

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026

## Gardens Calendar



\*Activities are subject to change without notice\*

AUD= Auditorium  
 LIB= Library  
 MDR= Main Dining Room  
 PL= Pool  
 SDR= South Dining Room  
 SL= South Lounge  
 FD = Front Desk

9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] <b>1:30 Board Games Social [AUD]</b> 3:00 Unlucky Seven [AUD] Tu B'Shevat Begins	<b>1</b> 9:30 Current Events 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] <b>1:30 La Jolla Scenic Tour [FD]</b> <b>1:00 Movie &amp; Popcorn [AUD] (Groundhog Day)</b> 3:00 Quarter Bingo [AUD] Groundhog Day	2 9:30 Current Events 10:00 Chair Yoga [AUD] 10:45 Phase 10 [AUD] 1:30 Pokeno [AUD] 3:00 Name That Tune [AUD]	3 9:30 Current Events 10:00 Sit & Stretch [AUD] 10:45 Unlucky Seven [AUD] <b>1:30 Valentine's Day Heart Wreath [AUD]</b> <b>3:00 Peggy's Porch Sing Along [MDR]</b> 6:00  w/ Shannon!	4 9:30 Current Events <b>10:00 Food Forum [AUD]</b> <b>10:45 UNO [AUD]</b> 1:30 Bible Study [SL] <b>1:30 Blackjack [AUD]</b> <b>3:00 Nail Spa [AUD]</b>	5 9:30 Current Events <b>10:00 Walmart Shopping [FD]</b> <b>10:00 Exercise w/ Joyce [AUD]</b> 10:45 Five Crowns [AUD] <b>1:30 Aldi Shopping [FD]</b> <b>3:00 Happy Hour w. Rick [AUD]</b>	6 9:30 Current Events <b>9:30 Walmart Shopping [FD]</b> <b>10:00 Exercise w/ Joyce [AUD]</b> 10:45 Resident Led Unlucky Seven [AUD] <b>1:30 Valentine's Day Jewelry Making [AUD]</b> 3:00 Movie & Popcorn [AUD] ( <i>Mrs. Doubtfire</i> )	7 9:30 Current Events 10:00 Morning Stroll <b>10:45 Resident Led Unlucky Seven [AUD]</b> <b>1:30 Valentine's Day Jewelry Making [AUD]</b> 3:00 Movie & Popcorn [AUD] ( <i>Mrs. Doubtfire</i> )
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] <b>1:30 Board Games Social [AUD]</b> <b>3:30 Superbowl Tailgate [MDR]</b>	<b>8</b> 9:30 Current Events [LIB] 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] <b>1:30 Coronado Scenic Tour [FD]</b> 1:30 Garden Stroll 3:00 Quarter Bingo [AUD]	9 9:30 Current Events 10:00 Chair Yoga [AUD] 10:45 Phase 10 [AUD] 1:30 Pokeno [AUD] <b>3:00 Activity Planning Meeting [AUD]</b>	10 9:30 Current Events 10:00 Chair Yoga [AUD] 10:45 Texas Hold'em [AUD] 1:30 Mobility Wipe Down [PL] <b>3:00 Lollipop Bouquet [AUD]</b> 6:00  w/ Olly!	11 9:30 Current Events 10:00 Chair Zumba [AUD] <b>10:45 Crazy 8's Card Game [AUD]</b> 1:30 Bible Study [SL] <b>1:30 Blackjack [AUD]</b> 3:00 Art Class [AUD] (Sweethearts Candie)	12 9:30 Current Events 10:00 Chair Zumba [AUD] <b>10:45 Crazy 8's Card Game [AUD]</b> 1:30 Bible Study [SL] <b>1:30 Blackjack [AUD]</b> 3:00 Art Class [AUD] (Sweethearts Candie)	13 9:30 Current Events <b>10:00 Exercise w/ Joyce [AUD]</b> <b>11:30 Valentine's Day Celebration [ADR]</b> <b>1:30 CVS Shopping [FD]</b> 3:00 Happy Hour w. Steve [AUD]	14 9:30 Current Events 10:00 Morning Stroll <b>10:45 Love Potion Craft [AUD]</b> <b>1:30 Mind and Body Boost w/ Todd [AUD]</b> 3:00 Movie & Popcorn [AUD] (Valentine's Day) Valentine's Day
