

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|--|---|--|--|---|--|--|
| 9:00 Shadow Mt. Livestream [AR2] 9:30 Morning Hydration [AR2] 10:30 Catholic Mass [AR2] 1:30 Conversation Cards with Cory [AR2] 3:00 Puzzles & Trivia [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Seated Cardio [AR2] 10:30 Cory's Cozy Color Time [AR2] 1:30 Nail Spa [AR2] 3:00  [AR2] <small>Purim Begins</small> | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Zumba! [AR2] 1:00 <u>Coronado Scenic Drive</u> [FD] 3:00 Tech Tuesday [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Food Forum [DR3] 1:00 A&C's Craft Corner "Beaded Rainbow Suncatcher" [AR2] 3:00 Unlucky 7's [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Puzzles & Trivia [AR2] 1:00 Movie & Popcorn [AR2] 1:00 <u>Wal-Mart Shopping Trip</u> [FD] 3:00 Jewelry Making [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Chair Cardio [AR2] 10:30 Color by Number [AR2] 1:00  [AR2] 3:00 Happy-Social Hour [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Chair Cardio [AR2] 1:00 Name that Tune [AR2] 3:00 Movie & Popcorn [AR2] | |
| 9:00 Shadow Mt. Livestream [AR2] 9:30 Morning Hydration [AR2] 10:30 Catholic Mass [AR2] 1:30 Conversation Cards with Cory [AR2] 3:00 Puzzles & Trivia [AR2] <small>Daylight Saving Time Begins</small> | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Seated Cardio [AR2] 10:30 Cory's Cozy Color Time [AR2] 1:30 Nail Spa [AR2] 3:00  [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Zumba! [AR2] 1:00  [AR2] 3:00 Peggy's Porch Sing along [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Seated Leg Exercises [AR2] 1:00 A&C's Craft Corner- "TP Tulip Ledge Decor" [AR2] 3:00 Unlucky 7's [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Puzzles & Trivia [AR2] 10:30 Hooleys Irish Pub Outing [FD] 1:00 Movie & Popcorn [AR2] 3:00  [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Chair Cardio [AR2] 10:30 Coloring Projects [AR2] 1:00  [AR2] 3:00 Happy Hour w. Gene [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Chair Cardio [AR2] 1:00 Name that Tune [AR2] 3:00 Movie & Popcorn [AR2] | |
| 9:00 Shadow Mt. Livestream [AR2] 9:30 Morning Hydration [AR2] 10:30 Catholic Mass [AR2] 1:30 Conversation Cards with Cory [AR2] 3:00 Sunday Social-"A journey through Tea Time" [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Seated Cardio [AR2] 10:30 Cory's Cozy Color Time [AR2] 1:30 Nail Spa [AR2] 3:00  [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:30 Lake Murray Picnic Outing [FD] 1:30 Afternoon Zumba! [AR2] 3:00 St. Patrick Day Tunes & Snacks [AR2] <small>St. Patrick's Day</small> | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Seated Leg Exercises [AR2] 1:00 A&C's Craft Corner- "Lucky Charm" [AR2] 3:00 Unlucky 7's [AR2] | Birthday Celebration -Ireland 9:30 Current Events [AR2] 11:30 Birthday Celebration [ADR] 1:00 Movie & Popcorn [AR2] 1:00 Hobby Lobby Shopping [FD] 3:00 Jewelry Making [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Chair Cardio [AR2] 10:30 Color Me Happy [AR2] 1:00  [AR2] 3:00 Happy Hour w. Matthew [AR2] <small>Spring Begins</small> | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Chair Cardio [AR2] 1:00 Name that Tune [AR2] 3:00 Movie & Popcorn [AR2] | |
| 9:00 Shadow Mt. Livestream [AR2] 9:30 Morning Hydration [AR2] 10:30 Catholic Mass [AR2] 1:30 Conversation Cards with Cory [AR2] 3:00 Puzzles & Trivia [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Seated Cardio [AR2] 10:30 Cory's Cozy Color Time [AR2] 1:30 Nail Spa [AR2] 3:00  [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Resident Council Meeting [DR3] 1:00  [AR2] 3:00 Peggy's Porch Sing along [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Seated Leg Exercises [AR2] 1:00 A&C's Craft Corner- "Faux Violet Nosegays" [AR2] 3:00 Unlucky 7's [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Puzzles & Trivia [AR2] 10:30 Flower Fields Outing (\$20) [FD] 1:00 Movie & Popcorn [AR2] 3:00 Jewelry Making [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Chair Cardio [AR2] 10:30 Paint by Number [AR2] 1:00  [AR2] 3:00 Happy Hour w. Sylvia [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Chair Cardio [AR2] 1:00 Name that Tune [AR2] 3:00 Movie & Popcorn [AR2] | |
| 9:00 Shadow Mt. Livestream [AR2] 9:30 Morning Hydration [AR2] 10:30 Catholic Mass [AR2] 1:30 Conversation Cards with Cory [AR2] 3:00 Puzzles & Trivia [AR2] <small>Palm Sunday</small> | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Seated Cardio [AR2] 10:30 Cory's Cozy Color Time [AR2] 1:30 Nail Spa [AR2] 3:00  [AR2] | 9:00 Morning Hydration [AR2] 9:30 Current Events [AR2] 10:00 Zumba! [AR2] 1:00 Father Joe's Thrift Store Shopping [FD] 3:00 Tech Tuesday [AR2] | AR2=Activity Room (2nd floor) PT=Patio FD=Front Desk DR3=Dining Room (3rd floor) AF=All Floors | <h1>March 2026</h1> <h2>East Building</h2> | | | |

