

Community Events

- 3/2 Coronado Scenic Tour
- 3/3 Activity Planning Meeting
- 3/4 Casino Outing
- 3/5 Food Forum
- 3/6 Walmart Marketplace Shopping
- 3/6 Michaels Shopping
- 3/6 Happy Hour w. Gene
- 3/9 Cabrillo National Monument Scenic Tour
- 3/10 Mobile Outreach Library
- 3/11 New Resident Luncheon
- 3/13 Walmart Shopping
- 3/13 Ross Shopping
- 3/13 Happy Hour w. Steve
- 3/14 Mind and Body Boost w/ Todd
- 3/14 Pi (Pie) Day Celebration
- 3/16 Ocean Beach Scenic Tour
- 3/17 Happy St. Patrick Day!
- 3/18 Resident Council
- 3/18 Hooleys Public House Restaurant Outing
- 3/19 Birthday Celebration
(Theme: Ireland)
- 3/20 Walmart Marketplace Shopping
- 3/20 Walmart Shopping
- 3/23 Ramona Scenic Tour
- 3/24 San Diego Automotive Museum Outing
- 3/25 New Resident Luncheon
- 3/25 Craft Fair
- 3/26 Flower Fields Outing
- 3/27 Walmart Shopping
- 3/27 Twice Treasured Thrift Store Outing Shopping
- 3/27 Happy Hour w. Matthew
- 3/28 Mind and Body Boost w/ Todd
- 3/29 Celebration of Lives
- 3/30 Sunset Cliff Scenic Tour
- 3/31 GG Auction

March Birthdays

- Richard Carone 3/2
- Charles Masters 3/3
- Eleanore Larsen 3/3
- Susan Morrison 3/4
- Frederick Knight 3/5
- Joseph Luckard 3/5
- Marina Marson 3/5
- Bonnie Beagle 3/6
- Fredericka Gayer 3/6
- Robert Tobin 3/6
- Yolanda Robles 3/6
- Barbara Linke 3/8
- Catherine Appelhans 3/8
- Rebecca Schneider 3/8
- Louetta Trepanier 3/8
- David Croisetiere 3/9
- Julie Patterson 3/9
- Mohammad Zanjebilifard 3/13
- Betty Needham 3/14
- Irene Leroux 3/16
- Norma Darley 3/16
- Nancy Landy 3/17
- Stephen Murtage 3/17
- Alan Kellogg 3/19
- Eloisa Perez 3/20
- Deanna Sampson 3/20
- Kim Allen 3/22
- Catherine Monteith 3/23
- Angelina Calzada 3/24
- Pauline Buckley 3/25
- Maria Aguirre Sanchez 3/26
- Patsy Barrett 3/27
- Yolanda McCure 3/27
- Andrea Card 3/28
- Gary Holtey 3/28
- Barbara Caddell 3/29
- Joseph Pikat 3/29
- Marjorie Bower 3/30

Join us in celebrating our birthday celebrants on **March 19th at 11:30am in all dining rooms** for a Luncheon themed *Ireland!*

Grossmont Gardens

5480 Marengo Ave. La Mesa, CA 91942 | Phone: 619.463.0281 | Fax: 619.461.4807



Meet the Team of Directors

Chris Neale

Executive Director

Lane Hermosillo

Assistant Executive Director

Ruth Davalos

Resident Accounts Coordinator

Kelly Huynh

Business Office Manager (HR)

Janett Medrano

Food Services Director

Josue Aginaga

Food Services Manager

Olamide Obasesan

Healthy Lifestyle Director

Bernadette Verdugo

ALW Coordinator/ALW Social Worker

Gemma Espinoza

Sales Director

Letty Wade

Sales Director

Anna Navaro

ALW Coordinator

Marsha Terrell

Environmental Services Director

Resident Spotlight



Margaret Heary

Margaret's life is a beautiful blend of hard work, adventure, humor, and dedication to education.

Born on a farm in upstate New York, Margaret grew up with five siblings and strong family values. Summers were spent going to the beach, and even as a young girl, she showed leadership and creativity, each summer she gathered eight girls to put on their very own talent show. (There was even a special rehearsal in her driveway "just for the boys!")

In high school, Margaret was a dancer, and she continued studying modern dance while attending teachers' college. Determined and disciplined, she worked as a secretary to pay her tuition, completed four years of schooling, and immediately began working on her master's degree. She proudly shares that she never had a student loan.

