

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

HEALTH CARE CENTER

9:30 Catholic Mass – 1 SB † 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic Tu B Shevat Begins	10:15 Daily Chronicle 2 10:45 Noodle Exercise 11:15 Grounhog Shadow Social 🐻 2:00 February Trivia 3:00 Manicures & Massages 5:00 Walk & StROLL Groundhog Day	10:00 Bend & Stretch 3 10:30 This Day in History 11:00 Balloon Volleyball 🎈 2:00 Parlor Games 3:00 Comfort Cart Visits 4:00 Library Strolls	10:00 Chair Zumba 4 10:30 Fit Minds 11:00 Water Painting 🎨 2:00 BINGO 3:00 Family Council Meeting 4:00 One-on-One Visits	9:00 Morning Visits 5 10:00 Natures Wonders 10:30 BIG Screen Movie 2:00 Bowling 🎳 2:30 Mindful Moves 3:00 Dominoes	9:00 Sunshine Circle 6 10:00 Stretch & Smile 11:00 Daily Journal & Diary entrees 📖 2:00 Game Time! 3:00 Happy Hour (AUD) 4:00 Magazine Review	9:00 Morning News 7 10:00 Card games 11:00 Puzzle Time 1:30 Afternoon Strolls 2:00 Current Events 3:00 Reader Theatre & Short Stories 🗣️
9:30 Catholic Mass – 8 SB 10:00 Chapel Service – AUD 2:00 SUPER BOWL SUNDAY 🏈 3:45 National Geographic	10:15 Daily Chronicle 9 10:45 Noodle Exercise 11:15 Reading Club 2:00 Yahtzee! 🎲 3:00 Manicures & Massages 5:00 Walk & StROLL	10:00 Bend & Stretch 10 10:30 This Day in History 11:00 Citrus Toss 🍊 2:00 Uno Cards 3:00 Comfort Cart Visits 4:00 Library Strolls	9:30 Scenic Bus Ride 11 10:00 Price Is Right 11:00 Fit Minds 2:00 BINGO 3:00 Resident Council & Activity Planning Meeting ⚖️ 4:00 One-on-One Visits	9:00 Morning Visits 12 10:00 Animal Kingdom 10:30 Blockbuster Movie 2:00 Crafternoon: Making Valentines ❤️ 2:30 Mindful Moves 3:00 Poker	9:00 Sunshine Strolls 13 10:00 Stretch & Smile 10:30 Coffee & Company 11:30 Sweethearts Dance (MDR) 💕 2:00 Introducing Sorry! (Board game) 4:00 Computer Lab	9:00 Morning News 14 10:00 Card games 💕 11:00 Puzzle Time 1:30 Afternoon Strolls 2:00 Current Events 3:00 Reader Theatre & Short Stories Valentine's Day
9:30 Catholic Mass – 15 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 🧠 3:45 National Geographic	10:15 Daily Chronicle 16 10:45 Noodle Exercise 11:15 Sing A Long 🎵 2:00 Presidential Trivia 3:00 Manicures & Massages 5:00 Walk & StROLL Presidents' Day (U.S.)	10:00 Bend & Stretch 17 10:30 This Day in History 11:00 Balloon Volleyball 🎈 2:00 Draw O Rama 3:00 Comfort Cart Visits 4:00 Library Strolls Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	10:00 Seated Yoga 18 10:30 Fit Minds 11:00 Book Club 2:00 BINGO 3:00 Pretty Nails 💅 4:00 One-on-One Visits	9:00 Morning Visits 19 10:00 Mindful Moves 11:00 Armchair Travel: China 12:30 Resident Birthday Celebration 🎉 2:30 Matinee Movie 3:00 Dominoes	9:00 Sunshine Circle 20 10:00 Stretch & Smile 😊 11:00 What's New, News 2:00 Game Time! 3:00 Happy Hour (AUD) 4:00 Scrabble	9:00 Morning News 21 10:00 Card games 11:00 Puzzle Time 🧩 1:30 Afternoon Strolls 2:00 Current Events 3:00 Reader Theatre & Short Stories
9:30 Catholic Mass – 22 SB 10:00 Chapel Service – AUD 1:15 Sunday Cinema 3:15 Brain Games 3:45 National Geographic 🐾	10:15 Daily Chronicle 23 10:45 Noodle Exercise 11:15 Architect Builders 2:00 Cooking Class 🍳 3:00 Manicures & Massages 5:00 Walk & StROLL	9:30 Scenic Bus Ride 24 10:00 Price Is Right 11:00 This Day in History 2:00 Carnival Game 🎡 3:00 Comfort Cart Visits 4:00 Library Strolls	10:00 Bend & Stretch 25 10:00 Fit Minds 11:00 Citrus Toss 🍋 2:00 BINGO 3:00 Pretty Nails 4:00 One-on-One Visits	9:00 Morning Visits 26 10:00 Bird Watching & Stretching 10:30 Hollywood Classics 🎬 2:00 Green Thumb Club 2:30 Mindful Moves 3:00 Chinese Checkers	9:00 Sunshine Strolls 27 10:00 Stretch & Smile 11:00 Good News & Pen Pals 2:00 🛒 HCC Bingo Store/What's in the Bag? 3:00 Happy Hour (AUD) 4:00 5 Crowns	9:00 Morning News 28 10:00 Cards games 11:00 Puzzle Time 1:30 Afternoon Strolls 🚶 2:00 Current Events 3:00 Reader Theatre & Short Stories