

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Health Care Center

<p>9:30 Catholic Mass – 4 SB + 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic</p>	<p>10:15 Daily Chronicle 5 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Yahtzee! 🎲 3:00 Book Club 5:00 Walk & StROLL</p>	<p>10:00 Bend & Stretch 6 10:30 This Day in History 11:00 Snowball Toss 2:00 Blackjack ♠️♥️♦️♣️ 3:00 Comfort Cart Visits 4:00 Library Strolls</p>	<p>10:00 Seated Tai Chi 7 10:30 Fit Minds 11:00 Pretty Nails 💅 2:00 BINGO 3:00 Gentleman's Social 4:00 One-on-One Visits</p>	<p>9:00 Morning Visits 1 10:00 Natures Wonders 10:30 Movie on Prime Video 2:00 Puzzle Time 🧩 2:30 Mindful Moves HAPPY NEW YEAR! <small>New Year's Day</small></p>	<p>9:00 Sunshine Circle or 2 Strolls 10:00 Stretch & Smile 11:00 What's New, News 2:00 Game Time! 3:00 Karaoke 🎤 4:00 New Years Resolutions</p>	<p>9:00 Morning News 3 10:00 Cards & Puzzles 1:30 Afternoon Strolls 🚶 2:00 Current Events 3:00 Reader Theatre & Short Stories</p>
<p>9:30 Catholic Mass – 11 SB 10:00 Chapel Service – AUD 🏠 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic</p>	<p>10:15 Daily Chronicle 12 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Tabletop Connect 4 3:00 Reading Club 📖 5:00 Walk & StROLL</p>	<p>10:00 Bend & Stretch 13 10:30 This Day in History 11:00 Balloon Volleyball 2:00 Ice Fishing 🎣 3:00 Comfort Cart Visits 4:00 Library Strolls</p>	<p>9:30 Scenic Bus Ride 14 10:00 Price Is Right 11:00 Fit Minds 2:00 BINGO 3:00 Resident Council & Activity Planning Meeting ⚖️ 4:00 One-on-One Visits</p>	<p>9:00 Morning Visits 15 10:00 Mindful Moves <i>12:30 Resident Birthday Celebration</i> 🎉 2:00 Green Thumb Club 2:30 Puzzle Time 3:00 Matinee Movie</p>	<p>9:00 Sunshine Circle or 16 Strolls 10:00 Stretch & Smile 11:00 Coffee and Company ☕ 2:00 Game Time! 3:00 Sing A Long 4:00 Poker</p>	<p>9:00 Morning News 17 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events 3:00 Reader Theatre & Short Stories 🗣️</p>
<p>9:30 Catholic Mass – 18 SB + 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 🗨️ 3:45 National Geographic</p>	<p>10:15 Daily Chronicle 19 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 January Trivia 3:00 Genealogy Club 🌳 5:00 Walk & StROLL <small>Martin Luther King Jr. Day</small></p>	<p>10:00 Bend & Stretch 20 10:30 This Day in History 11:00 Snowball Toss 🏀 2:00 Uno Cards 3:00 Comfort Cart Visits 4:00 Library Strolls</p>	<p>10:00 Seated Yoga 21 10:30 Fit Minds 11:00 Armchair Travel: Philippines 🇵🇭 2:00 BINGO 3:00 Pretty Nails 4:00 One-on-One Visits</p>	<p>9:00 Morning Visits 22 10:00 Natures Wonders 10:30 BIG Screen Movie 2:00 Puzzle Time 2:30 Mindful Moves 3:00 Bowling 🎳</p>	<p>9:00 Sunshine Circle or 23 Strolls 10:00 Stretch & Smile 11:00 Good News 2:00 Game Time! 3:00 Happy Hour (AUD) 4:00 Computer Lab 💻</p>	<p>9:00 Morning News 24 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events 3:00 Reader Theatre & Short Stories</p>
<p>9:30 Catholic Mass – 25 SB + 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic 🐾</p>	<p>10:15 Daily Chronicle 26 10:45 Noodle Exercise 11:15 Manicures & Massages 2:00 Architect Builders 3:00 Learning ASL 🗣️ 5:00 Walk & StROLL <small>Australia Day (Observed)</small></p>	<p>10:00 Bend & Stretch 27 10:30 This Day in History 11:00 Balloon Volleyball 🎈 2:00 Five Crowns/Checkers 3:00 Comfort Cart Visits 4:00 Library Strolls</p>	<p>9:30 Scenic Bus Ride 🚌 28 10:30 Fit Minds 11:00 Carnival Game 2:00 BINGO 3:00 Pretty Nails 4:00 One-on-One Visits</p>	<p>9:00 Morning Visits 29 10:00 Animal Kingdom 10:30 Hollywood Classics 🎬 2:00 Cooking Class 2:30 Mindful Moves 3:00 Puzzle Time</p>	<p>9:00 Sunshine Circle 30 10:00 Stretch & Smile w/ News report 11:00 Music & Rhythm Band 🎵🎸🎹🎸 2:00 HCC Bingo Store 3:00 Happy Hour (AUD) 4:00 What's in the Bag?</p>	<p>9:00 Morning News 🌞 31 10:00 Cards & Puzzles 1:30 Afternoon Strolls 2:00 Current Events 3:00 Reader Theatre & Short Stories</p>