

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div><div>WAR= West Activity Room WDR= West Dining Room WL= West Lobby AUD= Auditorium LIB= Library MDR= Main Dining Room SL= South Lounge SDR= South Dining Room PL= Pool</div></div>	9:30 Current Events [LIB] 1 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] 1:30 Ocean Beach Scenic Tour [FD]  1:30 [WAR] 3:00 Nature Walk [WAR]	9:30 Daily Chronicle [WAR] 2 10:00 Sit and Get Fit [WAR] 10:30 Unlucky Seven [WAR] 1:30  w/ Shannon [SDR] 3:00 GG Auction [AUD]	9:00 Casino Outing [FD] 3 9:30 Current Events [LIB] 10:00 Sit & Strech [AUD] 10:45 Unlucky Seven [AUD] 1:30 D.I.Y Holiday Ornaments [WAR] 3:00 Afternoon Sittercise [WAR] 6:00 Bingo Night w/ Olly!	9:30 Daily Chronicle [WAR] 4 10:00 Balloon Volleyball [WAR] 10:30 Blackjack [WAR] 1:30  [WAR] 3:00 GG Store Appreciation [MDR]	9:30 Walmart Marketplace Shopping [FD] 5 9:30 Current Events [LIB] 10:00 Exercise w/ Joyce [AUD] 10:45 Five Crowns [AUD] 1:30 Dollar Tree Shopping [FD] 3:00 Happy Hour [AUD]	9:30 Current Events 6 10:00 Morning Stroll 10:45 Left/Right/Center Game [AUD] 1:30 Trees the Wright Way Craft [AUD] 3:00 Movie & Popcorn [MT]	
	9:00 Shadow Mountain Church Livestream [SL] 7 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 12:30 LDS Church Meeting [AUD] 1:30 "Secrets of the Penguins" S1E1 [SL] 3:00 Unlucky Seven [AUD]	9:30 Current Events [LIB] 8 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] 10:30 Cabrillo Monument Scenic Tour [FD]  1:30 [WAR] 3:00 Nature Walk [WAR]	9:30 Daily Chronicle [WAR] 9 10:00 Sit and Get Fit [WAR] 10:30 Unlucky Seven [WAR] 1:30 Name That Holiday Tune [WAR] 3:00 Nails by Olivia [WAR]	9:30 Daily Chronicle [WL] 10 10:00 Resident Council Meeting [WDR] 11:00 Brigantine Restaurant Outing [FD] 1:30 Mobility Wipe Down [PL] 3:00 Candy Cane Grams [WAR] 6:00 Bingo Night w/ Olivia! [AUD]	Birthday Celebration – Mexico 11 9:30 Daily Chronicle [WL] 11:30 Birthday Celebration [ADR]  3:00 [WAR] 5:00 Christmas Light Outing [FD]	12 9:30 Current Events 9:30 Current Events [LIB] 10:00 Exercise w/ Joyce [AUD] 10:45 Five Crowns [AUD] 1:30 Macy's Shopping [FD] 3:00 Happy Hour w. Steve [AUD] 5:00 Christmas Light Outing [FD]	13 9:30 Current Events 10:00 Morning Stroll 10:45 Blackjack [AUD] 1:30 Angelic Craft Stick Ornament [AUD] 3:00 Reminiscing with Music [AUD]
	9:00 Shadow Mountain Church Livestream [SL] 14 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 "Secrets of the Penguins" S1E2 [SL] 3:00 Unlucky Seven [AUD] <small>Hanukkah Begins</small>	9:30 Current Events [LIB] 15 10:00 Sittercise [AUD] 10:45 KidWings Nature School Holiday Visit and Crafting [AUD] 1:30 Romona Scenic Tour [FD]  1:30 [WAR] 3:00 Nature Walk [WAR]	9:30 Daily Chronicle [WAR] 16 10:00 Sit and Get Fit [WAR] 10:30 Unlucky Seven [WAR] 1:30 Tech Tuesday [WAR] 3:00 Peggy's Porch Sing Along [WDR]	17 9:30 Daily Chronicle [WAR] 10:00 Seated Fitness [WAR] 11:00 Liberty Station Picnic Outing [FD] 1:30 Unlucky Seven [AUD] 3:00 Holiday Movie Trivia [WAR] 6:00 Bingo w/ Shannon! [AUD]	18 10:00am – 1:00pm Santa's Workshop [AUD] 4:00 Christmas Dinner [ADR]	19 9:30 Current Events 9:30 Current Events [LIB] 10:00 Exercise w/ Joyce [AUD] 10:45 Five Crowns [AUD] 1:30 Walmart Shopping [FD] 3:00 Happy Hour w. Music [AUD] 5:00 Christmas Light Outing [FD]	20 9:30 Current Events 10:00 Morning Stroll 10:45 Left/Right/Center Game [AUD] 1:30 Mind and Body Boost w/ Todd [AUD] 3:00 Wii Sports [AUD]
	9:00 Shadow Mountain Church Livestream [SL] 21 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:30 "Secrets of the Penguins" S1E3 [SL] 3:00 Unlucky Seven [AUD] <small>Winter Begins</small>	9:30 Current Events [LIB] 22 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] 1:30 Balboa Park Scenic Tour [FD]  1:30 [WAR] 3:00 Nature Walk [WAR]	9:30 Daily Chronicle [WAR] 23 10:00 Sit and Get Fit [WAR] 10:30 Unlucky Seven [WAR] 1:30 Holiday Cookie Decorating [WAR] 3:00 Nails by Olivia [WAR]	24 9:30 Current Events [LIB] 10:00 Sit & Stretch [AUD] 10:45 Unlucky Seven [AUD] 1:30 Blackjack [WAR] 3:00 Afternoon Sittercise [WAR]	25 <div> <small>Christmas</small></div>	26 9:30 CVS Shopping [FD] 9:30 Current Events [LIB] 10:00 Exercise w/ Joyce [AUD] 10:45 Five Crowns [AUD] 1:30 Target Shopping [FD] 3:00 Happy Hour w. Matthew [AUD] <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 9:30 Current Events 10:00 Morning Stroll 10:45 Blackjack [AUD] 1:30 Coloring Project [AUD] 3:00 Reminiscing with Music [AUD]
	9:00 Shadow Mountain Church Livestream [SL] 28 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Celebration of Lives [AUD] 1:30 "Secrets of the Penguins" S1E4 [SL] 2:30 Afternoon Sittercise [AUD] 3:00 Unlucky Seven [AUD]	9:30 Current Events [LIB] 29 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] 1:30 Point Loma Scenic Tour [FD]  1:30 [WAR] 3:00 Nature Walk [WAR]	9:30 Daily Chronicle [WAR] 30 10:00 Sit and Get Fit [WAR] 10:30 Unlucky Seven [WAR] 1:30  w/ Shannon [SDR] 3:00 GG Auction [AUD]	31 9:30 Daily Chronicle [WAR] 10:00 Seated Fitness [WAR] 10:30 Blackjack [WAR] 1:30 Left/ Right/ Center [WAR] 3:00 New Year's Resolution Discussion & Craft [WAR] <small>New Year's Eve</small>	<div></div>		