

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  November 2025 West Building Calendar *Activities are subject to change without notice*						
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 12:30 LDS Church Meeting [AUD] 1:30 Documentary [SL] 3:00 Unlucky Seven [AUD] Daylight Saving Time Ends	9:30 Current Events [LIB] 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] 1:30  [WAR] <u>1:30 Silver Strand Scenic Tour</u> [FD] 3:00 Afternoon Stroll [WL]	9:30 Current Events [WAR] 10:00 Sit & Get Fit [WAR] 10:30 Unlucky Seven [WAR] 1:30 Tech Tuesday [WAR] 3:00 Activity Planning Meeting [WAR]	<u>9:00 Casino Outing</u> 9:30 Current Events [WAR] 10:00 Sittercise [WAR] 11:00 New Resident Luncheon (PDR) 1:30 Blackjack [WAR] 2:45 Afternoon Film ("Nonnas") [WAR] 3:00 Peggy's Porch Sing Along [MDR] 6:00  w/ Oilly! [AUD]	9:30 Current Events <u>10:00 Food Forum</u> [MDR] 10:45 Black Jack [AUD] 1:30 Left/Right/Center Card Game [AUD] 3:00 Art w. Oilly [AUD] 5:00 "Remembering Gene Wilder" Documentary [MT]	<u>9:30 Walmart Marketplace Outing</u> [FD] 9:30 Current Events <u>10:00 Exercise w/ Joyce</u> [AUD] 10:45 Five Crowns [AUD] <u>1:30 Albertsons Shopping Outing</u> [FD] <u>3:00 Happy Hour w. Emil</u> [AUD]	9:30 Current Events 10:00 Morning Stroll 10:45 Arts for all Ages [AUD] 1:30 Blackjack [AUD] 3:00 Pony Bead Corn Craft [AUD]
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Self- Led Sittercise [AUD] 1:30 Cards & Dominoes [LIB] 3:00 Afternoon Film [AUD]	9:30 Morning News [WAR] 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] <u>1:30 Torrey Pines Scenic Tour</u> [FD] 3:00 Quarter Bingo [AUD]	9:30 Current Events [LIB] <u>11:30 Veteran's Day BBQ</u> [MDR] 1:30 Tech Tuesday [WAR] 3:00 Left/ Right/ Center [WAR] Veterans Day Remembrance Day (Canada)	9:00 Morning News [WAR] <u>10:00 Resident Council Meeting</u> [WDR] <u>10:30 Mission Bay Picnic Outing</u> [FD] 1:30 Mobility Wipe Down [PL] 3:00 Nails by Olivia [PL] 6:00  w/ Shannon!	Birthday Celebration – New England 9:30 Current Events 11:30 Birthday Celebration [WDR] 1:30 Bible Study [SL] 3:00 Afternoon Stroll [LIB] 5:00 American Experience Documentary [MT]	<u>9:30 Walmart Shopping Outing</u> [FD] 9:30 Current Events 10:00 Chair Exercise [AUD] 10:45 Five Crowns [AUD] <u>1:30 Aldi Shopping Outing</u> [FD] <u>3:00 Happy Hour w. Steve</u> [AUD]	9:30 Current Events 10:00 Morning Stroll 10:45 Left/Right/Center Game [AUD] <u>1:30 Mind and Body Boost w/ Todd</u> [AUD] 3:00 Name That Tune [PL]
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Documentary [SL] 3:00 Unlucky Seven [AUD]	9:30 Morning News [WAR] 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] 1:30  [WAR] <u>1:30 Mission Bay Scenic Tour</u> 3:00 Afternoon Stroll [WL]	9:30 Current Events [WAR] 10:00 Sit & Get Fit [WAR] 10:30 Unlucky Seven [WAR] 1:30 Tech Tuesday [WAR] 3:00 Thanksgiving Card Making [WAR]	10:00 Sittercise [AUD] 10:45 Unlucky Seven [AUD] 1:30 Blackjack [AUD] 2:45 Documentary [WAR] 3:00 Peggy's Porch Sing Along [AUD] 3:30 Ice Cream Social [PL] <u>4:00 Olive Garden Restaurant Dinner Outing</u> [FD] 6:00  w/ Olivia! [AUD]	<u>10:00 GG Thanksgiving Parade</u> <u>10:00 - 12:00 Hearing Aids Event</u> [AUD] 1:30 Bible Study [SL] 2:00 "Plane Train & Automobile" Movie [MT] 4:00 Thanksgiving Dinner [DR3]	<u>9:30 Walmart Marketplace Outing</u> [FD] 9:30 Current Events <u>10:00 Exercise w/ Joyce</u> [AUD] 10:45 Five Crowns [AUD] <u>1:30 Target Shopping Outing</u> [FD] <u>3:00 Happy Hour w. music</u> [PL]	9:30 Current Events 10:00 Morning Stroll 10:45 UNO! [AUD] 1:30 Turkey Pot Craft [AUD] 3:00 Movie & Popcorn [MT]
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 Documentary [SL] 3:00 Unlucky Seven [AUD]	9:30 Morning News [WAR] 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] 1:30  [WAR] <u>1:30 Julian Scenic Tour</u> [FD] 3:00 Afternoon Stroll [WL]	9:00 Morning News [WAR] 9:30 Sit & Get Fit [WAR] 10:00 Unlucky Seven [WAR] 1:30 Bingo w/ Shannon [SDR] 3:00 GG Auction [AUD]	9:30 Current Events [LIB] 10:00 Sittercise [AUD] 10:45 Unlucky Seven [AUD] <u>11:00 Café Coyote Restaurant Outing</u> [FD] 1:30 Nails by Olivia [WAR] 3:00 Afternoon Film ("A Charlie Brown Thanksgiving") 6:00  w/ Shannon! [AUD]	 Thanksgiving Day (U.S.)	<u>9:30 Walmart Shopping Outing</u> [FD] 9:30 Current Events <u>10:00 Exercise w/ Joyce</u> [AUD] 10:45 Five Crowns [AUD] <u>1:30 Macy's Shopping Outing</u> [FD] <u>3:00 Happy Hour/Ice Cream Social</u> [PL]	9:30 Current Events 10:00 Morning Stroll 10:45 Left/Right/Center Game [AUD] 1:30 Coloring Project [AUD] 3:00 Wii Sports [AUD]
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Celebration of Lives [AUD] 1:30 Cards & Dominoes [LIB] 2:30 Afternoon Sittercise [AUD] 3:00 Unlucky Seven [AUD]	 WAR= West Activity Room WDR= West Dining Room WL= West Lobby AUD= Auditorium LIB= Library FD= Front Desk PL= Pool SL= South Lounge SDR= South Dining Room 					