

Sunday

Monday

Tuesday

Wednesday














Thursday

Friday

Saturday

May 2026

South Building

													
								May Day					
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Celebration of Life [AUD] 1:00 Scrabble [LIB] 2:00 Afternoon Sittercise [AUD] 3:00 Unlucky Seven [AUD]	3	9:15 Current Events (LIB) 9:45 Current Events (1 to 1) 10:00 Sittercise (SDR) 10:45 BlackJack (AUD) 1:30 Scenic Bus Tour (FD) 1:15 I Love Lucy (SL)  3:00 Quarter (AUD)	4	9:30 Current Events (1 to 1) 10:00 Sit & Get Fit (SDR) 10:40 Reminiscing with Music (SDR)  1:30 W/Shannon (SDR) 3:00 Activity Planning Meeting (SL) <i>Cinco de Mayo</i>	5	9:00 Casino Outing 9:30 Current Events (1 to 1) 10:00 Sit & Stretch (SDR) 10:45 Skip bo (AUD) 3:00 Peggy's Porch Sing Along (MDR) 5:30 Alzheimer's Association Awareness Presentation (AUD)	6	9:30 Current Events (1 to 1) 10:00 Seated Wellness Workout (SDR) 10:30 Brain Games (SDR) 1:30 Bible Study (SL) 3:00 Flower Arrangements (AUD)	7	9:00 Current Events 9:30 Walmart (FD) 10:00 Exercise w/Joyce (AUD) 10:45 Five Crowns (AUD) 1:30 Aldi Shopping 3:00 Happy Hour w/Ellis (AUD)	8	9:00 Current Events 10:00 Morning Workout 11:30 Mother's Day Luncheon (ADR) <i>1:00 Horse Therapy [PL]</i> <i>1:30 Mind and Body Boost w/ Todd [AUD]</i> 3:00 Movie & Popcorn (AUD)	9
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:00 Scrabble [LIB] 1:30 Felt/Foam Flower Craft 3:00 Unlucky Seven [AUD] <i>Mother's Day</i> <i>National Skilled Nursing Care Week</i>	10	9:15 Current Events (LIB) 9:45 Current Events (1 to 1) 10:00 Sittercise (SDR) 10:45 BlackJack (AUD) 1:30 Scenic Bus Tour (FD) 1:15 Ozzy & Harriet (SL)  3:00 Quarter (AUD)	11	9:30 Current Events (1 to 1) 10:00 Sit & Get Fit (SDR) 10:45 Skip-Bo (AUD) 1:30  w/Shannon (SDR) 3:00 Cranium Crunches (AUD)	12	9:30 Current Events (1 to 1) 10:00 Sit & Stretch (SDR) 1:30 Color Spring (SL) 3:00 Nails by Shannon (SL)  w/Shannon!	13	9:30 Current Events (1 to 1) 10:00 Seated Wellness Workout (SDR) 10:30 Brain Games (SDR) 1:30 Bible Study (SL) 3:00 Room visits	14	9:00 Current Events 9:30 Walmart Marketplace (FD) 10:00 Exercise w/Joyce (AUD) 10:45 Five Crowns (AUD) 1:30 Kohl's Shopping 3:00 Happy Hour w/ Encore (AUD)	15	9:00 Current Events 10:00 Morning Stretch [AUD] 10:45 Life Board Game [AUD] 1:30 Jewelry Making [AUD] 3:00 Short Stories Club [LIB] <i>Armed Forces Day</i>	16
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:00 Scrabble [LIB] 3:00 Unlucky Seven [AUD]	17	9:15 Current Events (LIB) 9:45 Current Events (1 to 1) 10:00 Sittercise (SDR) 10:45 BlackJack (AUD) 1:30 Scenic Bus Tour (FD) 1:15 I Love Lucy (SL)  3:00 Quarter (AUD)	18	9:30 Current Events (1 to 1) 10:00 Sit & Get Fit (SDR) 10:40 Reminiscing W/ Music (SDR) 1:30  w/Shannon (SDR) 3:00 Reminiscing with Music (SDR)	19	9:30 Current Events (1 to 1) 10:00 Sit & Stretch (SDR) 1:00 pressed Flower Jar Craft (AUD) 3:00 Color Spring (SL)  w/Olivia! 6:00 (AUD)	20	<i>BirthDay Celebration - Mexico</i> 11:30 Birthday Celebration (ADR) 1:30 Bible Study (SL) 3:00 Music Trivia (SL) <i>Shavuot Begins</i>	21	9:00 Current Events 9:30 Walmart (FD) 10:00 Exercise w/Joyce (AUD) 10:45 Five Crowns (AUD) 1:30 Food4Less 3:00 Happy Hour w/Matthew (AUD)	22	9:00 Current Events 10:00 Morning Stretch [AUD] 10:45 Life Board Game [AUD] <i>1:30 Mind and Body Boost w/ Todd [AUD]</i> 3:00 Golfing [PL]	23
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Sittercise [AUD] 1:00 Scrabble [LIB] 3:00 Unlucky Seven [AUD]	24	9:15 Current Events (LIB) 9:45 Current Events (1 to 1) 10:00 Sittercise (SDR) 10:45 BlackJack (AUD) 1:30 Scenic Bus Tour (FD) 1:15 Ozzie & Harriet (SL)  3:00 Quarter (AUD)	25	9:30 Current Events (1 to 1) 10:00 Sit & Get Fit (SDR) 10:40 Reminiscing W/ Music (SDR) 1:30  w/Shannon (SDR) 3:00 GG Auction (AUD)	26	9:30 Current Events (1 to 1) 10:00 Sit & Stretch (SDR) 11:30 New Resident Luncheon (PD) 1:00 Rock Painting (SL) 3:00 Wine Down Wednesday w. Peggy! [AUD]  w/Olivia!	27	9:00 Current Events 9:30 Walmart Marketplace (FD) 10:00 Exercise w/Joyce (AUD) 10:45 Five Crowns (AUD) 1:30 Ross Shopping (FD) 3:00 Happy Social Hour (AUD)	28	9:00 Current Events 10:00 Chair Tai Chi [AUD] 10:45 Spades Card Game [AUD] 1:30 Jewelry Making [AUD] 3:00 Movie & Popcorn [AUD] (Kindergarten Cop)	29	30	
9:00 Shadow Mountain Church Livestream [SL] 9:00 Friends w/ God [WAR] 9:30 Catholic Mass [AUD] 10:30 Celebration of Life [AUD] 1:00 Scrabble [LIB] 2:00 Afternoon Sittercise [AUD] 3:00 Unlucky Seven [AUD]	31	SL = South Lounge SDR = South Dining Room AUD = Auditorium LIB = Library MDR = Main Dining Room PL = Pool											

Activities are subject to change without notice.