

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

HEALTH CARE CENTER



9:30 Catholic Mass – **3**
SB †
 10:00 Chapel Service – **AUD**
 1:15 Sunday Cinema
 3:15 Brain Games
 3:45 National Geographic

10:00 Daily Chronicle **4**
 10:30 Noodle Exercise
 11:00 Book Club
 2:00 Parachute 🌈
 3:00 Manicures & Massages
 5:00 Walk & StROLL

10:00 Bend & Stretch **5**
 10:30 This Day in History
 11:00 Balloon Volleyball
 2:00 Cinco De Mayo Cooking Class: Build Your Own Nachos 🌮
 4:00 Library Strolls
Cinco de Mayo

10:00 Chair Yoga **6**
 10:30 Fit Minds
 11:00 Green thumb Club
 2:00 BINGO
 3:00 Pretty Nails 💅
 4:00 One-on-One Visits

9:00 Morning Visits **7**
 10:00 Natures Wonders
 10:30 Hollywood Classics
 2:00 Sing A Long 🎤🎵
 2:30 Mindful Moves
 3:00 5 Crowns

9:00 Sunshine Strolls **8**
 10:00 Stretch & Smile
 11:00 Mother's Day Tea Party 🍵
 2:00 Game On!
 3:00 Magazine Review
May Day

9:00 Morning News **9**
 11:30 – 1:30 *Mother's Day Luncheon (ALL Dining rooms)*
 2:00 Current Events
 3:00 Puzzle Time 🧩

9:30 Catholic Mass – **10**
SB
 10:00 Chapel Service – **AUD**
 1:15 Sunday Cinema
 3:15 Brain Games
 3:45 National Geographic 🐾
Mother's Day
National Skilled Nursing Care Week

10:15 Daily Chronicle **11**
 10:45 Noodle Exercise
 11:15 Draw O Rama
 2:00 Bowling 🎳
 3:00 Manicures & Massages
 5:00 Walk & StROLL

10:00 Bend & Stretch **12**
 10:30 This Day in History
 11:00 Citrus Toss 🍊
 2:00 UNO Cards
 3:00 Comfort Cart Visits
 4:00 Library Strolls

9:30 Scenic Bus Ride 🚌 **13**
 10:00 Price Is Right
 11:00 Fit Minds
 2:00 BINGO
 3:00 Resident Council & Activity Planning ⚖️

9:00 Morning Visits **14**
 10:00 Animal Kingdom
 10:30 Matinee Movie 🎬
 2:00 Sorry! Board Game
 2:30 Mindful Moves
 3:00 Poker/Blackjack or Dominoes

9:00 Sunshine Circle **15**
 10:00 Stretch & Smile
 11:00 Daily Journal
 2:00 Game On!
 3:00 Happy Hour (AUD)
 4:00 Knitters Korner 🧶

9:00 Morning News **16**
 11:00 Puzzle Time
 1:30 Afternoon Strolls 🚶
 2:00 Current Events
 3:00 Reader Theatre & Short Stories
Armed Forces Day

9:30 Catholic Mass – **17**
SB
 10:00 Chapel Service – **AUD** 🏰
 1:15 Sunday Cinema
 3:15 Brain Games
 3:45 National Geographic

10:15 Daily Chronicle **18**
 10:45 Noodle Exercise
 11:15 Reading Club
 2:00 Water Painting
 3:00 Manicures & Massages
 6:40 MLB Mondays: Padres vs. Dodgers ⚾️🗣️
Victoria Day (Canada)

10:00 Bend & Stretch **19**
 10:30 This Day in History
 11:00 Balloon Volleyball 🎈
 2:00 Chinese Checkers
 3:00 Comfort Cart Visits
 4:00 Library Strolls

10:00 Chair Zumba **20**
 10:30 Fit Minds
 11:00 Gentlemen's Social
 2:00 BINGO
 3:00 Pretty Nails
 4:00 One-on-One Visits

9:00 Morning Visits **21**
 10:00 Mindful Moves
 11:00 Armchair Travel: Guadalajara
 12:30 *Resident Birthday Celebration* 🎂
 2:30 At the Movies
Shavuot Begins

9:00 Sunshine Strolls **22**
 10:00 Stretch & Smile
 11:00 Coffee & Company ☕
 2:00 Game On!
 3:00 Happy Hour (AUD)
 4:00 Computer Lab

9:00 Morning News **23**
 11:00 Puzzle Time
 1:30 Afternoon Strolls
 2:00 Current Events 📅
 3:00 Reader Theatre & Short Stories

9:30 Catholic Mass – **24**
SB
 10:00 Chapel Service – **AUD**
 1:15 Sunday Cinema
 3:15 Brain Games 🗣️
 3:45 National Geographic

10:15 Daily Chronicle **25**
 10:45 Noodle Exercise
 11:15 Patio Popsicles 🍷
 2:00 *May Trivia & Memorial Military Music*
Memorial Day

10:00 Bend & Stretch **26**
 10:30 This Day in History
 11:00 Citrus Toss
 2:00 Card Sharks 🃏
 3:00 Comfort Cart Visits
 4:00 Library Strolls

10:00 Price Is Right **27**
 10:30 Out to Lunch
 Bunch: Casa De Pico 🍷
 11:00 Fit Minds
 2:00 BINGO
 3:00 Pretty Nails
 4:00 One-on-One Visits

9:00 Morning Visits **28**
 10:00 Galaxy Quest
 10:30 BIG Screen Movie
 2:00 Flower Arranging 🌸
 2:30 Mindful Moves
 3:00 Dominoes

9:00 Sunshine Circle **29**
 10:00 Stretch & Smile
 11:00 Pen Pals
 2:00 HCC Bingo Store
 3:00 What's in the bag? 🛍️
 4:00 Game on!

9:00 Morning News **30**
 11:00 Puzzle Time
 1:30 Afternoon Strolls
 2:00 Current Events
 3:00 Reader Theatre & Short Stories 🗣️

9:30 Catholic Mass – **31**
SB †
 10:00 Chapel Service – **AUD**
 1:15 Sunday Cinema 🎬
 3:15 Brain Games
 3:45 National Geographic

*One – on – one Activities occur daily and ALL activity programs are subject to change; activities occur as weather permits.
 *Activity materials for independent use are available in the Activity Closet; Located in the Activity Room.

***KEY:** SB = South Building
 AUD = Auditorium in AL

