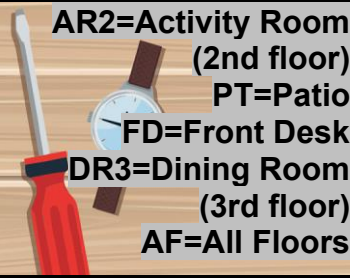









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>AR2=Activity Room (2nd floor) PT=Patio FD=Front Desk DR3=Dining Room (3rd floor) AF=All Floors</p>	<p>1 9:00 Current Events 9:30 Morning Workout 10:00 Morning Hydration 10:30 Conversation Cards 1:30 Karaoke w/ Alex [AR2] 3:00 Sip and Paint!</p>	<p>2 9:00 Current Events 9:30 Morning Workout 10:00 Morning Hydration 10:30  1:30 Nail Spa 3:00 Arts and Craft - Porthole Door Decor</p>	<p>3 9:00 Morning Workout 9:30 Current Events 10:00 Morning Hydration 10:30 Guess Who? 1:30  3:00 Afternoon Exercise</p>	<p>4 9:00 Morning Workout 9:30 Current Events 10:00 Seaport Village Scenic Tour 1:30 Trivia 3:00 Afternoon Stroll</p>	<p>5 9:00 Morning Workout 9:30 Current Events 10:00 Snack Time! 10:30 Sip and Paint 1:30 Balloon Volleyball 3:00 Happy Hour [AR2]</p>	<p>6 9:00 Morning Workout 9:30 Current Events 10:00 Snack Time! 10:30 Color Me Happy! 1:30 Nail Spa 3:00 Movie & Popcorn</p>
<p>7 9:00 Shadow Mt. Livestream 10:00 Morning Workout 10:30 Catholic Mass [AR2] 1:30 Color Me Happy 3:00 Movie W/ Snacks</p>	<p>8 9:00 Current Events 9:30 Morning Workout 10:00 Morning Hydration 10:30 Conversation Cards 1:30 Karaoke w/ Alex [AR2] 3:00 Sip and Paint!</p>	<p>9 9:00 Current Events 9:30 Morning Workout 10:00 Seaport Village Picnic 1:30 Nail Spa 3:00 Arts and Craft</p>	<p>10 9:00 Morning Workout 9:30 Current Events 10:00 Morning Hydration 10:30 Guess Who? 1:30  3:00 Afternoon Exercise</p>	<p>11 9:00 Morning Workout 9:30 Current Events 10:00 Torrey Pines Scenic Tour 1:30 Trivia 3:00 Afternoon Stroll</p>	<p>12 9:00 Morning Workout 9:30 Current Events 10:00 Snack Time! 10:30 Sip and Paint 1:30 Balloon Volleyball 3:00 Happy Hour [AR2]</p>	<p>13 9:00 Morning Workout 9:30 Current Events 10:00 Snack Time! 10:30 Color Me Happy! 1:30 Nail Spa 3:00 Movie & Popcorn</p>
<p>14 9:00 Shadow Mt. Livestream 10:00 Morning Workout 10:30 Catholic Mass [AR2] 1:30 Color Me Happy 3:00 Movie W/ Snacks <small>Flag Day (U.S.)</small></p>	<p>15 9:00 Current Events 9:30 Morning Workout 10:00 Morning Hydration 10:30 Conversation Cards 1:30 Karaoke w/ Alex [AR2] 3:00 Sip and Paint!</p>	<p>16 9:00 Current Events 9:30 Morning Workout 10:00 Morning Hydration 10:30  1:30 Nail Spa 3:00 Arts and Craft</p>	<p>17 9:00 Morning Workout 9:30 Current Events 10:00 Morning Hydration 10:30 Guess Who? 1:30  3:00 Afternoon Exercise</p>	<p>18 11:30 Birthday Celebration 1:30 Trivia 3:00 Afternoon Stroll</p>	<p>19 9:00 Morning Workout 9:30 Current Events 10:00 Snack Time! 10:30 Sip and Paint 1:30 Balloon Volleyball 3:00 Happy Hour w. Mathew [AR2] <small>Juneteenth</small></p>	<p>20 11:30 Father's Day Luncheon 1:30 Nail Spa 3:00 Movie & Popcorn</p>
<p>21 9:00 Shadow Mt. Livestream 10:00 Morning Workout 10:30 Catholic Mass [AR2] 1:30 Color Me Happy 3:00 Father's Day Craft - Father's Day Frame Making 6:00 Summerfest Evening Concert (PT) <small>Father's Day Summer Begins</small></p>	<p>22 9:00 Current Events 9:30 Morning Workout 10:00 Morning Hydration 10:30 Conversation Cards 1:30 Karaoke w/ Alex [AR2] 3:00 Sip and Paint!</p>	<p>23 9:00 Current Events 9:30 Morning Workout 10:00 Lake Murray Picnic 1:30 Nail Spa 3:00 Arts and Craft</p>	<p>24 9:00 Morning Workout 9:30 Current Events 10:00 Morning Hydration 10:30 Guess Who? 1:30  3:00 Afternoon Exercise</p>	<p>25 9:00 Morning Workout 9:30 Current Events 10:00 La Jolla Scenic Tour 1:30 Trivia 3:00 Afternoon Stroll</p>	<p>26 9:00 Morning Workout 9:30 Current Events 10:00 Snack Time! 10:30 Sip and Paint 1:30 Balloon Volleyball 3:00 Happy Hour w. Sylvia [AR2]</p>	<p>27 9:00 Morning Workout 9:30 Current Events 10:00 Snack Time! 10:30 Color Me Happy! 1:30 Nail Spa 3:00 Movie & Popcorn</p>
<p>28 9:00 Shadow Mt. Livestream 10:00 Morning Workout 10:30 Catholic Mass [AR2] 1:30 Color Me Happy 3:00 Movie W/ Snacks</p>	<p>29 9:00 Current Events 9:30 Morning Workout 10:00 Morning Hydration 10:30 Conversation Cards 1:30 Karaoke w/ Alex [AR2] 3:00 Sip and Paint!</p>	<p>30 9:00 Current Events 9:30 Morning Workout 10:00 Morning Hydration 10:30  1:30 Nail Spa 3:00 Arts and Craft</p>	 <h1 style="color: blue;">June 2026</h1> <h2 style="color: blue;">East (Memory Care) Building</h2> <p>Activities are subject to change without notice</p> 