










Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div><div><div></div><div><h1>February 2026</h1><h2>West Building Calendar</h2></div><div><p>WAR= West Activity Room WDR= West Dining Room WL= West Lobby AUD= Auditorium LIB= Library MDR= Main Dining Room PL= Pool SDR= South Dining Room SL= South Lounge</p></div></div></div>													
<p>9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] <b>1:30 Board Games Social [AUD]</b> 3:00 Unlucky Seven [AUD] <small>Tu B'Shevat Begins</small></p>		<p>9:30 Daily Chronicle [WAR] <b>10:00 Sittercise [WAR]</b> 10:45 Blackjack [AUD] <b>1:30 La Jolla Scenic Tour [FD]</b>  1:30 [WAR] 3:00 Nature Walk [WAR] <small>Groundhog Day</small></p>		<p>9:30 Current Events 10:00 Chair Exercise [WAR] 10:45 Phase 10 [AUD] 1:30 Pokeno [AUD] 3:00 Name That Tune [AUD]</p>		<p><b>9:00 Casino Outing [FD]</b> 9:30 Current Events 10:00 Sit &amp; Stretch [WAR] 10:45 Unlucky Seven [AUD] <b>1:30 Valentine's Day Heart Wreath [AUD]</b> <b>3:00 Peggy's Porch Sing Along [MDR]</b>  6:00 w/ Shannon!</p>		<p>9:30 Current Events <b>10:00 Food Forum [AUD]</b> 10:00 Balloon Volleyball [WAR] <b>10:45 UNO [AUD]</b> 1:30 Bible Study [SL] <b>1:30 Blackjack [AUD]</b> <b>3:00 Nail Spa [AUD]</b></p>		<p>9:30 Current Events <b>9:30 Walmart Shopping [FD]</b> <b>10:00 Exercise w/ Joyce [AUD]</b> 10:45 Five Crowns [AUD] <b>1:30 Aldi Shopping [FD]</b> <b>3:00 Happy Hour w. Rick [AUD]</b></p>		<p>9:30 Current Events 10:00 Morning Stroll <b>10:45 Resident Led Unlucky Seven [AUD]</b> <b>1:30 Valentine's Day Jewelry Making [AUD]</b> 3:00 Movie &amp; Popcorn [AUD] (Mrs. Doubtfire)</p>	
<p>9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] <b>1:30 Board Games Social [AUD]</b> <b>3:30 Superbowl Tailgate [MDR]</b></p>		<p>9:30 Daily Chronicle [WAR] <b>10:00 Sittercise [WAR]</b> 10:45 Blackjack [AUD] <b>1:30 Coronado Scenic Tour [FD]</b>  1:30 [WAR] 3:00 Nature Walk [WAR]</p>		<p>9:30 Daily Chronicle [WAR] <b>10:00 Sit and Get Fit [WAR]</b> 10:30 Unlucky Seven [WAR] <b>1:30 Valentine's Card Making [WAR]</b> <b>3:00 Trivia Tuesday [WAR]</b> ("Are You Smarter Than a 5<sup>th</sup> Grader?")</p>		<p>9:30 Daily Chronicle [WL] <b>10:00 Resident Council Meeting [WDR]</b> 1:30 Mobility Wipe Down [PL] <b>3:00 Afternoon Sittercise [WAR]</b>  6:00 w/ Oily!</p>		<p>9:30 Daily Chronicle [WAR] <b>10:00 Balloon Volleyball [WAR]</b> 10:30 Reminiscing [WAR]  1:30 [WAR] <b>3:00 Happy Hour w/ Peggy's Porch Sing Along! [WDR]</b></p>		<p>9:30 Current Events <b>10:00 Exercise w/ Joyce [AUD]</b> <b>11:30 Valentine's Day Celebration [ADR]</b> <b>1:30 CVS Shopping [FD]</b> <b>3:00 Happy Hour w. Steve [AUD]</b></p>		<p>9:30 Current Events 10:00 Morning Stroll <b>10:45 Love Potion Craft [AUD]</b> <b>1:30 Mind and Body Boost w/ Todd [AUD]</b> 3:00 Movie &amp; Popcorn [AUD] <small>Valentine's Day</small></p>	