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] <b>1:30 Board Games Social [AUD]</b> 3:00 Unlucky Seven [AUD]	<b>15</b> 9:30 Current Events 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] <b>1:30 Cabrillo Nat'l Scenic Tour [FD]</b> 1:30 Scrabble [SL] 3:00 Quarter Bingo [AUD] Presidents' Day (U.S.)	<b>16</b> 9:30 Current Events 10:00 Chair Yoga [AUD] 10:45 Phase 10 [AUD] 1:30 Pokeno [AUD] <b>3:00 Mardi Gras Goodie Bags Craft [AUD]</b> Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	17 9:30 Current Events <b>10:00 Resident Council [AUD]</b> <b>11:00 DZ Akins Outing [FD]</b> 1:30 Documentary [AUD] <b>3:00 Peggy's Porch Sing Along [AUD]</b> 6:00  w/ Olivia!	18 <b>Birthday Celebration – China</b> <b>11:00 DZ Akins Outing [FD]</b> 1:30 Documentary [AUD] <b>3:00 Peggy's Porch Sing Along [AUD]</b> 6:00  w/ Olivia!	19 9:30 Current Events <b>11:30 Birthday Celebration [ADR]</b> 1:30 Bible Study [SL] <b>3:00 Afternoon Exercise [AUD]</b>	20 9:30 Current Events <b>9:30 Walmart Marketplace Shopping [FD]</b> <b>10:00 Exercise w/ Joyce [AUD]</b> 10:45 Five Crowns [AUD] <b>1:30 Dollar Tree Shopping [FD]</b> <b>3:00 Happy-Social Hour [AUD]</b>	21 9:30 Current Events 10:00 Morning Stroll 10:45 Blackjack [AUD] <b>1:30 Board Games Social [AUD]</b> 3:00 Name that Tune [AUD]
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] <b>10:30 Celebration of Lives [AUD]</b> 2:00 Sittercise [AUD] 3:00 Unlucky Seven [AUD]	<b>22</b> 9:30 Current Events 10:00 Sittercise [AUD] 10:45 Blackjack [AUD] <b>1:30 Shelter Island Scenic Tour [FD]</b> 1:30 Garden Stroll 3:00 Quarter Bingo [AUD]	<b>23</b> 9:30 Current Events 10:00 Chair Yoga [AUD] 10:45 Phase 10 [AUD] <b>1:30 BINGO! w/ Shannon [SDR]</b> 3:00 GG Auction [AUD]	<b>24</b> 9:30 Current Events 10:00 Chair Yoga [AUD] 10:45 Phase 10 [AUD] <b>1:30 BINGO! w/ Shannon [SDR]</b> 3:00 GG Auction [AUD]	<b>25</b> <b>9:00 Safari Park Outing [FD]</b> 9:30 Current Events 10:00 Sittercise [AUD] 10:45 Phase 10 [AUD] 1:30 Scrabble [AUD] <b>3:00 Peggy's Porch Sing Along [SDR]</b>	26 9:30 Current Events 10:00 Chair Zumba [AUD] <b>10:45 UNO [AUD]</b> 1:30 Bible Study [SL] <b>1:30 Blackjack [AUD]</b> 3:00 Art Class [AUD] (String pull art)	27 <b>9:30 Walmart Shopping [FD]</b> <b>10:00 Exercise w/ Joyce [AUD]</b> 10:45 Five Crowns [AUD] <b>1:30 Target Shopping [FD]</b> 3:00 Happy Hour w. Matthew [AUD]	28 9:30 Current Events 10:00 Morning Stroll 10:45 Left/Right/Center [AUD] <b>1:30 Mind and Body Boost w/ Todd [AUD]</b> 3:00 Jewelry Making [AUD]