current Events 10:00 Morning workout [AR2] 10:30 Color Me Happy [AR2] 1:30 BINGO! [AR2] 3:00 Happy Hour w. Matthew [DR3]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Morning workout [AR2] 1:00 Beading and Jewelry Making [AR2] 3:00 Arts & Crafts [AR2]
9:00 Shadow Mountain Church Livestream [AR2] 10:00 Sittercise [AR2] 10:45 Catholic Mass [AR2] 1:30 Short Stories [AR2] 3:00 Puzzles & Trivia [AR2]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Chair Exercise [AR2] 10:30 Color Me Happy [AR2] 1:30 Dominoes [AR2] BINGO! [AR2]	9:30 Current Events [AR2] 10:00 Chair Exercise [AR2] 10:00 Julian Scenic Tour [FD] 10:30 Movie [AR2] "Nobody's Fool" 1:30 Tech Tuesday [AR2]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Resident Council Meeting [DR3] 1:30 Sittercise [AR2] BINGO! [AR2]	 Thanksgiving Day (U.S.)	9:00 Morning Hydration 9:30 Current Events 10:00 Morning workout [AR2] 10:30 Color Me Happy [AR2] 1:30 BINGO! [AR2] 3:00 Happy Hour w. Sylvia [DR3]	9:00 Morning Hydration 9:30 Current Events [AR2] 10:00 Morning workout [AR2] 1:00 Beading and Jewelry Making [AR2] 3:00 Arts & Crafts [AR2]
9:00 Shadow Mountain Church Livestream [AR2] 10:00 Sittercise [AR2] 10:45 Catholic Mass [AR2] 1:30 Short Stories [AR2] 3:00 Puzzles & Trivia [AR2]	 AR2 = Activity Room (2nd floor) DR3 = Dining Room (3rd floor) FD = Front Desk AF = All Floor AR1 = Activity Room (1st floor) AR4 = Activity Room (4th floor) PT = Patio 					