<p>9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] <b>1:30 Board Games Social [AUD]</b> 3:00 Unlucky Seven [AUD]</p>		<p>9:30 Daily Chronicle [WAR] <b>10:00 Sittercise [WAR]</b> 10:45 Blackjack [AUD] <b>1:30 Cabrillo Nat'l Scenic Tour [FD]</b>  1:30 [WAR] <b>3:00 Presidents' Day Documentary [WAR]</b> <small>Presidents' Day (U.S.)</small></p>		<p>9:30 Daily Chronicle [WAR] <b>10:00 Sit and Get Fit [WAR]</b> 10:30 Unlucky Seven [WAR] <b>1:30 Trivia Tuesday [WAR]</b> ("The Price is Right") 3:00 Nails by Olivia [WAR] <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small></p>		<p>9:30 Daily Chronicle [WAR] <b>10:00 Seated Fitness [WAR]</b> <b>11:00 DZ Akins Outing [FD]</b> 1:30 Afternoon Documentary ("The Story of China") [WAR] <b>3:00 UNO! [WAR]</b>  6:00 w/ Olivia!</p>		<p><b>11:30 Birthday Celebration [ADR]</b> 2:00 Balloon Volleyball [WAR]  3:00 [WAR]</p>		<p>9:30 Current Events <b>9:30 Walmart Marketplace Shopping [FD]</b> <b>10:00 Exercise w/ Joyce [AUD]</b> 10:45 Five Crowns [AUD] <b>1:30 Dollar Tree Shopping [FD]</b> <b>3:00 Happy-Social Hour [AUD]</b></p>		<p>9:30 Current Events 10:00 Morning Stroll 10:45 Blackjack [AUD] <b>1:30 Board Games Social [AUD]</b> 3:00 Name that Tune [AUD]</p>	
<p>9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] <b>10:30 Celebration of Lives [AUD]</b> 2:00 Afternoon Sittercise [AUD] 3:00 Unlucky Seven [AUD]</p>		<p>9:30 Daily Chronicle [WAR] <b>10:00 Sittercise [WAR]</b> 10:45 Blackjack [AUD] <b>1:30 Shelter Island Scenic Tour [FD]</b>  1:30 [WAR] 3:00 Nature Walk [WAR]</p>		<p>9:30 Daily Chronicle [WAR] <b>10:00 Sit and Get Fit [WAR]</b> 10:30 Unlucky Seven [WAR]  1:30 w/ Shannon [SDR] <b>3:00 GG Auction [AUD]</b></p>		<p><b>9:00 Safari Park Outing [FD]</b> 9:30 Current Events 10:00 Sittercise [AUD] 10:45 Phase 10 [AUD] 1:30 Scrabble [AUD] <b>3:00 Peggy's Porch Sing Along [SDR]</b></p>		<p>9:30 Daily Chronicle [WAR] <b>10:00 Balloon Volleyball [WAR]</b> 10:30 Reminiscing [WAR]  1:30 [WAR] <b>3:00 Happy Hour w/ Peggy's Porch Sing Along! [WDR]</b></p>		<p>9:30 Current Events <b>9:30 Walmart Shopping [FD]</b> <b>10:00 Exercise w/ Joyce [AUD]</b> 10:45 Five Crowns [AUD] <b>1:30 Target Shopping [FD]</b> <b>3:00 Happy Hour w. Matthew [AUD]</b></p>		<p>9:30 Current Events 10:00 Morning Stroll 10:45 Left/Right/Center [AUD] <b>1:30 Mind and Body Boost w/ Todd [AUD]</b> 3:00 Jewelry Making [AUD]</p>	