

Community Events

- 2/2 La Jolla Scenic Tour
- 2/4 Casino Outing
- 2/5 Food Forum
- 2/6 Walmart Shopping
- 2/6 Aldi Shopping
- 2/6 Happy Hour w. Rick
- 2/8 Superbowl Tailgate
- 2/9 Coronado Scenic Tour
- 2/10 Activity Planning Meeting
- 2/13 Valentine's Day Celebration
- 2/13 CVS Shopping
- 2/13 Happy Hour w. Steve
- 2/14 Mind and Body Boost w/ Todd
- 2/16 Cabrillo National Scenic Tour
- 2/18 Resident Council
- 2/18 DZ Akins Restaurant Outing
- 2/19 Birthday Celebration
(Theme: China)
- 2/20 Walmart Marketplace Shopping
- 2/20 Dollar Tree Shopping
- 2/22 Celebration of Lives
- 2/23 Shelter Island Scenic Tour
- 2/24 GG Auction
- 2/25 Safari Park Outing
- 2/27 Walmart Shopping
- 2/27 Target Shopping
- 2/27 Happy Hour w. Matthew
- 2/28 Mind and Body Boost w/ Todd

February Birthdays

- Patricia Graham 2/1
- Ruth De La Pena 2/1
- Terry Goss 2/3
- Mildred Griffin 2/4
- Susan Graves 2/4
- Mary Guiterrez 2/5
- Michael Thornton 2/5
- Norma Traxler 2/7
- Minnie Tyler 2/7
- Winifred Van Huizen 2/7
- Edward Friedman 2/9
- Anita Guimont 2/11
- Gayle Ludwig 2/11
- Barbara Smith 2/14
- Joan Carr 2/16
- Marsha Williams 2/16
- Barbara Fiscus 2/17
- Rosemarie Bauer 2/17
- Carol Anna Miller 2/19
- Hector Mestas 2/22
- Diane McDaniel 2/23
- Bonnie Dew 2/24
- George Dornan 2/24
- Ignacio Hernandez 2/24
- Marie Harris 2/24
- Alice Elizabeth Leyva 2/26
- Leonora Polonaco 2/26
- Gloria Gudmundson 2/27
- David Hager 2/27
- Ora Draper 2/27
- Ronald Miller 2/27
- David Lowry 2/28
- Maria Cardenas 2/28

Join us in celebrating our birthday celebrants on **February 19th at 11:30am in all dining rooms** for a Luncheon themed **China!**

Grossmont Gardens

5480 Marengo Ave. La Mesa, CA 91942 | Phone: 619.463.0281 | Fax: 619.461.4807



Meet the Team of Directors

Chris Neale

Executive Director

Lane Hermosillo

Assistant Executive Director

Ruth Davalos

Resident Accounts Coordinator

Kelly Huynh

Business Office Manager (HR)

Janett Medrano

Food Services Director

Josue Aginaga

Food Services Manager

Olamide Obasesan

Healthy Lifestyle Director

Bernadette Verdugo

ALW Coordinator/ALW Social Worker

Gemma Espinoza

Sales Director

Letty Wade

Sales Director

Anna Navaro

ALW Coordinator

Marsha Terrell

Environmental Services Director

Resident Spotlight



Terry Goss grew up on a family farm in Pennsylvania, where he discovered the value of hard work by the age of 11. The bulls on the farm were his favorite companions; strong, powerful creatures that fascinated him. When he wasn't tending to chores, Terry cherished visits to his grandmother's house, where warmth filled every corner.

At 19, driven by ambition and curiosity, Terry left Pennsylvania for the bustling streets of Los Angeles, California. With only determination and a suitcase, he carved out a new path for himself, starting as a cook. The fast-paced city life was challenging, but Terry embraced every opportunity, becoming known as a jack of all trades, a man who could tackle any task thrown his way.

After 37 years of navigating the chaos and excitement of LA, Terry decided it was time for a change. Seeking peace and tranquility, he moved to the picturesque coastlines of San Diego. The ocean breeze and slower pace of life were just what he needed.

Terry's love for the outdoors never wavered. Whether camping under the stars or strolling along sunlit beaches, nature remained his sanctuary. His fondness for Florida's beautiful weather and pristine shores also held a special place in his heart.

By the age of 44, Terry achieved what many only dreams of, early retirement. Free from the grind, he reflected on a life filled with hard work, adventure, and countless lessons. His guiding wisdom? "Don't ever judge a book by its cover." A reminder that life, much like people, often holds unexpected stories beneath the surface.

Terry Goss's journey is a testament to resilience, adaptability, and the pursuit of fulfillment. His story reminds us all that with courage and an open heart, we can embrace every chapter life offers.

COME AND JOIN US
TO A PRE-GAME



TAILGATE PARTY

Sunday | **8** | AT 3:30 PM
February 2025

In the dining room

DRINKS FUN FRIENDS FOOD

please join us for a

VALENTINE'S
Celebration

FEB 13 11:30AM - 1:00PM

FOOD | DRINK | LIVE MUSIC | DANCE

Friday, February 13th at 11:30 am in all dining rooms




Happy
February Birthday!

To all February celebrants, we are wishing you all a very special day/month.

To celebrate, we are having a birthday celebration themed China

Thursday, February 19th at 11:30am in all dining rooms

Everyone's Welcome!



Grossmont Gardens

Wednesday, February 25th

SAFARI PARK OUTING

Seniors ages 65 and older receive free admission.

If interested, sign up with the receptionist.

Limited space available!

Special Days

Dark Chocolate Day
February 1

Groundhog Day
February 2

Superbowl Sunday
February 8

Valentine's Day
February 14

Presidents' Day
February 16

Chinese New Year (Lunar New Year)
Begins February 17

Ramadan
Begins February 17

Ash Wednesday
February 18

Carpe Diem Day
February 26

What Am I?
I have four quarters, but I'm not a dollar. What am I?

What's Lucky in February?

Birthstone: Amethyst

Lucky Colors: Fuchsia

Lucky Animal: Zebra

Lucky Letter: C and M

Lucky Day: Wednesday

Lucky Plant: Rose

Answer: The Super Bowl

Fun at Grossmont Gardens in January



February, the month of love, is a time to cherish the bonds that warm our hearts."
~ D. A. Blankinship