After college, Margaret briefly lived in San Francisco before marrying a medical student. The couple moved to Los Angeles for several years before eventually settling in San Diego, where they raised two sons and later started a business selling travel trailers and campers.

Margaret went on to become both a middle school and high school teacher, teaching as many as 175 teenagers a day as a high school teacher.

Later in life, Margaret embraced travel in a big way. At 50 years old, she spent five consecutive summers in Ireland, falling in love with the older, historic side of the country. She also visited Scotland and England, even touring a traditional milking parlor, bringing her journey full circle from her farm beginnings.

Today, she treasures time with her four-year-old grandson and looks back on a life shaped by education, family, and fearless determination.

Her advice to the newer generations:
"Study with a career goal in mind." stay away from drugs, and be kind."

Grossmont Healthcare District's
Mobile Outreach Library
is coming to
Grossmont Gardens!



TUESDAY, MARCH 10 | 10AM-11:30AM



At the Mobile Outreach Library, you'll be able to sign up for a Grossmont Healthcare District Health & Wellness Library Card and connect with Library staff to pick up free, reliable health information, as well as check your blood pressure and learn how to access its collection of e-books, e-magazines, and online resources from anywhere!



Grossmont Healthcare District's Health & Wellness Library

An East County community resource

9001 Wakarusa Street La Mesa, CA 91942 | 619.825.5010
www.ghdhealthlibrary.org | library@grossmonthealthcare.org

Grossmont Gardens

Happy March Birthday!

To all March celebrants, we are all wishing you a very special day/month.

To celebrate, we are having a birthday celebration themed Ireland Thursday, March 19th at 11:30am in all dining rooms.

**Everyone's welcome!
Hope to see you there :)**



Craft Fair Announcement

If you are interested in participating in the **craft fair**, please sign up at the front desk or speak with any of the Activity Personnels with information about what you'd be selling and how much space/table you'd need.

February Adventures



What's Lucky in March?

- Birthstone:** Aquamarine
- Lucky Colors:** Green
- Lucky Animal:** Rabbit
- Lucky Letters:** R and M
- Lucky Day:** Saturday
- Lucky Plant:** Tulips

Now seeking: New Resident Ambassador!

Be a voice, be a leader, be a welcome!

Grossmont Gardens is currently looking for a compassionate, friendly, and dependable **Resident Ambassador** to serve our community!

This is a wonderful opportunity for someone who enjoys connecting with others and helping fellow residents feel informed, included, and heard.



Responsibilities Include:

- Welcoming and attending to New Residents Luncheon
- Assisting with monthly birthday celebrations
- Participating in:
 - o Resident Council Meetings
 - o Food Forum Meetings
 - o Activities Planning Meetings
- Serving as a trusted peer that residents feel comfortable approaching with questions or concerns.

The Resident Ambassador plays an important leadership role by helping strengthen communication between residents and staff, while fostering a warm and inclusive environment throughout.

If you are friendly, dependable, a good listener, and passionate about making Grossmont Gardens feel like home, we would love to have you apply!

If you are interested, please talk to an Activities Personnel to learn more and sign up.

GG Auction Donation Announcement

Spring is the perfect time to declutter, refresh and give items a second life! If you are doing some spring cleaning, consider donating items you no longer use but are still in good condition. We welcome donations such as; clothing (we need men clothing) jewelry, kitchenware, home décor, small furniture, and other household items.

These donated items will be part of the GG Auction where residents can shop using GG bucks.

If you would like to donate, please bring items to the auditorium and the Activities Department will gladly store it safe for the auction.

Thank you!

Grossmont Gardens

RESIDENT COUNCIL

March 18th

Wednesday, March 18th • 10am

In the Auditorium [AUD]

Resident councils provide a structured platform for residents to voice their opinions, suggest improvements, work on community concerns, and get to know your neighbors

GROSSMONT GRADENS
5480 MARENGO AVE. LA MESA CA 91942

Craft Fair

ART . CRAFTS . HANDMADE GOODS . UP-CYCLED GOODS . BAKED GOODS

25 MARCH	BY THE POOL AREA 1:30PM - 4PM	FREE ENTRY
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SUPPORT LOCAL ARTISANS IN YOUR COMMUNITY
CASH ONLY

GG Bucks will only be accepted at the Activities table.